



House of David Worship Center Vacation Bible School

DAY 3: **CULTIVATING THE FRUIT OF THE SPIRIT**

GALATIANS 5:22-23

JULY 2024



Agenda

- ☐ Worship & Prayer
- ☐ Fruit of the Spirit Quiz
- ☐ Fruit of Spirit – **Faithfulness, Gentleness, Self-Control**
- ☐ Putting it into Play!
- ☐ Wrap Up & Take-aways & Prayer

Fruit of the Spirit Quiz - #2



Fruit of the Spirit Quiz - 2

1. c) Humility
2. b) The Holy Spirit
3. b) It reflects the character of God.
4. b) Peace
5. False
6. c) Galatians 5:22-23
7. b) Helping a neighbor in need without expecting anything in return
8. b) Stick to a budget & avoid overspending
9. b) Faithfulness
10. False
11. b) By speaking with empathy and care
12. b) Remaining hopeful and supportive, trusting in God's timing
13. c) Pursuing selfish ambitions
14. False
15. b) The Holy Spirit empowers believers to live according to God's will.



Fruit of the Spirit

Galatians 5:22-23

²² But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, **faithfulness,** ²³ **gentleness,** **and self-control.** There is no law against these things!



Fruit of the Spirit: Faithfulness

What is
Faithfulness?



FAITHFULNESS: HEBREW WORD - EMET

- ❑ EMET - translated as Faithfulness or Truth
- ❑ EMET – has to do with **stability & reliability**
- ❑ EMET – **Reliable and stable character or trustworthiness**
 - ❑ MOSES –when the rock was placed under him to hold up his arms – stability
 - ❑ MOSES – appoints leaders, they are to be people of EMET
- ❑ Jesus was faithful (EMET) unto the CROSS!



Fruit of the Spirit: Faithfulness

Faithfulness involves being **loyal, reliable, and trustworthy**. It reflects a steadfast adherence to promises, commitments, and the truth. **Faithfulness means being consistent in your relationship with God and others, maintaining integrity and trustworthiness in all aspects of life.**



FAITHFULNESS: FAITHFULNESS

God is Faithful His character



FAITHFULNESS: FAITHFULNESS

Lamentations 3:22-23

²² The **faithful** love of the LORD never ends!
His mercies never cease.

²³ Great is his **faithfulness**;
his mercies begin afresh each morning.



FAITHFULNESS: FAITHFULNESS

God can be trusted to
be consistent to his
character!



FAITHFULNESS: FAITHFULNESS

FAITHFUL VS. FICKLE

FICKLE means changing frequently, **especially as regards one's loyalties, interests, or affection.**



FAITHFULNESS: FAITHFULNESS

Deuteronomy 7:9 NLT

- Understand, therefore, that the LORD your God is indeed God. He is the faithful God who keeps his covenant for a thousand generations and lavishes his unfailing love on those who love him and obey his commands.

1 JOHN 1:9 AMP (Memory Verse)

- But if we freely admit our sins when his light uncovers them, he will be faithful to forgive us every time. God is just to forgive us our sins because of Christ, and he will continue to cleanse us from all unrighteousness.



Fruit of the Spirit: Faithfulness

Reflective Questions:

1. How do you demonstrate faithfulness in your daily life and relationships?
2. Can you recall a time when your faithfulness was tested? How did you respond?
3. How does your faithfulness to God influence your actions and decisions?
4. In what areas of your life might you need to improve your faithfulness?



Fruit of the Spirit: Gentleness

Description: Gentleness is characterized by a humble, tender, and compassionate demeanor. It involves being kind, respectful, and considerate in interactions with others. Gentleness is not about weakness but rather strength under control, showing care and concern in how we treat people and address conflicts.

- **Biblical Reference:** *Philippians 4:5 (NLT)* - “Let everyone see that you are considerate in all you do. Remember, the Lord is coming soon.”
- **Practical Example:** Responding to criticism with grace, offering comfort to someone in distress, and handling disagreements with empathy and understanding.



Fruit of the Spirit: Gentleness

Reflective Questions:

1. How do you practice gentleness in your interactions with others?
2. Reflect on a recent situation where gentleness could have been applied. How might it have changed the outcome?
3. What are some ways you can cultivate a more gentle attitude in your daily life?
4. **How does gentleness reflect the character of Christ in you?**



Fruit of the Spirit: Self-Control

Description: Self-control is the ability to regulate one's emotions, desires, and behaviors, especially in difficult situations. It involves resisting temptation, exercising discipline, and making choices that align with God's will rather than giving in to impulses or desires.

- ▣ **Biblical Reference:** *1 Corinthians 9:25 (NLT)* - "All athletes are **disciplined** in their training. They do it to win a prize that will fade away, but we do it for an **eternal** prize."



Fruit of the Spirit: Self-Control

Reflective Questions:

- 1. In what areas of your life do you struggle with self-control?**
2. Reflect on a recent situation where self-control was required. How did you handle it?
3. How can practicing self-control impact your relationships and personal growth?
4. What practical steps can you take to strengthen your self-control in specific areas of your life?

Fruit of the Spirit Bingo

Questions/Remarks
