

BIPOLAR DISORDER FACTSHEET



SYMPTOMS OF HYPO/MANIA

- Increased activity, energy or agitation
- Exaggerated sense of well-being and self-confidence
- Racing thoughts
- Poor decision-making

SYMPTOMS OF MAJOR DEPRESSIVE

- Feeling sad, empty, hopeless or worthless-
- Significant weight loss-
- Either insomnia or sleeping too much-
- Fatigue or loss of energy-
- Thinking about suicide-
- Loss of interest in all activities-

ESTIMATIONS

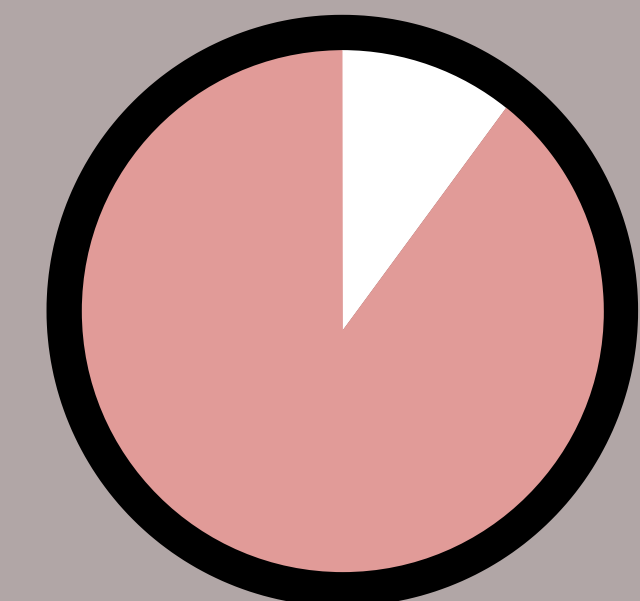


It is estimated that 5% of the world's population is on the bipolar spectrum, while just 1-2% are diagnosed. Meaning roughly 390,000,000 people could have BD.



BIPOLAR DISORDER CANNOT GET BETTER- MYTH

Treatment is successful in the majority of cases. Approximately 20-30% of people living with bipolar type I disorder and 15% of those with bipolar II disorder experience significant symptoms despite treatment compliance. People with bipolar find that therapy and lifestyle changes can help their moods stabilize and fend off future episodes.



SEVERITY OF BIPOLAR IN ADULTS

82.9% of Bipolar diagnoses were severe, the other 17.1% being moderate cases of the disorder. (2001-2003)

OTHER SYMPTOMS

- Anxious distress
- Melancholy
- Psychosis
- Feelings become more intense with pregnancy or seasonal changes

