



Statement of Confidentiality

Coaching is most effective when both parties are honest and straightforward in their communications. Our coaching relationship and all information discussed and/or shared during coaching sessions will be kept **strictly confidential**. Your willingness to be open will be treated with ultimate respect.

- I understand that information will be held confidential unless I state otherwise, in writing, except as required by law.
- I understand that Life Coaching, Leadership Coaching, Freedom Coaching, or Trauma Transformation Coaching does not involve the diagnosis or treatment of mental disorders as defined by the American Psychiatric Association. I understand that coaching is not a replacement for therapy, counseling, advice-giving, mental health care, psychotherapy, psychoanalysis, or substance abuse treatment and I will not use it in place of any form of diagnosis, treatment, or therapy. The coach does not function as a licensed mental health professional.
- I understand that certain topics may be anonymously and hypothetically shared with other coaching professionals for training, consultation purposes, or research.
- You have my permission to keep a confidential record of your name, phone number or e-mail address to meet the requirements for coach credentialing and certifications.
- I will not use coaching in lieu of or as a substitute for professional advice by legal, medical, financial, business, or other qualified professionals. I will seek independent professional guidance for legal, medical, financial, business, or other matters.
- I am aware that I can choose to discontinue coaching with the proper notice as defined in the General Terms, above.

Client Signature: _____ **Date:** _____

*Tammy Young is the founder and creator of Trauma Transformation Coaching™, holding credentials from Christian Coaches Network International (CCNI), International Coaching Federation (ICF) ACC accredited training in Life and Leadership Coaching from Destination Leadership, as well as credentials from AG Coaching. Tammy is member of the Advisory Board, a REAL TALK® Ambassador, and Inner Healing Coach with The Foundation United™. These documents were created for **one heart. one hope. coaching services**.*