GVWGA October Newsletter



Dear Members,

I hope this October hello finds you still golfing this season with all the beautiful, sunny, and warm weather we have been having! I think about so many courses we have around here, and how beautiful it has been with the changing of leaves and landscape. It's that time of year when I think we should add a 15th piece of equipment to the golf bag...the Leaf Blower!

I found this article in Golf Tutorials by Spencer Lanou.

Dealing with the Leaf Rule. Crisp colorful leaves are beautiful until they swallow up your perfectly struck drive. Losing a ball in a blanket of leaves is one of autumn golf's main frustrations.

Actionable Advice: Track and Adapt

- Watch It All The Way: Don't just watch the arc of your ball, follow it all the way down until it stops. Pick out a specific marker (a differentcolored tree, a bunker edge) near where it landed.
- **Use Brightly Colored Balls:** This seems obvious, but it works. A bright yellow, orange, or pink ball is much easier to spot among brown and red leaves than a white one.
- The "Leaf Rule" is Your Friend: Before you tee off, agree with your

playing partners on a local rule for balls lost in areas with heavy leaf cover. Most friendly games will treat these areas as 'ground under repair,' allowing you to take a free drop in the nearest clear spot without penalty. This keeps the game moving and removes a ton of frustration.

The Leaf Rule is Your Friend! I'm All In On This Rule!

Sorry to see our tournament season end, and at the same time, I always look forward to getting together for our Fall Awards Banquet which this year will be at the Lake Shore Country Club on Thursday, October 23rd. Registration is 4:30 p.m., Cocktails 5:00-6:00 p.m. (Cash Bar), Dinner at 6:00 p.m.

At the registration table, you will see Banquet Chair Nancy Schlinger, and her Committee Sara Christopher, Sue Sogard, Sue Stein. They have worked very hard to ensure everyone attending has a great time including some wonderful surprises; to which I am sworn to secrecy!

You will also see Michele Miller, our Nominating Chair, at the registration table with a ballot box and ballot to vote yes/no on our proposed amendment changes (attached for your review and per previous e-mail). It is a 2-sided paper ballot, vote yes or no on each proposal, then slip your ballot into the box. Michele and her Committee will count the Yes/No ballots, and we will announce the results of this vote during our business portion of the meeting.

As part of our Business Meeting at the banquet, there will be approval of the minutes from our Spring Banquet which was held, April 29th, 2025, as recorded by secretary, Judy Gagnier (**attached for your review, and will be available at the banquet as well).** Jill Reichhart our treasurer, will be presenting an up to date treasurer report, still being finalized as of this newsletter. As per our By-Laws, Article II Membership Dues, we will vote at

our banquet (noted in Article II) on membership dues for 2026. Per Luisa Sam, our Membership Chair, "We propose to keep our dues the same for next year UNLESS there is any increase in the cost of our GHIN SERVICES from RDGA." Tournament Coordinating Chair, Barbie Huckle will present tournament review for this season, as well as present the 2025 2-Day Champion, Senior Champion, Super-Senior Champion and Medal Awards. Liz Prescod, Web Team & Golf Genius, will present news about our web-site, and Golf Genius Update.

In between our Business Meeting agenda items, and what I view as a couple of fun commercial breaks, our Banquet Committee will present the drawing winners as well as after adjournment of our business meeting, the 50/50 Winner, and other special gift announcements. So stay Tuned and Don't Leave Early! : \sim)

In preparing for 2026, we will need a Banquet Committee for our Spring Banquet, 2026. Nancy Schlinger, myself and Liz Prescod are finalizing *How to Run A GVWGA Banquet And Still Have Fun!* outline. This revised version will replace the current banquet outline on our website. Many hands make for light work, and those who have volunteered for the banquets in the past are available for questions, and advice.

AND

Volunteer opportunities are available!

Web/Golf Genius - Chair, Liz Prescod

Membership Committee - Chair, Luisa Sam

Nominating Committee - Chair, Michele Miller

Rules and Handicap Committee - Chair, Kathy Myers

Tournament Coordinating Committee - Chair, Barbie Huckle

Please don't hesitate to contact the Chairs for more info and details. Full description of these committees is in our By-Laws under Article V, Duties of Committees (**Current By-Laws attached**).

<u>AND</u>

Volunteers are also needed at tournaments for the Skins/Birdies table; a huge success this year. Thank you Sue Sogard!

AND

2026 will be an election year for our GVWGA Executive Committee. Full description of Duties of Officers are listed in our bylaws Article IV, Duties of Officers. The office of the President, Vice President, Recording Secretary and Treasurer are elected every 2 years by GVWGA members. Over the winter months, please think about and consider running for a position on the Executive Committee. You will never work alone in one of these positions. I can say just from my first year, I have worked with some of the most amazing people who I now consider to be my closest friends on and off the course.

Our Board had an end of season meeting on October 6th. We will continue monthly meetings after the holidays beginning January, 2026. Discussion will continue with exploration of new courses to be considered for 2026, increasing team events vs. medal events, Skins/Birdies, discussion of considered courses, and particulars of tournament events (like the moving the tee boxes!), and much, much more.

Discussion will also include Live Scoring (additional cost to GVWGA) and

On-Line Registration (currently available for us at no cost) for 2026 tournaments. Once we have the details of Live Scoring and cost, we will share this with our members. **Decision to move forward and implement Live Scoring and On-Line Registration for 2026 will be made upon approval by Members only after a formal vote (electronically).**

I ask Members to continue sharing ideas, concerns and comments. We will and shall continue to remain transparent. It's the only way GVWGA can continue to improve as an organization, and continue our longstanding 90 years of accomplishments, standing, and pride in women's golf.

October as you know is Breast Cancer Awareness Month. This month has become very real to me as I was diagnosed this past August with invasive lobular breast cancer. It was caught early. Many women like me have been told they have dense breasts. Dense tissue makes it difficult to find breast cancer on a mammogram and increases the risk of developing breast cancer (this statement from Elizabeth Wende Breast Care). I feel it is so important for me to tell you my news because had I only had my yearly mammogram without the ultrasound, I would not have known I had breast cancer. Because of my dense breasts, the Wende as I call it, automatically schedules a mammogram and ultrasound for me yearly. The ultrasound revealed two areas of suspect in the left breast that the mammogram did not clearly show. Biopsy was taken of the two areas at the same visit, as well as a subsequent MRI with contrast which confirmed the diagnosis. My visit to the surgical oncologist has been encouraging, and next week a visit to the plastic's surgeon will fill me in on reconstruction options. After that appointment, surgery will probably follow.

Please ask your doctor if you have dense breasts, and even if you did and this has gone away (I have heard this happening), don't take any chances with your body, your health, your Life. Insist on the ultrasound, and then make sure your next yearly mammogram routinely includes it. If you find out you have breast cancer, rest assured, we have excellent cancer specialists here in Rochester who will take good care of you. This journey will not be easy, however I have a wonderful supporting family, and a lot of women who have shared their incredible heartbreaking stories with me. They are Survivors! It's Encouraging to hear You've Got This, and You're Not Alone! And a lil' bit of Faith helps too!

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Golf Funny: What is a golfer's favorite sandwich?

Peanut putter and jelly. : ~ )
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Happy Halloween!

That's all...for now... See you soon! : ~ )

Cindy
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Attachments:

GVWGA Proposed Amendment Changes.Minor Revision.pdf
Spring Banquet Minutes 2025.pdf
constitution bylaws 8-27-2024.pdf