

# SUPPORTING THE BODY. EMPOWERING CHOICE.

Two gentle, non-invasive therapies. One goal: support healing and quality of life.

## RED LIGHT THERAPY (RLT)

PHOTOBIO-MODULATION

Uses specific wavelengths of red and near-infrared light to stimulate your cells and support healing.



WHAT IT IS



HOW IT WORKS



POTENTIAL BENEFITS



USED IN MEDICAL SETTINGS



WHAT RESEARCH SAYS

## PEMF THERAPY

PULSED ELECTROMAGNETIC FIELD THERAPY

Uses gentle electromagnetic pulses to support cellular function and restore natural balance.



WHAT IT IS



HOW IT WORKS



POTENTIAL BENEFITS



USED IN MEDICAL SETTINGS



WHAT RESEARCH SAYS



Red and near-infrared light is absorbed by a molecule in the mitochondria (cytochrome c oxidase) which boosts cellular energy (ATP) and supports cell function.



Faster healing & tissue repair



Reduces inflammation



Improves circulation



Supports cell protection & reduces oxidative stress



- Helps manage side effects of cancer treatment (e.g., mouth sores, skin irritation)
- Supports wound healing & skin health
- Used in physical therapy, dermatology, dentistry, and more



- ✓ Strongest evidence for healing, pain relief, and reducing treatment side effects
- ✓ Being studied for additional supportive benefits in cancer care
- ⚠ Not proven to treat or cure cancer

Electromagnetic pulses interact with the body's natural electrical signals, helping to restore cellular voltage balance and improve communication between cells.



Improves cellular function



Reduces inflammation



Enhances circulation & oxygen delivery



Supports nervous system regulation (relaxation, sleep, stress)



Supports recovery, bone healing & pain relief



- FDA-cleared for bone healing (non-union fractures), post-surgical recovery, and pain management
- Used in orthopedics, sports medicine, neurology, and wellness care



- ✓ Early lab and animal research suggests potential effects on cancer cells
- ✓ Strong evidence for pain, inflammation, and recovery
- ⚠ Limited human clinical evidence in cancer care

### IMPORTANT PERSPECTIVE

Both therapies are best understood as **SUPPORTIVE (COMPLEMENTARY) THERAPIES** — not replacements for conventional cancer treatment.



May improve comfort and quality of life



May support healing and recovery



Can be part of a holistic wellness plan



Always discuss with your healthcare provider



MD Anderson Cancer Center  
[www.mdanderson.org](http://www.mdanderson.org)

Cleveland Clinic  
[www.clevelandclinic.org](http://www.clevelandclinic.org)

Cancer Research UK  
[www.cancer.gov](http://www.cancer.gov)

PubMed (Research Database)  
[www.pubmed.ncbi.nlm.nih.gov](http://www.pubmed.ncbi.nlm.nih.gov)  
(search: "photobiomodulation cancer" or "PEMF cancer")

Cancer Research MRE  
[www.cancerresearchuk.org](http://www.cancerresearchuk.org)



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