



*Kitchen
& Kaftans*

EVERYDAY COOKING. ELEVATED LIVING.

Beef Vegetable Soup

Ingredients:

- Approximately 4 pound chuck or round beef roast cut into cubes
- Steak Seasoning
- 2 tablespoons of beef bouillon dissolved in 4 cups of water
- 2 large bay leaves
- 2 cups diced carrots
- 2 cups diced celery
- 2 cups green beans, cut
- 2 cups peeled and diced potatoes
- 2 cups diced tomatoes
- 2 cups lima beans
- 1 cup diced onions
- 1 cup fresh sweet corn
- 1 cup kidney beans, rinsed

Instructions:

- Season beef with steak seasoning
- Place beef and all ingredients in a crockpot for 6 - 8 hours on the lowest setting
- Halfway through cooking, stir to blend all ingredients
- Cook until vegetables are tender and beef is done
- Serve
- Refrigerate or freeze leftovers

