



# Red, White, and YOU



**Create a flag that represents YOU using the classic red, white, and blue theme with a twist. Each color will stand for something unique about your personality, values, or dreams.**



**Red Stripe - What Gives You**

Courage? Draw or write something that makes you feel brave, strong, or powerful



**White Stripe - What Brings You**

Peace? Draw or write what helps you feel calm, safe, or centered



**Blue Stripe - What Inspires You to**

Dream Big? Draw or write something that reflects your hopes, passions, or big ideas



**Supplies:**

Flag template

Crayons/markers

Optional: stickers,  
magazine cutouts,  
glitter, glue



# Red, White, and YOU ! My Personal Flag



Trying new things makes me feel brave

Going for a walk makes me feel calm

Reading books inspire me

Using my hands to create something inspires me

Watching a calming jar swirl or sparkle makes me feel peaceful





