

This is a **checklist of questions** you can take with you to your vet (or a veterinary oncologist/integrative vet). It's designed to cover both **conventional medical** and **holistic/quality of life** approaches:

# Pupdog Cancer Care - Vet Conversation Checklist

## **Medical Options**

- What stage is my dog's cancer, and how far has it likely spread?
- Are surgery, radiation, or chemotherapy still options?
- If we try chemotherapy, what drug(s) would you recommend, and what are the side effects?
- Are there any clinical trials, new therapies, or immunotherapies available?
- How much extra time (realistically) could these treatments give my dog, and at what quality of life?

#### **Palliative & Supportive Care**

- What medications are best for managing pain right now?
- What can we use for nausea, vomiting, or appetite issues?
- Should we add an appetite stimulant like mirtazapine or capromorelin?
- Would steroids (like prednisone) help shrink the tumors or improve comfort?

### **Nutrition & Lifestyle**

- Would a high-protein, low-carbohydrate diet be beneficial for my dog?
- Can you recommend a veterinary nutritionist for a cancer-support diet plan?
- Are there any foods or supplements I should avoid?

### **Holistic & Integrative Therapies**

- Are Omega-3s (fish oil), medicinal mushrooms (turkey tail, reishi), or turmeric safe and appropriate for my dog?
- Would CBD oil help with pain, inflammation, or appetite?
- Do you work with (or can you refer me to) an integrative vet for acupuncture or Chinese herbal medicine?

#### **Prognosis & Planning**

- What is my dog's expected prognosis with and without treatment?
- How will I know when my dog's quality of life is declining too much?
- What should I be monitoring daily at home (pain, appetite, energy, mobility)?
- When the time comes, what options do we have for hospice or at-home euthanasia?

**Note from the Pupdog.org team:** This guide is meant to support you and your dog on this journey. The information included has been carefully reviewed, but it is not the final word on cancer care. Think of it as a companion to help you ask questions, explore options, and work closely with your veterinary team in making the best choices for your dog.