



# COACH TAM

CERTIFIED LIFE TRANSITION & GRIEF COACH

## 🌿 WELCOME TO THE MOURNING CAFÉ SUPPORT GROUP 🌿

A SAFE PLACE TO LAND. A SPACE WHERE TRUTH, GRIEF, AND  
HEALING ARE HONORED.

WHETHER YOU FEEL READY OR NOT, THIS IS THE PLACE TO  
BECOME READY — TO FACE GRIEF IN A HEALTHY AND HEALING  
WAY.



**MONTHLY HEALING SESSIONS**



**WHEN: FIRST THURSDAY OF EACH MONTH**



**TIME: 6:00 PM (ARIZONA TIME)**



**WHERE: ZOOM**

**MEETING ID: 861 3479 8083**

**PASSCODE: 591505**

WE'LL WALK THROUGH A 12-MODULE JOURNEY TOGETHER —  
TOWARD RESTORATION AND RENEWAL.

WITH LOVE & LIGHT,

TAMARA "COACH TAM" VANDERPOOL  
CERTIFIED LIFE TRANSITION & GRIEF COACH



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