Larson Dental

# BOTULINUM TOXIN PRE-TREATMENT INSTRUCTIONS

Please review and adhere to the following pre-treatment guidelines. The following restrictions are in place to minimize the risk of any potential complications and ensure the best possible results.

1. Patient must be in good health with no active skin infections in treatment area

2. Avoid excess alcohol and caffeinated beverages for 24 hours prior to treatment (these can thin the blood and increase the risk of bruising)

3. If possible, avoid anti-inflammatory or blood thinning medications/supplements for 2 weeks prior to treatment (these can increase the risk of bruising)
   - NSAIDS (ibuprofen/Advil, Motrin, Aleve, etc.), aspirin, Vitamin E, fish oil, Ginkgo biloba, & St. John's wort

4. Schedule botulinum appointments at least 2-4 weeks prior to any special event to avoid having bruising visible on the day of the event