Larson Dental

# BOTULINUM TOXIN POST-TREATMENT INSTRUCTIONS

Please review and adhere to the following post-treatment guidelines. The following restrictions are in place to minimize the risk of any potential complications and ensure the best possible results.

1. Do touch or manipulate your face for 4 hours as the neurotoxin may migrate to undesired areas
   - × Do not touch your face
   - × Do not wear hats or headbands
   - × Do not get massages, facials, etc.
2. Avoid elevating body temperature for 24 hours as heat will breakdown the neurotoxin
   - × No exercise, sun exposure, hot shower, or sauna/hot tub
3. Avoid lying down for 4 hours as this can push neurotoxin into undesired areas
4. No makeup on treated areas for 24 hours
   - × Especially avoid old makeup as any fungus or bacteria can infect the injection sites
   - ✓ The face can be gently washed at night (at least 4 hours post-treatment)
5. Neurotoxin treatments typically take 2-10 days to take effect
   - ✓ Please give the neurotoxin a full 2 weeks to take effect before deciding if you desire more
6. Be sure to schedule your 2-week enhancement appointment to assess the results and perform enhancements as desired
   - × Neurotoxin should not be injected more than 2 weeks from initial appointment (please ensure you can keep this enhancement appointment)
7. Neurotoxin appointments should be scheduled every 3 months to maintain optimal results