



*Strengthening Communities
Through Education, Advocacy, and
Healing.*

20 Impact By 25 The Numbers

Prepared by:
Legacy31



\$1,000

in total donations received



14

community programs
implemented successfully



425

individuals successfully
reached across all initiatives

Youth

70

Youth received prevention
education on healthy
relationships and
emotional wellbeing.

Community Members

160

Community members
participated in trainings and
conversations focused on
interpersonal violence and
trauma informed support.

Faith & Community Leaders

120

Faith & Community
Leaders engaged in
presentations addressing
the intersection of faith,
trauma, and advocacy

Survivors

75

Survivors connected to
education, empowerment
resources, and community
support initiatives



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2025 Program Highlights

Community Education & Prevention

Legacy31 delivered community-based education focused on healthy relationships, interpersonal violence prevention, and emotional wellbeing. Workshops and speaking engagements equipped individuals and families with practical tools to strengthen communication, recognize unhealthy relationship patterns, and build healthier relational dynamics.

Faith-Informed Advocacy Training

Legacy31 continued advancing conversations within faith communities around trauma, survivor support, and the role of faith leaders in responding to interpersonal violence. These trainings help bridge the gap between faith communities and advocacy spaces while promoting compassionate and informed responses to survivors.

Youth Relationship Education

Prevention education with youth focused on emotional awareness, boundaries, and recognizing unhealthy relational dynamics. These conversations are critical in helping young people develop healthy expectations for relationships while strengthening protective factors for mental health and wellbeing.

Founder Reflection

At the heart of Legacy31 is a commitment to creating spaces where conversations about healing, healthy relationships, and personal growth can take place openly and honestly.

The work we do is not simply about education, it is about empowering individuals and communities to recognize their worth, strengthen their voices, and build healthier environments for the next generation.

Each conversation, training, and community engagement opportunity represents another step toward breaking cycles of silence and strengthening families and communities through knowledge, compassion, and advocacy.

Looking Ahead: 2026 Vision

Legacy31 is focused on expanding its impact through:

- Youth relationship education and prevention programming
- Community workshops supporting healthy relationships and family communication
- Faith-informed advocacy training for community and faith leaders
- Expanded partnerships with organizations addressing interpersonal violence and community wellness

Through these efforts, Legacy31 will continue working to strengthen individuals, families, and communities while promoting healing, awareness, prevention and restoration.