

10 Delicious Vegan Recipes

1) Vegan Chili

<https://www.epicurious.com/recipes/food/views/vegan-chili-51216410>

2) Red Pepper and Corn Soup

<https://www.forksoverknives.com/recipes/mexican-spiced-roasted-red-pepper-and-corn-soup/>

3) Easy Instant Pot Jackfruit BBQ

<https://youtu.be/fxtj7k1yCMk>

4) Jambalaya

<https://www.onegreenplanet.org/vegan-recipe/easy-cajun-jambalaya/>

5) Cajun Red Beans and Rice

<https://www.emilieeats.com/cajun-style-vegan-red-beans-rice/>

6) Instant Pot Potato Curry

<https://healthiersteps.com/recipe/instant-pot-vegan-jackfruit-with-potato-curry/>

7) Uncle Joe's Pinto Soup Delight:

Ingredients:

2 cups of dry pinto beans

Water (enough to fill crock pot about 2/3rds full with beans on pot)

1 teaspoon of salt

4 Roma tomatoes diced

1 med red onion diced

Fresh cilantro (1 bunch)

1 Lime

Procedure: In morning rinse pinto beans then place in crock pot with water and salt

Set for 8 hours

After 8 hours:

Add onion, tomatoes, cilantro and lime juice from a lime with a dash of salt. Let sit for at least 30 minutes and serve. You can eat as is (delicious) or add brown rice or pieces of corn tortillas.

8) Taquitos - nice side or snack

<https://youtu.be/mrlwL6yw-HM>

9) Instant Pot Pinto Beans - Side or snack

<https://www.dadcooksinner.com/instant-pot-pinto-beans/>

10) Brown Rice Breakfast Pudding

<https://www.forksoverknives.com/recipes/brown-rice-breakfast-pudding/#gs.cUD5zRY>