



LEAN ON ME CONSULTING – CASTLE ROCK COLORADO



AS A WOLF WATCHES OVER

# LEANING IN AND OUT

## Annual Newsletter of LOM

Welcome to the first issue of Leaning In and Out, the annual newsletter of LOM Consulting Services.

I am starting this platform as a means to better communicate services, and to thank clients for the privilege of partnering with them on their initiatives.

In 2016, LOM was founded on the premise of “giving back”. Now, almost four years later, I could not be more pleased by the opportunities to allow individuals and businesses to “lean on me”. 2019 is the first year I was able to eclipse revenue goals, and 2020 looks to be another busy one, to say the least. I am blessed.

Many of you have wondered and asked, “What about the ministry objectives?” Well, it is true that I spent four years going back to school to earn a master’s degree at Denver Seminary (completed in 2018). And while I do not currently earn an income in a pastoral role, I am keeping an open mind while always seeking ways to engage people into conversation about all

things spiritual. And, I am getting better, bolder and more intentional about engaging in those conversations, or at least inviting them.

My latest bold step is to partner with an organization known as Leadership International, a ministry focused on offering educational support and training to the rapidly expanding Christian church in Africa.

As the business side of LOM has evolved, I now spend a good majority of the time serving as an Owner Representative on construction projects. I love this type of work, especially when I am invited to participate in the early planning and budgeting stages of a project.

This past August, I entered my third year as a part-time instructor in the Construction Management department at Colorado State University, teaching the Safety Management course, and assisting fellow faculty with guest lectures on leadership, conflict management and preconstruction services.

## 2019 Reflections



### Completed Projects

The 20,000 s.f. expansion to Crossroads Community Church in Parker, Colorado is just one of the construction projects I had the privilege of serving as an Owner Representative in 2019. Check out details in the following pages.



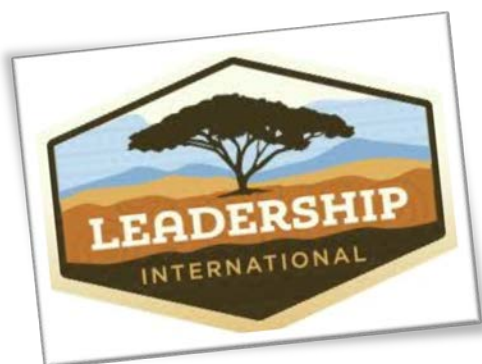
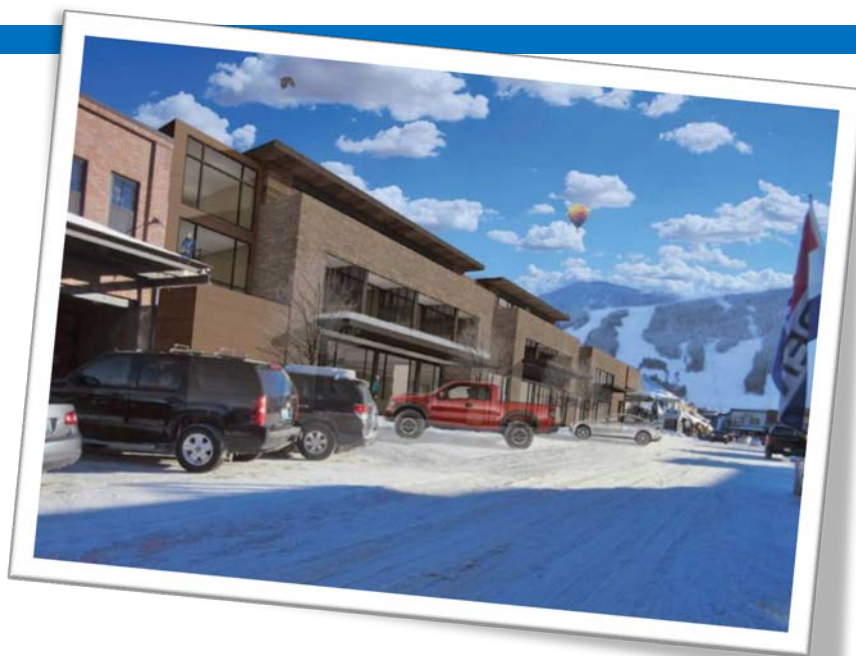
### New Partnerships

I am excited to join this great organization on a trip to Zimbabwe and Zambia in January of 2020. There we will dedicate a new fresh water well, funded by the generous support of many people who answered my call for donations in later 2019. More details on the following pages.

# Projects & Partners

I want to thank the following individuals and organizations for the opportunities to work with you in the last year. I am grateful for new relationships forged.....

- **Crystal Creek Capital** – Center Street Hotel, Jackson Hole, WY
- **CFC Construction** – Safety Initiative Support and Corporate Auditing
- **Crossroads Community Church**, Parker, CO – Facility Expansion
- **Greenwood Community Church**, Greenwood Village, CO – Sanctuary Remodel
- **Justin Winkist**, Westminster, CO – New Home Inspections
- **Encore Electric**, Lakewood CO – Project Professionalism Course Development and Facilitation, PM Training
- **OZ Architecture**, Denver CO, Master Spec Updates
- **White Construction Group**, Castle Rock, CO – Talent Acquisition Support
- **St Mary Catholic Parish**, Littleton, CO – Worship Center Remodel
- **David Brown Contracting**, Wellington, CO – Project Partnerships



## New Relationships Forged



2020 initiatives include an expanding role with **Crystal Creek Capital** on further development projects. I have also signed an engagement agreement with **Bidegaray Law** in Bozeman Montana for case support as a construction expert. I will be working as an Owner Representative for **Cherry Creek Presbyterian Church** on their new memorial garden project. Lastly, I am partnering with **Leadership International** on ministry objectives

## COLORADO STATE UNIVERSITY



## Proud to be a CSU Ram!

In 2019, 188 students were trained in the Safety Management Course. 128 of those students completed their OSHA 10 Certification.

I enjoy the opportunity to serve as a mentor to students, especially those who show a particular enthusiasm and interest in the safety side of the construction business. Career counseling is one of the best ways I try to give back to the students, while guiding their decision making as to local, regional, and national construction opportunities.

In February 2020, I have been invited to speak at a National Safety Symposium in Dallas Texas on how to build and maintain a Safety Culture in the workplace.

This has been, and continues to be, one of the most rewarding aspects of my life after retiring from PCL Construction in 2016. What an honor and privilege to return to my alma mater and teach in the same program in which I earned my bachelor's degree in Construction Management in 1988.

## DID YOU KNOW???

68%

Of The people who receive this newsletter may begin to wonder whether it is worth their time, and then decide that it is. Actually this is just a placeholder for future statistic that is actually relevant. ☺

community and helping to dedicate the new well.

It is not too late to support this important initiative. Go to:

<https://leadershipintl.org> and find the "Donate" tab. There you can designate "Zimbabwe Well Project 2020". All donations toward this caused are matched 100% to double your impacts. Thanks for considering!

## The 2020 Zimbabwe Mission Trip

Talk about stretching outside of my comfort zone.....

Many of you already know that I have been seeking financial donations as part of a partnership with an organization known as Leadership International. The purpose for the financial support is to respond to the expanding need to bring drought relief to some of the most effected people in this hard hit region of Africa. As many as 2 million people are without reasonable access to clean drinking water, and thus have to travel several kilometers to obtain it.

Through this partnership, I will be accompanying leaders of LI on a trip to

both Zimbabwe and Zambia in late January 2020. This trip for me is mostly to learn more about the ways LI works to equip leaders with Theological and Biblical training, while also supporting humanitarian support, such as the water well project.

Many of you have generously donated to this cause, and we were successful in funding the construction of a new well that will bring fresh water to a community of more than 1000 residents. Our team will be meeting with this



Low-water levels are seen after a prolonged drought at Victoria Falls, Zimbabwe on December 4, 2019. The worst drought in a century has slowed the iconic Victoria Falls to a trickle, fueling fears that climate change could kill the tourist attraction on the border between Zimbabwe and Zambia.



## FOR MORE INFORMATION

READ THIS ARTICLE:

<https://www.cnn.com/2019/08/07/africa/zimbabwe-millions-starvation-intl/index.html>



# Encouragement for the New Year

From a personal standpoint, 2019 was in many ways a difficult year. In fact, these last two years have been marked by significant losses and sad goodbyes.

This year we lost both of my wife's parents within one month of each other, and both unexpectedly. Last year, two of my best friends were taken way too soon. Needless to say, thoughts about my own mortality have taken on a new priority. After all, I am not getting any younger, and neither is anyone who is reading this. If you are in the same season of life as I am, you can't say with a straight face that "the best years are ahead of me."

It is so cliché to say, "Life is too short." And it is easy to encourage people to cherish every moment, every day. Yet I look around, and I wonder how many of us are treating each day as a gift, and investing our time in the way that will keep us from having regrets when we come face to face with our final days here on earth. Are we living "in" today?

The turning over into a new year gives each of us some degree of motivation and inspiration to make "resolutions." For me personally, I am needing to take an inventory of my health, my eating habits, and my exercise regiment. Consistency is my demon, and it is time to take this more seriously. Time to "man up."

In the coming year, I face the reality of potentially having three children in college at the same time. Wow. I need to let that sink in a little.

But back to what I was talking about.....oh yeah, life and death.

May I ask bold questions....have you reconciled your own mortality? Or running away from it or ignoring it? Have you satisfied your curiosity about the mystery of what becomes of you after?

It is not my place or calling to preach a sermon in this platform. However, I do feel called to broadcast an invitation. This is not about religion; it is about individual spirituality, and what decisions you have made and what questions you may have. I do not know nearly all of the answers, but I can certainly point you in the right direction to find those answers, and I will walk alongside of you in your quest for those answers.

Here is what I do know...no one is beyond the grace of God, and no one is good enough not to need it. You are loved, valued, and precious, whether you know it or not. And, as your friend, I am here for you.

One of my missions with Lean On Me is to invite people to do just that. More and more people are having the courage to ask me questions, or leaning in for some counsel, encouragement, or prayer. In these places, I grow, I am challenged, and inspired. It's an open invitation.

Be blessed this year! Thank you all for your friendship, support, and for your business (as applicable). I wish you all a prosperous 2020. Be safe.

## FAMILY TIME

### The Very Best of Me

In 2019, my wife Karen and I celebrated our 25<sup>th</sup> wedding anniversary in style by renewing our vows on a beach in Cabo San Lucas, as witnessed by our biggest fans and our most beloved people, our children. John will graduate from Kansas Wesleyan University in May, and will be off to graduate school. Emily is a sophomore at Penn State University, and Chase will be graduating from Highlands Ranch High School in May.



#### FOR MORE INFORMATION

[WWW.LOMSERVICES.COM](http://WWW.LOMSERVICES.COM)

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# PROJECTS



CENTER STREET HOTEL, JACKSON, WYOMING



ST MARY CATHOLIC CHURCH, WORSHIP CENTER REMODEL, LITTLETON, CO





CROSSROADS COMMUNITY CHURCH, FACILITY EXPANSION, PARKER CO



GREENWOOD COMMUNITY CHURCH, SANCTUARY REMODEL, GREENWOOD VILLAGE, CO



ASPIRE OUTDOOR HORSE ARENA 2000 s.f MSE RETAINING WALL, LARKSPUR, CO