



FISH TALES



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1998 Manistee tournament was a winner!

Our final tournament on the 1998 Boat Trolling Tournament schedule is history, and it was just like old times, with plenty of big fish being taken with those old favorites, J-Plugs.

In fact, the biggest fish of the year was brought to the weigh-in by "Molly Frair," skippered by the multi-talented Ron Hartman. This lunker moved the dial on the scale all the way to 28 pounds, 11 ounces for honors as the largest Chinook Salmon in boat trolling for 1998 (and the biggest in a Detroit Area Steelheader tournament in six years!).

Overall, the Manistee tourney produced some of the biggest King Salmon this year, with "Lil' Scratch" boating a 24-pound brute, and "Eagle III" boxing a 22+-pounder.

How about those J-Plugs making a comeback! I bet a lot of skippers couldn't even find where they had stored them. Glow/green with black ladder back seemed to be the bait to put down. When I say down, I mean 100 feet, because that's where we found the tempera-



RON HARTMAN, skipper of the "Molly Frair," shows off this beautiful 28-pound, 11-ounce King Salmon caught at the 1998 Manistee tournament. In addition to being the largest fish taken at Manistee this year, this was in fact the largest King taken at one of our tournaments in six years!

ture break.

After shutting down on the ledge over 125' of water, "Lil' Scratch" jumped out into the lead with four fish at the first Fish Call. They reported #1 long drops with Glow Dodger Squid were putting most of the fish in the box. Staying primarily on the ledge except for a few diversions due to boat traffic, "Lil' Scratch" wound up putting nine nice fish on ice, good enough to claim top honors in the last boat trolling tournament of 1998.

So now I guess it's on to fall perch fishing, and then the job we all hate to do, winterizing our boats. I can't believe this season has come to a close so soon. But it closes with a lot of great memories to take us through the cold winter months, and with high expectations for a new and greater fishery for 1999.

Good luck to all, and we'll see you in April!

— **Dick Shirk**
"Lil' Scratch"

More Manistee pictures on Page Three



1st Place: "LIL' SCRATCH" with Dick Shirk, Don Shirk and Ed Pabisz.

MANISTEE

TOURNAMENT RESULTS

(August 29, 1998 - 20 BOATS ENTERED)

BOAT/SKIPPER	PTS.
1) LIL' SCRATCH (Dick Shirk)	166.11
2) LUCKY FALCON (R. Golaszewski) ..	104.10
3) EAGLE III (Paul Schoenrade)	100.11
4) MARY K (Ken Kuhar)	94.07
5) KARE FREE (Tom Moores)	88.08
6) BLUE STAR (Stan Bilek)	87.03
7) MOLLY FRAIR (Ron Hartman)	70.09
8) HAPPY BARE (Don Anton)	65.08
9) TRENA DAWN (Don Redmond)	61.02
10) MICKEY MOUSE CLUB (B. Buero) ...	57.10
11) TAZ (Daniel Dima)	56.09
12) TOMORROW'S DREAM (Mark Stosiak)	45.04
13) HALF R'S (Ron Huey)	44.00
14) TYGER (Ty Voight)	33.06
15) CAPT'N HOOK II (Doug Karakas)	30.06
16) RETURNER (Darwin Gregg)	25.04
17) AQUARIUS II (Chris Nytko)	20.05
18) GOLDEN OLDIE (Howard York)	19.12

BIG FISH RESULTS

- 1) **RON HARTMAN** ("Molly Frair")
King Salmon 28 lbs., 11 oz.
- 2) **DICK SHIRK** ("Lil' Scratch")
King Salmon 23 lbs., 15 oz.
- 3) **PAUL SCHOENRADE** ("Eagle III")
King Salmon 22 lbs., 4 oz.

Club offers "life-saving" experience to all Steelheaders

The first Steelheaders classes in CPR were held in August and September, and some very important information was learned by all. The classes, set up by Board member Mary Karakas, had six and ten students respectively, and those who completed the three hours of classroom and "hands on" instruction received American Heart Association certification in cardiopulmonary resuscitation, or CPR.

The Board of Directors believes that this instruction is one of the most important learning tools that this club has ever offered. The first two classes are over, but another CPR class will be offered in October if there is a large enough response from the membership.

As a captain of a boat, you should know how to save lives of friends and family on your boat when you leave the dock. It's just as important that at least one other person on board also knows CPR, just in case it turns out to be you who needs to have your heart restarted!

I talked to a friend of mine a few weeks ago who told me about a time a few years back that he saw a man on the street grab at his chest, then at a light post before falling down to the ground. My friend had no idea what to do, other than to call 911. The man died later that day, and my friend says that to this day he still thinks about that man on the street and feels guilty because he could do nothing to help him.

Please don't let this happen to you. Call Mary Karakas at (248) 545-1181, or Ray Banbury at (248) 542-8007, or see one of us at the September membership meeting.

Bring your fishing buddies, your wife, and, if they are old enough, your kids and take a class that may save your life or the life of someone you love. This might be the most important thing you do all year!

The DEADLINE
for the
OCTOBER
issue of
FISHIN' TALES
is

SEPTEMBER 29, 1998

For Your Information . . .

LORAN-C SYSTEM IS SAVED FROM EARLY SHUTDOWN

LORAN-C, a radio navigation system used by boaters and aviators, has avoided a premature shutdown and may be operated by the federal government until 2008.

Operated by the U.S. Coast Guard since the 1970's, LORAN-C was targeted in 1994 for shutdown in 2000 because of budget concerns. When first developed, LORAN-C was supposed to operate until the year 2015.

More than 1 million civilians – mostly boaters – use the LORAN-C system and have invested hundreds of millions of dollars in LORAN-C navigation equipment.

The Boat Owners Association of the United States (BOAT/U.S.), an organization of 500,000 recreational boat owners, lobbied hard to save LORAN-C. BOAT/U.S. launched its grass roots campaign about four years ago and worked with members of Congress to secure continued funding for LORAN-C, claiming that the system is a necessary back-up system and a complement to satellite-based global positioning systems (GPS). That claim was backed up in a recent report to Congress by the McLean, Virginia-based consulting firm of Booz-Allen & Hamilton, which recommended that LORAN-C and GPS have an adequate overlap period until all issues are resolved.

"We're gratified that these federal agencies have put the needs of safe navigation and the public first and worked together to come up with a reasonable plan for both continuing LORAN-C while improving GPS," says Elaine Dickinson, a lobbyist for BOAT/U.S. Reprinted from *Boating Industry*, September 1998.

EATING MICHIGAN SPORT FISH IS CITED AS A "HEALTHY CHOICE"

Eating Michigan sport fish is a healthy choice. There is an abundance of evidence in the scientific literature to document the health benefits of fish consumption.

The Michigan Environmental Science Board says that the benefits associated with

fish consumption by adults may outweigh the risk associated with chemical contaminants in Great Lakes fish. You can get the benefits of eating fish by wisely choosing safer types of fish, safer places to catch fish, safer ways to prepare fish, and moderation in how often you eat fish and how much you eat.

The Michigan Department of Community Health advises extra caution about eating fish for pregnant women, nursing mothers, women who intend to have children, and children under age 15. By following the Michigan Fish Advisory, you can gain the health benefits of eating fish while making sure that you are not eating unsafe fish.

Among the health benefits of eating fish are these points:

- Fish are a highly nutritious food. They are a good source of protein and are low in saturated fat. Fish contain similar nutrients as meat but without the saturated fat. In fact, fish comes as a healthy balance of mono-, polyunsaturated, and saturated oils. Many fish, including pike, perch, walleye, bass and sunfish are actually very low in fat.
- Lake trout, whitefish, and, to an extent, salmon contain generous amounts of a unique, beneficial oil called omega-3 polyunsaturated fatty acids, which lower triglyceride and cholesterol in blood.
- Fish contain many valuable vitamins and minerals, and are leaner than most animal sources of protein. Eaten regularly, fish oils can prevent hardening of the arteries and therefore heart disease. As a matter of fact, the American Heart Association recommends eating two to three fish meals per week. In many people, fish oils may also lessen arthritic pain.
- From a nutritional standpoint, fish are categorized as high fat or low fat. High fat fish such as salmon have 11 grams of fat per 3.5 ounce cooked serving. Lower fat fish include flounder, perch and pike, and have one to two grams of fat per 3.5 ounce cooked serving.
- Some studies have also shown that eating fish regularly can reduce mildly elevated blood pressure, enhance the therapeutic action of antihypertensive drugs, and benefit both smokers and non-smokers suffering from certain lung diseases.

Coming Events

MEMBERSHIP MEETINGS

(Last Tuesday each month at 7:30 p.m. • American Legion Hall, 1815 Rochester Road, Royal Oak)
SEPTEMBER 29, 1998 • OCTOBER 27, 1998 • NOVEMBER 24, 1998

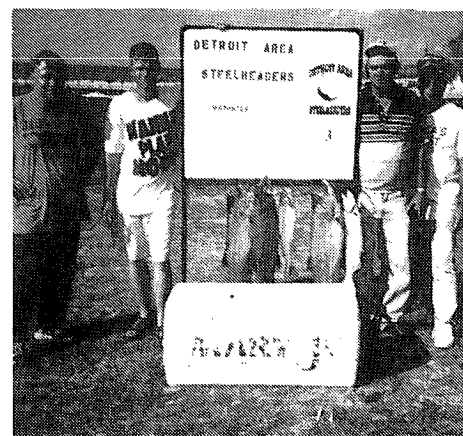
Top Manistee Tournament Finishers



2nd Place: "LUCKY FALCON" with Robert Golaszewski, Lee Locklear, and Ron Bougai.



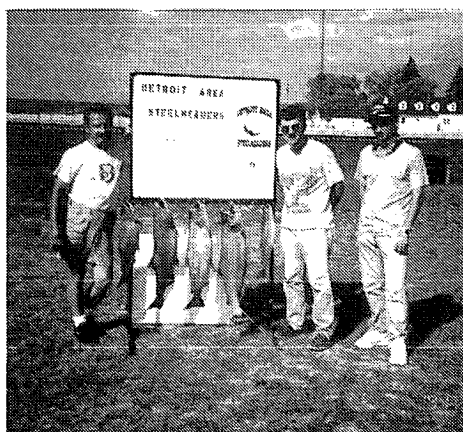
3rd Place: "EAGLE III" with Paul Schoenrade, Charles Shelly, and Ed Morris.



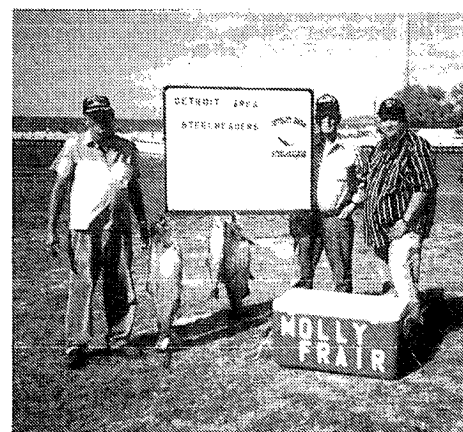
4th Place: "MARY K" with Ken Kuhar, Scott Oberzanek, Mike Perusich, and Steve Lanik.



5th Place: "TOM MOORES" with Tom Moores, Ken Babicz, Larry Hale, and John Forrest.



6th Place: "BLUE STAR" with Zbigniew Bilek, Jan Piwowarski, and John Bilek.



7th Place: "MOLLY FRAIR" with Ron Hartman, Ray Banbury, and Art Banbury.



8th Place: "HAPPY BARE" with Don Anton, Jerry Zabel, Denny Davis, and Rick Wong.



9th Place: "TRENA DAWN" with Don Redmond, Blaise Pewinski, and Conrad DiLoreto.



10th Place: "MICKEY MOUSE CLUB" with Bob Buero, Nicholas Buero, and Ed Wilczek.

Possible world record Coho caught

A Woolrich, Pennsylvania resident, Stephen M. Sheets Jr., may have broken a ten-year-old world record for Coho Salmon August 13 while fishing Lake Ontario out of the Oswego Marina in New York.

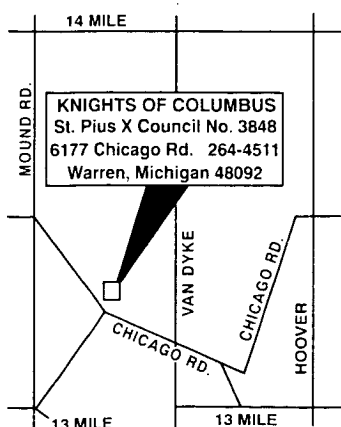
Sheets landed the 33-pound, 7-ounce Coho while fishing on board Captain Mike Stilin's "Katie Lynn" of Fish Tale Charters. The Coho exceeds the previous world record by three ounces, which was caught in 1989 in Oswego County's Salmon River. Sheets caught the Coho by running a flasher and cut bait 43 feet down over 73 feet of water.

Department of Environmental Conservation (DEC) Regional Fisheries Manager Les Wedge examined the fish and confirmed that the Coho is a new New York State record, noting that its weight exceeds the current world record.

Sheets' Coho Salmon must be submitted to the International Game Fish Association (IGFA) for confirmation of a new world record, a process usually takes three to six months.

Amazingly, another trophy-sized Coho Salmon was landed the same day by an angler fishing out of that same Oswego Marina. Carl Spitler brought in a 32-pound, 9-ounce Coho while fishing with Captain Butch Espenshade aboard his boat "Jennie-Sea." "Having two fish of this size come in on the same day is one heck of a surprise, considering that the old record stood for ten years," said Wedge.

Here's how to get to DETROIT AREA STEELHEADER Monthly Membership Meetings



"Eagle III" prevails at Ludington

The 1998 Detroit Area Steelheader Boat Trolling Tournament at the port of Ludington was a resounding success. The weather cooperated and the fish showed up, providing us with a great weekend.

In total, 29 boats made the tow to Ludington, leaving the pier heads on schedule at 6:00 a.m. The big question was whether the best fishing would be found north at The Point, south near The Project, or straight out to "Steelhead Land." Early in the week, fishing had been just okay at The Point. There was also a concern that the water at The Point might turn over, making the fishing tough – it did turn over on Sunday, resulting in 42° F water!

The first Fish Call revealed that most boats had one or two fish. Several were doing better, with three to four fish in the box. There were also reports of big fish, exceeding 20 pounds. The exciting news was that there were fish at The Point, where most of the tournament fleet had headed. Only a couple of boats ventured south, where there were also some fish.

The noon Fish Call brought the news that

the fishing action had slowed down quite a bit. Most boats had managed to add a couple of fish to the cooler, while "Eagle III" seemed to have the program going strong.

At the weigh-in, it was good to see lots of quality Kings hitting the scales. In recent years, Lakers and Steelhead have come to dominate the catch at too many of our tournaments, so the Ludington result was a welcome change. As you can see below, the three big Kings in the Big Fish pool all went over 20 pounds. That's some real fishing fun!

At the final tally, Paul Schoenrade's "Eagle III" crew took first place honors with a "kick butt" catch of Kings. Paul had spent the entire day at The Point just south of the Bath House. It was one of the finest catches to be hung up in several years. Congratulations to "Eagle III," and to all the other top skippers! Also, thanks to Bob Gilbert, who helped me at the tournament, and to Tournament Director Chris Nytko, who made sure we were all organized.

– Bob Mitchell
"Kemo"

LUDINGTON TOURNAMENT RESULTS (August 15, 1998 – 29 BOATS ENTERED)

BOAT/SKIPPER	PTS.	BOAT/SKIPPER	PTS.
1) EAGLE III (Paul Schoenrade)	173.01	13) RUPE (Gary Ruprich)	33.05
2) TRENA DAWN (Don Redmond)	118.12	14) GOLDEN OLDIE (Howard York)	31.12
3) KARE FREE (Tom Moores)	114.14	15) MOLLY FRAIR (Ron Hartman)	20.17
4) KEMO (Bob Mitchell)	61.11	16) HAPPY BARE (Don Anton)	19.08
5) MICKEY MOUSE CLUB (B. Buero) ..	54.15	17) MY DREAM (Jimmy Hardrick)	19.00
6) LUCKY FALCON (R. Golaszewski) ...	50.15	18) TOMORROW'S DREAM	
7) AQUARIUS II (Chris Nytko)	44.13	(Mark Stosiak) ...	16.08
8) BLUE STAR (Stan Bilek)	44.07	19) TYGER (Ty Voight)	13.15
9) THE KIDD (Paul Colone)	42.15	20) LIL' SCRATCH (Dick Shirk)	12.01
10) MARY K (Ken Kuhar)	41.02	21) TAZ (Daniel Dima)	9.14
11) RETURNER (Darwin Gregg)	35.15	22) FLOATING HOLIDAY (Dave Roehr) ..	9.13
12) DREDGE (Ed Hill)	35.03		

BIG FISH RESULTS

1) TOM MOORES ("Kare Free")	25 lbs., 5 oz.	King Salmon
2) DON REDMOND ("Trena Dawn")	22 lbs., 1 oz.	King Salmon
3) PAUL SCHOENRADE ("Eagle III")	21 lbs., 15 oz.	King Salmon

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Sterling Heights, MI 48311-1255

Address Correction Requested



MEETING NOTICE — PLEASE DO NOT DELAY!

