



TREATMENT REHABILITATION PROGRAM INTRODUCTION

2024



Psoriasis is a multifactorial and polygenic disease and its pathogenesis is still not fully known. It is thought that there is a genetic predisposition to the disease and that it occurs with triggering factors. Many triggering factors have been identified to date, some of which are; These can be listed as physical traumas, infections, various medications, stress, alcohol and smoking. It has been observed that the damage caused by triggering factors in the digestive system plays an important role in the emergence of the disease.

The treatment and rehabilitation protocol we present focuses entirely on the detoxification of the digestive system, and simultaneously enables the skin to regain its natural flora through external applications. Almost all of the preparations used during these studies contain natural ingredients, and no known side effects have been observed.

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The most important issue that should be addressed at the beginning of the protocol is that the patient's analyzes specified in the table below are examined by the Internal Medicine specialist and an idea is obtained about the general health condition. Recognizing the biochemical structure of the patient in the light of the obtained data will be a guide for the applications to be carried out in the next stage.

For example, the treatment protocol of a patient with chronic asthma, lung diseases, gastrointestinal diseases, kidney diseases or who has undergone a surgical operation on any of these organs is completely different from the treatment and rehabilitation program of a patient without a systemic disease.

In addition to what is explained above, examinations by a Periodontologist or Specialist Dentist will have an impact on the treatment and rehabilitation program.*

Hemogram
ALT / AST
TIT
EKG



*2016 yılında Gazi Üniversitesi Sağlık Bilimleri Enstitüsü Dr.Selen Aslan tarafından hazırlanan doktora tezinde bu konu ele alınmıştır.

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In general, even if the client does not have a digestive system disease, restoring the fiber and muscle flora of the large intestines and the villus flora of the small intestines to their natural structure forms the basis of our protocol. At this stage, as the first step, a determined number of colon hydrotherapy will be applied in accordance with the patient's history. Simultaneously, nutrition programs appropriate to the patient's biochemical structure and BMI are prepared by the Specialist Dietician. Particular attention should be paid to maintaining the Probiotic and Prebiotic balance in the prepared programs.

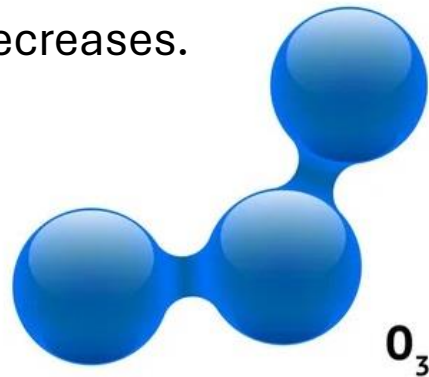


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If deemed appropriate by the internal medicine specialist, rectal ozone application and major ozone application are applied simultaneously to the patient undergoing colonhydrotherapy. In rectal ozone therapy, ozone molecules are absorbed by the cells in the intestinal wall and mixed into the blood, as in foods or drugs administered rectally in the form of suppositories. Like all nutrients and chemicals that are absorbed from the intestine and mixed into the blood, ozone goes directly to the liver through circulation.

As ozone passes through the liver, all cells come into contact with ozone. During this contact, the antioxidant capacity of the cells increases. If there is an inflammatory process (hepatitis) in the liver, this inflammatory process regresses. Accordingly, liver enzymes return to normal and the viral load decreases significantly.

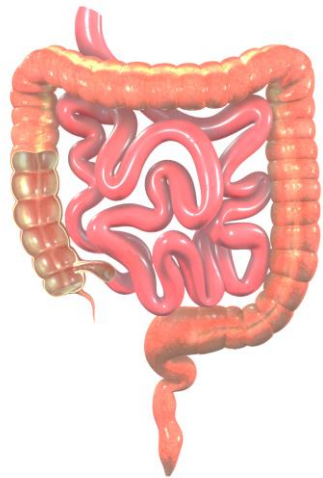
- Eliminates harmful bacteria, viruses, fungi and protozoa.
- Oxygen Metabolism is stimulated.
- It strengthens the immune system.
- The severity of inflammation decreases.



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After Rectal Ozone applications following Colonhydroteraphy, the Patient should be asked to prevent defecation for at least 15 minutes. This period may be longer. The Patient should be close to the toilet in case defecation cannot be prevented during this waiting period.

! Rectal Ozone application will be performed once or twice a week, depending on the Client's BMI.



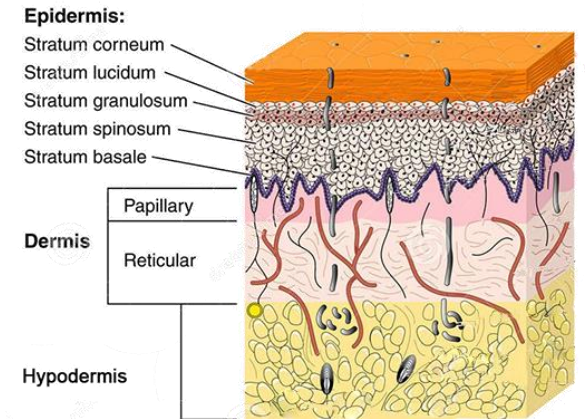
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Major Ozone application is an application that can be done every other day. Performing it in 12 sessions in total ensures regulation. In the treatment, ozone and pure oxygen are given to the body as a mixture. Ozone therapy; It prevents the growth of microorganisms such as bacteria, fungi, viruses and yeast in the body and helps strengthen immunity. Ozone therapy can be applied as a complementary and supportive treatment in many diseases, especially skin diseases, diabetes and hepatitis. For this reason, it is one of the important natural holistic medicine (naturopathic) methods that assist classical treatments.



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The application is carried out for approximately 45-60 minutes in Hydro massage bathtubs prepared with different natural minerals and enriched with ozone gas. In patients with lesions in the facial area, the water used should be ensured to reach the lesion areas that are not submerged under water. With this application, it is aimed to soften the lesions in the areas with cellular deterioration and to ensure the absorption of valuable minerals and ozone that help the treatment through the skin.



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Following hydrotherapy, the lesioned area is dried with oxygen and air. Then, a mineral mask is applied to the lesions and a massage is performed to accelerate blood circulation around the lesions. The waiting time of the mineral mask is approximately 20 minutes. Massage application is carried out during this period.



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After Mineral Therapy, the patient is allowed to take a warm shower. At the last stage of the shower, Nanoparticulate Colloidal Silver Dispersion is applied to the whole body, allowing the body to dry on its own. The Silver dispersion used is not ionized. It has a particle size of 1,6 -4 nm.



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After the skin dries, the preparation in the form of soap formulated with juniper tar is diluted with silver dispersion and applied to the lesions with the help of a brush or by hand.



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Finally, daily applications are completed by applying the cream formulated on Lanolin to the lesions cleaned with Colloidal Silver dispersion.



As a result, Psoriasis, which is considered a skin disease, should be called a syndrome that occurs with systemic multifunctional effects. The fact that it develops individually requires that this disorder be evaluated as a syndrome. Considered from this perspective, although we use optimized products, in some cases it may be necessary to apply more intense or more diluted applications.

It should not be overlooked that an important study will be carried out that will have a positive impact on the general health of the clients with the detox program, ozone program and dietitian support we have developed in addition to external applications.

Patients who received these treatments generally describe themselves as more vigorous, sleeping more regularly, and having increased concentration after treatment and rehabilitation.

Our multidisciplinary approaches to treatment and rehabilitation can also be called a preventive health program.

Although this protocol is a successful protocol, it will develop further with the contributions of the physicians serving.

Kindly Regards

BİO STANDARDS SAĞLIK VE YAŞAM TEKNOLOJİLERİ SAN.TİC.LTD.ŞTİ.