



Clarity
COMES

WHEN YOU

MOVE

A WEEKLY GUIDED JOURNAL
to accompany each "Wink in a Minute."

Watch on God's Wink YouTube & social platforms.

Clarity Comes When You Move

Reflection

Sometimes we believe clarity is something we receive before we act.

But often, clarity is revealed through obedience.

Movement disrupts confusion.

Action exposes fear.

Progress quiets doubt.

You don't need the full blueprint.

You need the next brick.

And that brick may feel small.

But small steps create momentum.

Momentum creates direction.

Direction creates clarity.

This week is about awareness —
not of what you don't know,
but of where you're hesitating.

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Write It Out

Fear says:

Faith says:

The next brick in front of me is:

I will move by:

Prayer

God,

Thank You for reminding me that clarity is not something I chase —
it's something I grow into.

Forgive me for confusing hesitation with wisdom.

Forgive me for waiting when You have already spoken.

Give me the courage to move, even when I don't see the entire staircase.

Give me discipline to take the next brick.

Give me peace in the process.

Help me trust that movement will reveal what stillness never could.

Let my obedience unlock direction.

Let my action silence doubt.

Let my steps align with Your purpose.

I choose motion over fear.

I choose progress over perfection.

I choose trust over hesitation.

In Your name,

Amen.



Live Light. Be Well.