

MIDLAND BENCHREST LEAGUE RULES - SUMMER 2023

- 1 **RIFLE:** AN AIR RIFLE (.177/.20/.22 CAL) OR A RIMFIRE RIFLE (.22 CAL) MAY BE USED.
- 2 **SIGHTS:** ANY SIGHTS ALLOWED. TELESCOPIC SIGHTS CAN BE ANY MAGNIFICATION.
- 3 **BENCHRESTS/TABLE:** AN ADJUSTABLE PEDESTAL WITH A SMALL PLIABLE SANDBAG OR AN IMPROVISED NON ADJUSTABLE SUPPORT IS ALLOWED AT THE FRONT. THE FRONT SUPPORT CAN BE FLAT OR IT CAN BE A DISHED SANDBAG.
A BIPOD IS ALLOWED AS AN ALTERNATIVE TO A FRONT PEDESTAL.
A REAR SANDBAG IS ALLOWED. ALTERNATIVELY THE SHOOTER CAN SUPPORT THE WOODWORK AT THE REAR OF THE RIFLE WITH HIS NON FIRING HAND - (A GLOVE IS ALLOWED)
THE FRONT REST AND REAR SANDBAG (IF USED) MUST BE INDEPENDENT OF EACH OTHER
THE SIMPLE FLAT FRONT REST ALLOWED BY THE NSRA OBVIOUSLY COMPLIES
A SLING MAY BE USED AS AN ALTERNATIVE TO THE BENCHREST/SUPPORT(S).
NO DEVICE IS ALLOWED THAT PERMITS RETURN TO BATTERY. IE. THE SHOOTER MUST RE- AIM FOR EACH SHOT.
A PURPOSE MADE BENCH OR A NORMAL TABLE/MODIFIED TABLE CAN BE USED

4 **TARGETS AND SCORING:**

THE TARGET IS BASED ON THE UKBR22 BENCHREST TARGETS BUT IS MORE DIFFICULT BECAUSE THE BLACK LINE CIRCLING THE BULL IS NOT PART OF THE 10 IN OUR LEAGUE.

THE 10 BULL CARD IS VERY SIMILAR TO THAT USED BY THE YORKSHIRE BENCHREST LEAGUE AND IS ADAPTED FOR BOTH DISTANCES. ALL SCORES TO BE INDICATED ON THE SHOT CARDS BY THE SCORER PLUS THE CARD TOTAL.

GAUGED SHOTS SHOULD BE INDICATED ON THE CARD BY THE L.R.P.C. SCORER, O.W.Evans.

VERY IMPORTANT

THE 10 IS THE WHITE 2MM SPOT IN THE CENTRE OF EACH AIMING MARK. A TEN IS ACHIEVED IF THE SHOT BREAKS COMPLETELY THROUGH THE BLACK CIRCLE AND TOUCHES OR BREAKS INTO THE TINY WHITE INNER CIRCLE. THE PLUG GAUGE SHOULD BE USED TO CONFIRM A 10

ALL TARGETS TO BE SIGNED BY SHOOTER AND DATED/SIGNED BY WITNESS.

- 5 **COURSE OF FIRE:** 10 ROUNDS ARE TO BE SHOT OVER THE SEASON. EACH ROUND CONSISTS OF 2 SCORING CARDS WITH 20 SHOTS. DATES TO BE ADVISED.