Menu

PHYNICIA RESTAURANT

FRESHLY PREPARED AUTHENTIC MEDITERRANEAN CUISINE

Our Story

WELCOME TO PHYNICIA, BARRHAVEN, OTTAWA'S TRIBUTE TO ANCIENT PHOENICIAN FLAVORS AND LEBANESE HOSPITALITY. INSPIRED BY A RICH HERITAGE, WE INVITE YOU ON A JOURNEY THROUGH HISTORY WITH OUR MENU, WHERE TRADITIONAL RECIPES MEET MODERN DINING. OUR RESTAURANT IS A NOD TO PHOENICIAN CULTURE, OFFERING A BLEND OF MEZZE AND MORE, CRAFTED TO TRANSPORT YOU TO THE SHORES OF ANCIENT PHOENICIA.

PHYNICIA IS NOT JUST A MEAL, BUT A CULTURAL EXPERIENCE THAT ENRICHES OTTAWA'S CULINARY SCENE WITH AUTHENTICITY AND QUALITY. WHETHER FOR A FAMILY GATHERING OR A ROMANTIC OUTING, WE ENSURE A MEMORABLE VISIT FILLED WITH TIMELESS FLAVORS AND WARM WELCOMES. OUR SPACE IS DESIGNED TO EVOKE THE ENDURING CHARM OF PHOENICIAN ARCHITECTURE, ADORNED WITH MOTIFS THAT PAY TRIBUTE TO THE RICH TAPESTRY OF PHOENICIAN CULTURE.

AS YOU STEP INTO PHYNICIA BE PREPARED FOR A TASTE OF HISTORY AND LEAVE WITH LASTING MEMORIES. JOIN US WHERE THE JOURNEY AND DESTINATION ARE EQUALLY EXQUISITE.

LEBANESE PIES

	R	L
CHEESE (AKKAWI)	5.25	8.25
MEAT (BEEF)	4.50	7.95
MEAT & CHEESE	5.00	8.00
ZA'ATAR	3.99	7.25
ZA'ATAR WITH VEGETABLES	5.50	8.50
VEGETARIAN	5.50	8.50
PEPPERONI & CHEESE	5.95	8.95
SUJOK & CHEESE	6.50	8.99
LABNI & MAKDOUS	6.25	8.75
MHAMARA & CHEESE	5.95	8.95
CHICKEN & CHEESE	6.75	8.99
KAFTA	5.95	8.95
SPINACH	5.00	8.00
SPINACH & CHEESE	5.50	8.50
HALLOUMI & PESTO	5.95	8.95
DUPLEX (ZAATAR & CHEESE)	9.99	

PHYNICIA SPECIAL PIE

PICK UP TO FOUR TOPPINGS	37.99

TURKISH PIDE

REGULAR (EGGS & CHEESE)	14.99
ADD MEAT / SUJOK / VEGGIES	+1.99

SALADS

TABOULLEH 12.99

A SALAD MADE WITH PARSLEY, TOMATOES, MINT, ONION, BULGUR, AND SEASONED WITH OLIVE OIL AND LEMON JUICE.

FATTOUSH 12.99

LEVANTINE SALAD MADE FROM TOASTED OR FRIED PIECES OF KHUBZ COMBINED WITH MIXED GREENS AND OTHER VEGETABLES, SUCH AS RADISHES AND TOMATOES.

CHICKPEA SALAD 13.99

A VIBRANT MIX OF CHICKPEAS, TOMATOES, CRISP LEBANESE CUCUMBER, TANGY PICKLED RED ONIONS, OLIVES, AND A MEDLEY OF FRESH HERBS. TOSSED IN A ZESTY LEMON DRESSING FOR A REFRESHING AND FLAVORFUL BITE.

WRAPS

BEEF SHAWARMA	10.99
CHICKEN SHAWARMA	10.99
MIXED SHAWARMA	11.99
FALAFEL	8.99
SUJOK (SAUSAGE)	12.75

PIZZA

	S	M	L
CHEESE	9.50	17.99	21.50
SOJOK	9.95	20.00	25.00
CHICKEN	9.95	20.00	25.00
VEGETERIAN	9.95	20.00	25.00

FIRE OVEN TERRACOTTA

KEBAB	16.50
TAHINI KEBAB	16.50
SUJOK	13.99
CHICKEN	13.99

ASK FOR OUR GLUTEN FREE OPTIONS

BRUNCH

FATTEH WITH GHEE — 15.50
A LEVANTINE DISH BUILT WITH LAYERS OF FRIED PITA BREAD, CHICKPEAS, AND MARINATED YOGURT WITH GARLIC

FATTEH (MEAT, SUJUK, CHICKEN) — 17.99
SIMILAR TO FATTEH WITH GHEE, BUT ALSO INCLUDES YOUR CHOICE OF PROTEIN.

FOUL — 12.99
A STEW MADE OF COOKED FAVA BEANS SEASONED WITH OLIVE OIL, CUMIN, AND OTHER HERBS.

HUMMUS — 10.99
A CREAMY SPREAD MADE FROM PUREED CHICKPEAS, TAHINI, LEMON JUICE, AND GARLIC.

HUMMUS WITH MEAT — 15.99
CLASSIC HUMMUS TOPPED WITH SEASONED MEAT.

BABA GHANOUJ — 11.99
A SMOKY PUREED EGGPLANT DIP BLENDED WITH TAHINI, GARLIC, AND LEMON JUICE.

MUSABAHA — 12.99
A VARIATION OF HUMMUS WHERE WHOLE CHICKPEAS ARE ADDED TO HUMMUS AND TAHINI.

LABNEH — 8.99
THICK, STRAINED YOGURT THAT'S CREAMY AND TANGY, SERVED WITH OLIVE OIL AND HERBS.

SHAKSHOUKA — 14.99
A DISH OF EGGS POACHED IN A SAUCE OF TOMATOES, CHILI PEPPERS, AND ONIONS.

EGGS WITH (SUJOK OR MEAT) — 15.99
SCRAMBLED EGGS WITH SUJOK OR MEAT.

EGGS WITH CHEESE — 13.99
SCRAMBLED EGGS WITH MELTED CHEESE.

FALAFEL PLATE — 9.99
A SERVING OF DEEP-FRIED BALLS MADE FROM GROUND CHICKPEAS AND SPICES.

KIBBEH PLATE — 12.99
A SERVING OF THE LEVANTINE DISH MADE OF BULGUR, MINCED ONIONS, AND FINELY GROUND LEAN MEAT.

PAN-FRIED HALLOUMI — 11.99
THICK SLICES OF HALLOUMI CHEESE THAT ARE PAN-FRIED UNTIL GOLDEN AND CRISPY.

MUHAMMARA — 11.50
ROASTED PEPPERS, TOMATOES, ONIONS & GARLIC BLENDED WITH POMEGRANATE MOLASSES AND OLIVE OIL, TOPPED WITH NUTS.

ASK FOR OUR GLUTEN FREE OPTIONS

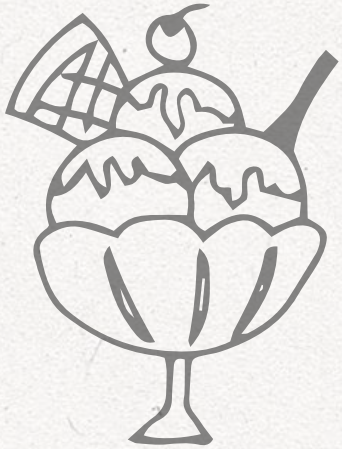
KAAK (LEBANESE STREET BREAD)

KA'AK IS THE MOST ICONIC BREAD IN LEBANON MADE FROM A TRADITIONAL FAMILY RECIPE THAT WAS PASSED DOWN FROM GENERATIONS TO GENERATIONS. IT'S SAVOURY AND SWEET – BEST OF BOTH WORLDS – TOPPED WITH SESAME SEEDS. WITH ITS BEAUTIFUL AROMATIC SMELL. 5.99

ADD AKKAWI CHEESE +3.99

ADD ZAATAR +1.99

DESSERTS



CHOCOLATE PIE 7.99

(BANANA OR STRAWBERRY) +1.50

HALAWI PIE 8.99

(TOPPED WITH CHOCOLATE & PISTACHIO) +1.50

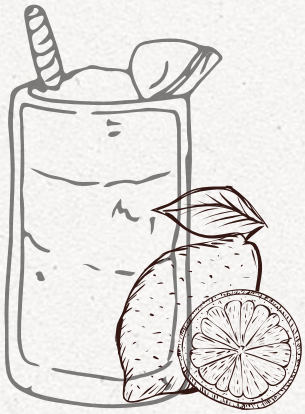
ASHTA ICE CREAM 7.99

KUNAFA 8.99

LEBANESE STYLE KUNAFA 10.99

SERVED WITH FRESH BAKED SESAME KAAK

COLD DRINKS



MANGO 6.99

MINTED LEMONADE 6.99

ORANGE 6.99

STAWBERRY 6.99

HOT DRINKS

CAPPUCCINO 6.99

REGULAR TEAPOT 9.99

KARAK TEAPOT 12.99

COFFEE KETTLE 8.99

PHYNICIA RESTAURANT

FRESHLY PREPARED AUTHENTIC MEDITERRANEAN CUISINE

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