



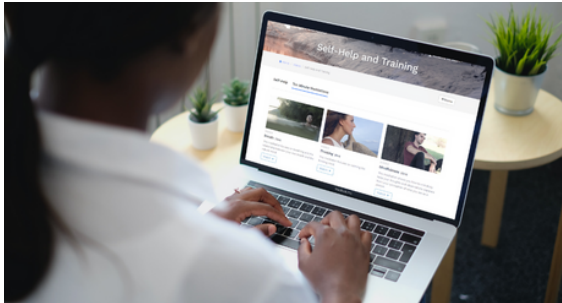
A WELLNESS REWARDS PROGRAM

A Wellness Rewards Program

New

Calm & Collect

A Wellness Rewards Program



The Calm & Collect program allows your employees to accumulate points for each activity they engage in on the My Stress Tools web portal and redeem them for wellness products or gift cards. This incentive program is designed to encourage your employees to adopt

healthy habits, reduce stress, promote mental well-being and, of course, boost participation. Calm & Collect is a fun motivator for all employees and shows them that you applaud their efforts and support their commitment to achieving even higher levels of health and well-being.

Our wellness reward program has 4 pricing tiers:

\$500	\$1000	\$2500	\$5000
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\$300 One Time Set Up Fee

Direct shipping & handling fees to your employees are included.



A WELLNESS REWARDS PROGRAM

150 Points

\$5000 tier only

Muscle Massager Gun



This **muscle massager gun** effectively relieves muscle aches and soreness by sending pulses of pressure that penetrate deep into muscle tissue. The portable massage gun helps restore the body faster, promotes muscle repair and blood flow, and reduces the risk of exercise injuries. The handheld muscle therapy gun can also be used to prepare the body during warm-up exercises.

Gift Card

\$100



www.mystresstools.net

Users can choose from the following gift card options:
Bath and Body Works, Amazon.com Gift Card, Nike, Whole Foods or a MasterCard



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100 Points

Cork Yoga Mat



Cork Yoga mat: This cork mat is sustainable, cushioned, and antimicrobial to help handle your sweat and other germs. Everything you need to rock your next yoga class in style while staying true to your eco-friendly endeavors.

Tabletop Stone Water Fountain



Unplug from the day and meditate to the sound of flowing water with the 11" Tall 3-Tier **Tabletop Stone Water Fountain**. Constructed from durable resin, stone powder, and fiberglass, the fountain is weatherproof, rust-resistant, and resilient and can be used in your home or office interior décor or outside. The fountain has a natural aged stone appearance that becomes illuminated with the LED lights. Relax to the sounds of the calming natural water flow as it trickles down from the top tier of the fountain.



Users can choose from the following gift card options:
Bath and Body Works, Amazon.com Gift Card, Nike, Whole Foods or a **MasterCard**



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50 Points

The Shaka Hammox Pacific Blue Double Hammock



Relax with the gentle rocking motion associated with The Shaka Hammox Pacific Blue Double Hammock. It is perfect for you and a friend, or those who just like having extra space!

The Whish Machine



The Whish Machine plays simple white noise or select melodies designed to relax the body and calm the mind to help you get a better night's sleep.



Users can choose from the following gift card options: Bath and Body Works, Amazon.com Gift Card, Nike, Whole Foods or a MasterCard



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25 Points

Zen Garden



Enjoy your own private **Zen garden**, even at your desk! This tabletop box contains two natural finish rakes to create meditative patterns in the sand and assorted polished stones that provide visual interest and a counterpoint to the garden's serene patterns that create a serenely scenic escape from the everyday.

Traditional Waterfall Chime



Timeless style and beautiful music made by the wind! This 19" Long Silver Wood Top **Traditional Wind Chime** features a wooden ornament and a series of metal chimes that will sing in the breeze. Great indoors for meditation as well .



Users can choose from the following gift card options:
Bath and Body Works, Amazon.com Gift Card, Nike, Whole Foods or a **MasterCard**



A WELLNESS REWARDS PROGRAM

20 Points

Ceramic Flower Diffuser



Ceramic Flower Diffuser absorbs essential oil and diffuses into the air. No electricity or water is needed. Diffuser can be used with your favorite pure essential oils or Diffuser Oils.

Adventure Lights Guardian Running Light



Protect yourself while running or walking at night with this **Adventure Lights Guardian Running Light**. Clip onto clothes or wear it as an armband.



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10 Points

Eye Pillow



Place this **eye pillow** over closed eyes and feel the gentle weight of flax seed and breathe in the naturally relaxing aroma of lavender.

Sleep Gift Bag



The **Sleep Gift Bag** includes: The Insomnia Awareness Kit, Insomnia Testing Card, Sleep mask & ear plugs and Sweet Dreams Steamer which is an inviting blend of Lavender & Chamomile Essential Oils activated by the water and humidity in your shower. Promotes good sleep hygiene.



A WELLNESS REWARDS PROGRAM

10 Points

\$5000 tier only

BeNat's Body Massager



BeNat's Body Massager provides amazing relief and relaxation. Designed for shoulders, arms, back, abdomen, legs, calves, thighs, hips, waist and/or muscle tension. Easy to grip, the design allows you to better massage the muscles, improve the body's immune function, achieve the effects of decompression, reduce fatigue, improve sleep, and increase blood circulation. It helps relieve pain, soreness, aches, and knots.

Your organization can choose the start and stop dates for your incentive program. The prize redemption period will last for 2 weeks after the program concludes. Users can collect one prize per redemption period. Your organization has the ability to purchase more than one incentive program during the course of your annual My Stress Tools license. Prizes will vary for additional time periods.

Recipients will receive a Giftogram that can be redeemed for the following gift cards:

Bath and Body Works, Amazon.com Gift Card, Nike, Whole Foods or a MasterCard.

\$5000 - 200 prizes

\$2500 - 98 prizes

\$1000 - 44 prizes

\$500 - 29 prizes

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