

Individual Study Prompt – A key takeaway to reflect on.

Fun Short Activity – Engaging and easy for both virtual and in-person settings. (**talk to the person next to about who you are and your purpose.**) 1-2 mins

Week 1: What on Earth Am I Here For?

Day 1: It All Starts with _____

- It's not about you True or False
- Focusing on ourselves will never reveal our life's _____
- Successful and fulfilling your life's purpose are not at all the same issue. True _____ Or False _____
- God has revealed about life in his word. The easiest way to discover the purpose of an invention is to ask the _____ of it.
- God is not just the starting point of your life; he is the _____ of it.

Prompt: How does shifting your focus from yourself to God change your perspective?

Discussion: What are some ways we try to find purpose outside of God?

Activity: 1-minute Purpose Statement – Each person writes one sentence about their life's purpose and shares.

Day 2: You Are Not an Accident

- Your birth was no mistake or mishap and your life is no fluke or nature. Your parents may not have been planned you, but _____.
- God prescribed every single detail of your body. He deliberately _____ the _____, _____, every other feature. He custom made your body just the way he wanted it.
- He also determined that _____ you would possess and the uniqueness of your personality. Because God made you for a reason he also decided when you would be born and how long you would live.

He planned the day of your life in advance, choosing the exact time of _____.

- **The Bible says** *you saw me before I was born and scheduled each day of my life before I begin to breathe every day was recorded in your book **Psalms 139:16***
- While there are illegitimate parents there are no illegitimate children. **True or False**
- God motive for creating you was _____

The Bible says *long before he laid down earth foundation he had us in mind had settled on us as the focus of his love **Ephesians 1***

Ephesians 1: 3-6 (MSG) *Long before he laid down his foundation he had us in mind had settled on us as the focus of his love to be made whole and holy by his love long long long ago he decided to adopt us into his family through Jesus Christ*

- If there was no God, We would all be accidents.

Pertinent Information: You are who you are for a reason. you're part of an intricate plan. You're a precious and perfect unique design, Called God's special woman or man.

You look like you look for a reason. Our God made no mistake. He knit you together within the womb, you're just what he wanted to make.

The parents you had were the ones who chose, and no matter how you may feel, they were custom designed with God's plan in mind, and they bear the ***Master's seal***.

No, That trauma you faced was not easy. and God wept that it hurt you so; But it was allowed to shape your heart so that into his likeness you'd grow.

You are who you are for a reason, You've been formed by the ***Master's rod***. You are who you are, beloved because there is a God!

Prompt: Reflect on Psalm 139:13-16. How does this change how you see yourself?

Psalm 139: 13-16 ESV

13 For you formed my inward parts;
you knitted me together in my mother's womb.

14 I praise you, for I am fearfully and wonderfully made.
Wonderful are your works;
my soul knows it very well.

15 My frame was not hidden from you,
when I was being made in secret,
intricately woven in the depths of the earth.

16 Your eyes saw my unformed substance;
in your book were written, every one of them,
the days that were formed for me,
when as yet there was none of them.

Discussion: How does knowing God created you with intention impact your daily life?

Activity: “Designed by God” – Each person shares one unique thing about themselves.

Day 3: What Drives Your Life?

Many people are driven by guilt

- They spin their entire lives running from regret and hiding their shame. Guilt driven people are manipulated by memories.ta
- **Why ?** They allow their past to control their future. They often unconsciously punish themselves by sabotaging their own success. **True or False**
- We are products, _____ but we don't have to be prisoners of it.

Many people are driven by resentment and anger

- They hold on to the hurt and never get over them.
- Instead of releasing their _____ they rehearse it over and over in their minds.
- Some resentment driven people “clam up” and _____ their anger while others “blow up” and explode it onto others.

“Both responses are unhealthy and unhelpful.”

Many people are driven by fear

- Regardless of the cause, fear driven people often miss _____ because they're afraid to venture out.
- Instead they play it safe, avoiding risk and trying to maintain the status quo.
- Fear is a _____ that will keep you from becoming what God intended for you to be

Many people are driven by materialism

- Their desire to acquire becomes the whole goal of their lives. Their drive to always want more is based on the misconceptions that having more will make me more happy, more _____, and more _____, but all three ideas are untrue.

“Possessions only provide temporary happiness”

Many people are driven by the need for approval

- They allow the _____ of partners our spouse our children our teachers are friends to control their lives

There are many keys to success. One key to failure is to try to please everyone. Being controlled by the opinions of others.

The Benefits Of Purpose-Driven Living

1. Knowing your purpose gives meaning to your life

- Without God, life has no purpose, and without purpose, life has no meaning. Without meaning, life has no significance or hope.

2. Knowing your purpose simplifies your life

- Without a clear purpose you have no foundation on which you base decisions, allocate your time, and use your resources. You will tend to make choices based on circumstances, pressures, and your mood at that moment. People who don't know their purpose try to

do too much and that causes stress, fatigue and conflict.

3. Knowing your purpose focuses your life

- It Concentrates your efforts and energy on what's important you become effective by being selective

Ephesians 5: 16-17 (MSG) *Don't leave carelessly unthinkingly Make sure you understand what the master wants.*

4. Knowing your purpose motivates your life

- Purpose always has produced passion, nothing energizes like a clear purpose.

5. Knowing your purpose prepares you for eternity

- Many people spend their lives trying to create a lasting legacy on earth. They want to be remembered when they're gone. Yet, what ultimately matters most will not be what others say about your life. but what God says.

Prompt: Identify what has been driving your life.

Discussion: What would change if God fully directed your life?

Activity: 2-minute self-reflection: List 3 things that drive your life and discuss.