

Name: _____

Date: _____

DOH PST WORKBOOK SECTION 12

N N L C A P R N R B X P R L X S S S W A P S N P
H H X U P G P I C R K L A G E E A O D Z T O O J
H P O C K A D S B A U Q W C T P M Z S R I E O E
Y D U T X D Z I Z L S O U L O Q X P A N X M S Q
S L C H R F E X E M A R Z N Y G Q T A U N D I S
H X I B S O J S V I I N L Z U S E C S T F Q S S
H F C U C A P P E T Q U O M X G T N F H H C I P
M X H W Y M F P Y N W M N I I K T R Q U Y Y R K
X F Z C K M J E U H S T F E T Y N B E N G B C W
G S E K E F B E T S N I S B K O E N K S G Q A E
B K X X V T X T K Y R X T F B U M G F N S K W F
B B A V A P O N Q R K E J I I T H E F F M J M X
D J F W O U L Q I X C R E T Z G C T G P I X L P
V S G S C W S T S N F Y O P M A A K R K Z R H Y
K L U H R G U T M H G V A W A U T Q J A O O L P
B R F F P M P S I V C C Y Y T F E I D I U U F U
E X M X V L I Q D O F O F N A F D F O Y G M B Q
U E D R E N A F V M N D P J I F I F A N W G A I
B H D P A P G M Q E G R S I Y O M H G Z G F J R
O Q J H A T N M R T K U G K N A C L S L C O C E
S F C T H T C H X K N B Z U G G U M H G K X C W
H E H Y W R D J B N K S Q V P P V P H Y X C B A
M Y E X H A U S T I O N I K F F G V J T Q W S J
U I B F D M H O H E A L T H L F J Y F E O L R T

EXHAUSTION

COPING

DETACHMENT

EXPOSURE

PEER SUPPORT

SHIFT WORK

STRATEGIES

CRISIS

EMOTIONAL

HEALTH

SAFETY

STRESS

APATHY

DESENSITIZATION

EMPATHY

MECHANISM

SECURITY

TRAUMA