

Five great things about me

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____



- ❖ Try and read these to yourself (or have someone read them to you) once a day - to remind yourself how **great** you are!
- ❖ I am sure you could probably write more than five...why not add a few more? See how many you can list!
- ❖ It would be great to decorate this sheet with some lovely pictures or stickers that are all about **wonderful** you.