

Checks and Balances

It takes approximately 50 repetitions of a behaviour to create a habit, which is why we created Checks & Balances



How it works:



PRE-REQUISITES

Completion of an SLP4ALL assessment and training and/or MindTech block.



SESSIONS WILL INCLUDE:

- · Check-in on use of assistive technology and application of strategies.
- Trouble-shooting of challenges that may have arisen.
- Reinforcement of previously learned skills or new learning, depending on needs.
- Setting of goals to work on in-between sessions.



EXTENSION SERVICE

- · Regular check-in sessions with an SLP.
- · Can occur monthly or more or less often, depending on your needs.



GUIDING PRINCIPLE:

- Regular check-ins with us will encourage on-going use of tools and application of newly taught strategies to support learning and executive functions.
- Check-ins result in better follow-through!

BELIEVE, EMPOWER, SUCCEED.

SLP and CDA services are covered by most insurance plans and are OAP Eligible.





