



# The Connection

"Keeping our community connected"

## NOVEMBER 2020

Monthly Newsletter of the East Central Newcomer Welcome Centre Inc.



### ECNWC OFFICE UPDATE



Our office remains closed to walk in clients and the general public. However, we are booking individual appointments and accepting one client in the office at a time for the safety of everyone involved. We continue to provide service to our clients through phone calls, emails, zoom meetings and other media.

To book an appointment, please call (306) 783-2777 or email [ecnwcinfo@ecnwc.ca](mailto:ecnwcinfo@ecnwc.ca). Thank you for your patience and we look forward to helping you!

*We provide free settlement services to newcomers and their families within the East Central region.*

*It is our goal to provide you with the information, referrals and advice you may need to assist in your settlement in Canada and our community!*

*Call our office at (306) 783-2777 if you have ANY questions.*

*We are happy to help you!*

### This is HOME

#### Meet Ranjit Singh!

Ranjit came to Canada from India in 2017 as an international student. He completed his studies in 2018 and remained in Yorkton. He currently works as a supervisor for a local business in Yorkton. He loves living in Yorkton for various reasons. The main ones being- less traffic, the connections with people, less transit time, and advancing nature of the city. His goal is to own a business in Yorkton and would love to help newcomers in the area to settle like him!



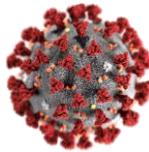
### Immigration, Refugees and Citizenship Canada (IRCC)



#### REMINDER:

The deadline to submit an interest to sponsor form for the 2020 Parent and Grandparent Program closes at 11 AM on November 3.

To learn more about what information is required visit this link: <https://www.canada.ca/en/immigration-refugees-citizenship/services/immigrate-canada/family-sponsorship/sponsor-parents-grandparents/tell-us-you-want-sponsor-parent-grandparent.html?fbclid=IwAR3XqihZa-gonpbrgtaw6no23vkpSRqg9wCwYGxMJY0oGX92XDDNpniDgE>



Living through the **COVID-19 Pandemic** has caused anxiety and worry in most of us. Whether you're coping with the loneliness of self-isolation, concerned about the health of your loved ones or worried about what the future may hold, there are mental health supports available to help you through this difficult time.

**HealthLine 811** -Provides 24/7 crisis support, mental health and addictions services, advice to help manage each caller's situation, information and connection to community resources.

The following website also has lots of great information regarding COVID19 and all the available resources [www.saskatchewan.ca/COVID19](http://www.saskatchewan.ca/COVID19)

### FUN Fact about Canada!

Canada is a highly forested country with the forest covering 31% of the whole country, one of the largest forest cover in the world. These forests have contributed to Canada's position as one of the countries with the cleanest air and has contributed significantly to the economy. Dominant tree species include pine and fir!



### EXPLORE our Community!

Canora's Welcome Statue "LESIA" is located on the South end of Norway Road in Canora. Lesia is a 15 foot statue of a woman dressed in traditional Ukrainian attire. Lesia holds a loaf of braided bread known as kolach along with salt, which is a welcome ceremony in the Ukrainian culture. Lesia was created by Canora resident Nicholas P. Lewchuk and his son Orest. The statue was unveiled on September 3, 1980 by Right Honorable Edward Schreyer, Governor General of Canada. Construction of Lesia took over a year to construct and she weighs over 4,000 pounds. LESIA turned 40 this year, so you should really stop by to wish her a Happy Birthday!



For more information and updates, please visit and like our East Central Newcomer Welcome Centre Facebook Page.





# Community Activities & Event



Here is a list of some of the activities or events happening in our community this month!  
If you are interested in any of these please call our office at (306) 783-2777 and we can help you register and /or attend with you.

## City of Yorkton Public Skating

Recreation / All ages

**WHAT?** Enjoy the activity of ice skating indoors.  
**WHEN?** Mondays to Fridays starting November 2 from 1:30 to 3:30 pm  
**WHERE?** Westland Insurance Arena (Gallagher Centre) in Yorkton  
**COST?** FREE but you must check in and out at the Guest Services desk.



## The Canadian Red Cross Virtual Stay Safe Course

Education / 9 to 13 years old

**WHAT?** A virtual course that goes over the importance of responsibility when staying at home alone, safety tips and how to prepare for unexpected situations.  
**WHEN?** November 8 (1 - 3pm) and November 11 (1 - 2:30pm)  
**WHERE?** Online through ZOOM but you must pre-register.  
**COST?** The Fee is \$50.



## Municipal Elections

Canadian Citizens / 18+

**WHAT?** Municipal Elections take place to elect the Mayor and Councilors in your Town or City. To learn more visit your town/city website.  
**WHEN?** November 9, 2020 (most voting polls are open from 9 AM to 8PM)  
**WHERE?** Varies - Confirm location with your Town Office or City Hall. (Yorkton is at the Gallagher Centre Flexi-Hall)



## REMEMBRANCE DAY

Canadian Holiday

**WHAT?** The Remembrance Day Ceremony has played a major role in Remembrance since 1931. On this day Canadians honour all who have fallen at war for our freedom.  
**WHEN?** Wednesday, November 11, 2020  
**WHERE?** Visit your community's website, Facebook page or local Royal Canadian Legion for more information on a service in your community.



### ***There are also some VIRTUAL CEREMONY OPTIONS!***

They Royal Canadian Legion Branch No. 77 in Yorkton will be hosting a live broadcast of their ceremony on Facebook at the following link: <https://fb.me/e/3sVcvgZw2>.

The Royal Canadian Legion Branch No. 61 in Melville will also be broadcasting their Remembrance Day Ceremony on Facebook at the following link <https://fb.me/e/1DaJrSmq8>

## The Canadian Red Cross Virtual Babysitting Course

Education / 11 to 15 years old

**WHAT?** An online course that goes over the responsibilities of babysitting.  
**WHEN?** November 29 (1 - 3pm) and December 6 (1 - 3 pm)  
**WHERE?** Online through ZOOM but you must pre-register.  
**COSTS?** Fee is \$50. If you live outside Yorkton and require a book shipped, there will be an extra \$10 fee.



## Flu shot clinics have started across Saskatchewan!

This year many clinics require you to book in advance. Be sure to check the following website for details: <https://www.saskhealthauthority.ca/Services-Locations/flu>



You can find a location nearest to you by visiting this website:

<https://www.saskhealthauthority.ca/Services-Locations/flu/Pages/Clinic-Locations.aspx>

**If you have spare time and looking to increase your skills, visit our website. We now have a list of FREE webinars, workshops or e-training you may be eligible and interested in attending!**

