#2016-FIVE





August 12, 2016

CHATTER FROM THE CHIEF Claudia Littlefair

Need promotion ideas for the fall? Now is the time to get your information together, design your posters, ads, brochures and invites, in order to be armed and ready to hit the fall market. If you're coming to the High River Convention on the September long weekend, plan on attending one or both "Promoting Dance" presentations. You'll come away inspired with lots of

Three of my recent "favorite" website picks for a variety of promotional ideas are:

practical and affordable ideas.

- BC Square & Round Dance Federation
 (www.squaredance.bc.ca)
 . Click on "Promotional Tools" also offers downloadable material including editable posters and a promotional video.
- CALLERLAB Knowledge Base
 (www.callerlabknowledge.org) contains a wealth of promotional information, ideas, success stories and examples of material.
- Ontario Square & Round Dance Federation
 (www.squaredance.on.ca) Click on "About" then "Club Promotion Ideas" in addition to ideas and examples, it includes the 22-page "Henzel Plan" for creating a recruiting database.

One of the more common tasks for promotion is writing up a news article. I'm always searching for some interesting wording to explain our activity. Below are two explanations that offer some good "pickings".

SOURCE: Home page of Denver Area Square & Round Dance (<u>www.coloradosquaredance.com</u>).

The DAS&RDC is a non-profit organization dedicated to the promotion of delighting MIND, BODY & SOUL through Square and Round Dancing in the metro Denver area as well as the surrounding Front Range region.

Square & Round Dancing is the fun way to keep MIND & BODY the best they can be. Learning the calls/cues keeps your brain stimulated. Dancing keeps your body moving, and the social interactions keeps your SOUL satisfied.

Square Dancing requires no fancy footwork, provides movement motivation and the social interactions create a basis for lifelong friendships. Casual dress and comfortable foot wear is all that is needed.

Round Dancing is similar to ballroom dancing except that couples the are taught/prompted through the moves by a Round Dance Cuer iust as Square Dancing is taught/ prompted bν

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Square Dance Caller. Singles, couples and families are encour-aged to become involved in our activity. We truly hope you will come out to one of our many events to experience for yourself the fun and friendships that many of your neighbors already enjoy."

SOURCE: Ontario Square & Round Dance Feder-ation (<u>www.squaredance.on.ca</u>) – click on "Blog" and look for "The Evolution of Modern Square Dancing".

"When most people hear the term "square dancing", they immediately think back to their memories of school dance programs, where they tried to interpret what to do upon the commands of "do-si-do" and "allemande left." For many, to be excited about square dancing meant you had to be a fan of old-time country music and dress up in traditional dresses and duds.

But square dancing has evolved quite a bit since the days of the hoedown, coming out of the honky tonks and into the mainstream.

Modern square dancing has been around for a long time, evolving from various types of dancing in the United Kingdom and continental Europe as well as North America. Modern and traditional square dancing are similar in that both involve groups of eight, all interpreting and responding to the calls.

What sets modern square dancing apart is that participants focus on mastering the individual steps, each of which are given names, rather than an entire dance. The Caller strings these steps together, with the dancers reacting to the calls. Part of the fun is not knowing what steps will be called next. No two dances are ever the same.

Not only does this evolution of square dancing make it much more exciting, it also makes it easier for the beginner to jump in and get involved.

Even the clothes people wear no longer fits the style

long associated with square dancing. While some people enjoy donning those traditional-style clothes, all a participant really needs are comfortable shoes and clothing.

Not a fan of country music? Modern square dancing can employ any type of music, from classic rock, easy listening and classical, as long as it is up-tempo."

Email your favorite website picks or news articles to claudia.littlefair@gmail.com, and I'll be happy to share them with others. Promoting our activity is every dancer's job.

No one ever drowned in sweat.

SOLOS - THEN & NOW - by Claudia Littlefair

About 10 or 12 years ago, before my husband Dave started calling, I took beginner lessons over again, as a "man". This way I could fill in wherever needed at our club, which sometimes made the difference between seven other people dancing or sitting. As well, our membership consisted of more women than men, so if Dave and I both danced the man's part, we could double the couples.

While leafing through our club's photo albums, I came across a 'Letter to the Editor', written in 1980 by a Saskatchewan dancer in response to a write up about square dancing. In her letter, she discusses what it is like to be a single dancer. Unfortunately, what the writer said 36 years ago still holds true for some clubs today.

"To the Editor:

Your article in Western People on square dancing was excellent. It brought back many happy memories of togetherness and good fellowship.

However, this comes to an abrupt end when you lose your partner. Some groups gamely try to fit in the odd member, but it is difficult and they give a sigh of relief when you drop out. So, as women tend to live longer than men, we find widows a glut on the market.

One caller in Regina has become sensitive to our dilemma and has started an all-lady square dance group. Half the women take on the male roles dressing in slacks. We use the Saskatchewan square dance dress, and after the initial shock find that we

can dance, not only very well, but with great enjoyment.

We have been asked to entertain from a Roughrider game to senior citizens as well as banquets and the

"... the only place we are not welcome is at regular square dances."

Agribition, and really enjoy doing this.

Much to our surprise the only place we are not welcome is at regular square dances. Even when we go as a square, we often find ourselves ignored by both callers and dancers.

As no one can be sure how long they can continue in the traditional way, we suggest you stop and consider. No doubt most groups could find at least eight single women in your locality who would love to dance again. A little time to train them to dance as a set might be a very worthwhile project for your club – and someday you may want to join them.

- Sybill Rugg, Regina, SK"

The Washington State dance newsletter, 'Footnotes', (www.squaredance-wa) has a regular column called "Solo Corner" currently written by Kathy Rooney. In the April, 2016 issue, Kathy writes about the change in attitudes regarding single women dancers. She makes some interesting points worth considering, other than the fact that singles, like couples, bring in new dancers and step forward to fill executive or committee positions, helping to keep clubs viable.

"An Air of Happy Confidence:

Due to the serious downturn in numbers of new people entering our activity, we paid attention to some of the barriers people mentioned when approached for lessons. Foremost was the refusal of women to wear the traditional outfits. Many of our local clubs have gone to casual dress, but we don't go overboard. Prairie skirts are very popular, and slacks and tops are dressy, not something we'd wear gardening.

Another frequent protest regarding taking lessons is the lack of a partner. Once we encouraged people to join in, with or without a partner, there's been an amazing transition in attitudes. Who ever thought there would be married people dancing as solos, letting their non-dancing spouses "do their own

thing"? Or, perhaps one spouse has health problems, preventing them from dancing. In past decades, either both danced, or neither danced. Dancing as a solo married person does require a bit of gumption. It's not easy to do the unconventional... in the old days, only men could invite women to dance. Women were to sit and hope. Today, it's very common for anyone wanting to dance to invite someone to join them. In my case, I am never turned down. Either a dancer is honored to be asked to dance, or they explain that they have a partner for that tip and invite me to dance the next one.

Next month I'll share ways to ensure you dance as much as you want and remain in your comfort zone. Hints: Walk into the hall with an air of happy confidence. Who wouldn't want to dance with you! - Happy Solo Dancer, Kathy Rooney"

SEWING CORNER - by Marie Brothers



CIRCLE SKIRT

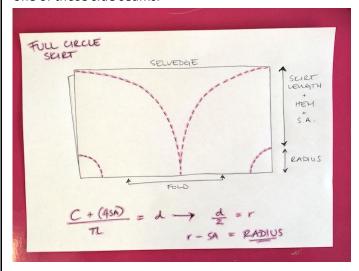
Remember grade eight math? Radius of a circle - when would we ever need that information? Well, to make a circle skirt (regardless of whether it is one panel, four panels, or eight panels (or gores), or more, the radius is required to calculate your waist measurement and how far down from the centre of the skirt to mark your cutting line

For each type of circle skirt, be it full circle, half circle or quarter circle, the mathematical equation needed in order to find out the radius will be slightly different. Before we look at each one individually, we first need to know the foundation equation: Circumference (c) + two lots of seam allowance (3.2cm) ÷ ∏ (3.14) = diameter (radius × 2). We'd also like to point out now that I am using metric measurements ie. centimetres, not inches. Nothing against Imperial, only that in using these calculations, eights doesn't work as well as tens!

A note about seam allowance: seam allowance needs to be added on to both your waistline seam and side seams. For the waistline, we will be subtracting 1.6cm from your final radius measurement. For the side seams, we add 1.6cm for each raw edge to be seamed to your initial waistline circumference measurement: half and quarter circle skirts will have only one back seam so add 3.2cm to your waistline; a full circle skirt cut from 2 pieces will have 2 side seams so add 6cm altogether).

Full circle skirt

We begin by realizing that it is unlikely you will be able to cut a whole circle skirt from a standard piece of 45" width fabric (unless making a miniskirt). The following diagram assumes that you will be cutting 2 semi-circles and joining them at the side seams, with your zipper inserted into one of those side seams.



Example: Your waistline measures 66cm (equivalent of a 26" waist). You are making a full circle skirt from 2 semi circles so you need to factor in the 4 raw edges that will be your 2 side seams. 66cm (C) + 6.4cm (4SA) = 72.4cm. 72.4cm \div 3.14 = 23cm (diameter). (23cm \div 2) - 1.6cm (waistline seam allowance) = **9.9cm (radius).**

Tip: cut a piece of string the length of your final radius measurement and holding one end at the center corner, use it to accurately mark out your curve. Keep the string or do the drawing on paper and keep the pattern for future use. I cut my original pattern into quarters (resulting in eight gores) and just remember to add seam allowances all around for future skirts.

For more than two semi circles such as an eight gore skirt, you need to add in seam allowances for both sides of each of the eight gores to calculate the waist measurement.

Next issue --- calculating length of circles and adding ruffles.

This is a non-profit organization. We didn't plan it that way but it is.

If you can keep your head in all this confusion, you just don't understand the situation.

THE LIGHTER SIDE OF DARKNESS

- by Dee Jackins

Dee is an avid square and round dancer, and enjoys writing. She shares the lighter side of some of her experiences, challenges and near disasters a sight impaired person.



More cooking bloopers in my kitchen! Oh, do we have fun or what? I never know for sure what the results are going to be.

Before I was totally blind and trying to adjust to partial sight, more than not I always thought I was progressing along slowly but surely.

Making lunches for the kids should have been an easy task but no, what do I do? I had made them a ham and cheese sandwich for lunch and when they bit into it, it was not breaking off very easy. After checking it out, my son asked me why there was still a "piece of saran wrap on part of the cheese?" Well what could I say? "I took it off but.guess some of it stayed on!"

Another time when I was making lunches again, I must have been distracted. They came home and complained that the bread was buttered on the outside. What was I doing? Since then I pay a little more attention when making these sandwiches. It got to the point that on April Fool's Day, I would do some of these things on purpose and make a happy face on the sandwich bag with a grease pencil. They still talk about these little pranks that took place every now and then, but they got even with me in their own way.

One night I decided to have veal cutlets for supper with all the trimmings. Everything was going along just fine - dip the veal into the flour, then egg, then crumbs, then into the pan. It smelled good, the gravy was ready along with everything else and it was time to eat. Well, veal cutlets are very easy to cut but why in the world was this one so tough? I took out a steak knife and took another stab at it. No luck. I turned it over and there it was! The soaker pad all nicely coated and browned but it was stuck to the cutlet. It kind of put a damper on things but it was still tasty.

Sometimes I have cereal for breakfast in the morning. This one time I was out of milk so I pulled out the container of almond milk and poured it on my cereal. What a rude awakening! One bite and I knew what I had done, and what a terrible tasting breakfast! The container of almond milk is identical to the container for

beef broth. I don't recommend it, it's very hard to swallow, literally!

Making pie crust is not one of my favorite activities, let alone using gluten free flour, but at times it has to be done. All the ingredients were set on the counter so I started to mix it up. As I continued rolling, adding more flour, adding more of this or that, it just got so sticky. Adding more flour wasn't helping, it just kept growing and growing and growing, harder and harder to manage. No matter what I added, it didn't help. Finally I decided to check the bag I was using for flour. Well no wonder, it was Zanhtan Gum not flour! What a mess! The counter was one mass of sticky goop and the so called ball of dough was now double in size. All I could think of was the movie by Alfred Hitchcock called "The Blob". Maybe Alfred would have been proud - I'd created my own monster.

Things have gotten a lot easier over the years. You just can't give up - keep trying, it can only get better. (Famous Last Words!)

Wisdom From the Walls of the Holiday Ranch

If you've ever been to the Holiday Ranch (Alberta's square dance mecca) east of Red Deer, you'll know that those walls talk! They are covered with quips, quotes, and funny sayings.

Don't confuse me with the facts. My mind is already made up.

There's no reason for it. It's just our policy.

The boss might not always be right, but he's always the boss.

Don't be unkind to your enemies - remember you made them.

Cheer up - the first 100 years are the hardest.

Slowly but surely I'm getting nowhere.

Conserve heat. Turn down your thermostat and hug somebody.

If you are grouchy, irritable or just plain mad there will be a \$10 charge for putting up with you.

I never get lost - everyone tells me where to go.

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CHATTER CLOSE-UP

Our Dance Community is an interesting mix of people, each with a story to tell. If you know of someone you would like to see featured in this section, email claudia.littlefair@amail.com and I would be happy to contact them.



HANS & KATHY CLUVER, Stettler

Hans was born in the northern part of Germany, in a small town near Hamburg.

After attending Ag. College and apprenticing on a farm, he decided to apply for a working visa, for one year. This was in 1965. He liked Canada and the people so much, he decided to apply for immigrant status, and eventually applied for Canadian Citizenship. He worked as a farmhand for five years, in the Castor area and saved enough to rent land and become independent.

I (Kathy) came to Canada in 1952, with my family, on contract to work on a sugar beet farm near Coaldale. We were refugees from Hungary, of German descent. We had been in refugee camps, until we were sponsored by the Lutheran Church to come to Canada. I moved to Castor, where Hans and I met. We purchased a farm south of Fleet (between Castor and Coronation) in 1975, and retired in 2008, in Stettler.

Ours was another of those "square dance romances". Hans came to take lessons in Castor in 1971. As I had taken lessons in 1970, I helped with the beginners. Our teacher at that time was Walter Mabbott. When our lessons were done, Hans asked me to accompany him to Alix, for their annual "Bean Supper", and that was the beginning of an almost 45 years of marriage. We got married in October of 1972. There were a lot of opportunities to square dance, as most of the surrounding towns had a square dance club. Some of the callers we danced to were: Art Calina, Harold Schacher and also Jerry Jestin and his sister Loretta (they were calling together at that time, and both in their teens.)

After getting married we lost contact with the square dance community, to concentrate on farming and raising a family. In 1990 we started square dancing lessons once more. Wendell Warman (who is no longer calling) gave some lessons in Alliance, and we have been square dancing ever since. Sadly a lot of the clubs we have danced with, have had to shut down, due to dwindling memberships and an aging sq. dance population. A few of the clubs we belonged to were: Kalico Kapers (exact spelling) the name of the Castor club. When we started dancing again in the 1990's we joined the Nebraska Knot

Heads (Nebraska was the name of the community hall a few miles north of Tees) until they had to disband due to a lack of membership. Our alternating callers of this club were: Leopold Langevin, Bob McMillan and Lorne Smith. We have some great memories of friends who have since passed away. After that we joined the Camrose square dance club where Allan Zwierschke was the club caller, and we had the opportunity to dance to many different guest callers, including Gary Winter, who was in his teens at the time.

Some members of the Brownfield community wanted to start a square dance club, and I contacted Allan Zwierschke to see if he would be interested in giving lessons. Lessons were started through the Paintearth Continuing Education Program. We started out with 3 squares, some of us were square dance angels. We are members of this club, and Allan is our Club caller. As most square dancers nowadays, at times we travel long, long distances, but the friendships we make at the different clubs, makes it all worthwhile. We hope to continue dancing for some time to come.

Aside from square dancing, in the summer Hans enjoys gardening and helping with farming whenever he gets a chance. In the winter he enjoys floor curling, bowling and cards. I do preserving and canning the things that Hans grows. I like to sew, mostly quilting. I also knit, crochet and do all sorts of crafts. We both try to keep in shape by walking whenever possible. Looking forward to seeing everyone in High River

CLUB CLOSE-UP

Swinging Spokes Wheelchair Square Dance Group Edmonton – by Ken Thomas



Editor's Note: Ken is a long time Edmontonian and wheelchair square dancer. He was born with a "different abling" condition called athatoid cerebral palsy. He graduated grade 12, doing all his work typing with a head

pointer on an electric typewriter. Since then, Ken has taken various accounting, personal development and computer courses. Currently he enjoys working with computers, designing programs and websites. He types with his nose because it's faster than a head pointer! In 1990 he moved into his own apartment, where he still resides today. To find out more about Ken's active life check out his website: www.backwheeler.ca.

Ken joined a wheelchair square dance club 40 years ago in 1976. After the wheelchair club closed in 2014, he joined

the Double Diamond Square Dance Club in Edmonton. The following is a report that Ken wrote about the club's history.

HISTORY OF SWINGING SPOKES Edmonton, Alberta 1976-2014

In the fall of 1976, shortly after the A.C.T. Recreation Centre in Rundle Park opened, the Paralympic Sports Association (P.S.A) who runs sports & recreation programs for their members with disabilities, was approached by June Yukin who had seen the "Wheeling Eights" wheelchair square dance group performing in Vancouver, asked if they would try to start a wheelchair square dancing program in Edmonton. Their answer was yes, and so our group got started. Our first caller was Ed & Bea Murry and we had ten dancers (one of which is still dancing today – me! Ken Thomas).

For several years after Ed retired from calling for us in the late 1980's our caller was Al Debby and his wife Peggy. Over the many years that followed our group learned and benefited greatly from Al's square dancing calling knowledge (of over 60 years) and the helpfulness of both Al and Peggy.

Over 37 years the Swinging Spokes had been wheeling around the dance floor. We had:

- traveled to and danced at all of the Canadian National Square and Round Dance conventions which are held every two years across Canada;
- attended wheelchair square dancing Jamborees across Canada and in the United States;
- put on square dancing demonstrations in nursing homes, shopping malls, pancake breakfasts in parking lots of grocery stores, and danced on Parliament hill;
- helped P.S.A. fund raise by selling Grey Cup Raffle tickets, working bingos and other activities to raise funds for their programs so that members and their attendants could travel too and participate in their sport/recreational activities in Edmonton and in other cities across Canada.

We had great support from the Edmonton & District Square Dance Association over the years. Many of their members had either donated and/or helped our group fund raise for our trips. Also many of them had come out to dance with us on a regular basis, which we all enjoyed immensely!

We had a lot of great fun and enjoyment learning new square dance moves and meeting with other wheelchair

square dancing groups from across Canada and even flew to a couple of cities in the U.S. to dance with wheelchair dancing groups.

Over the last several years that the Swinging Spokes danced, most of the dancers, because of their disabilities and age, either had to give up dancing or had passed away. We tried for years to find new dancers. Many beginners came and tried but found square dancing was just too exhausting physically or cognitively for them to continue. We had a few dedicated able body square dancers from other groups come and dance with us every week for about three or four years, which we were all grateful for because it meant we could keep dancing. In the summer of 2014 another of our long time dancers passed away which only left four of us wheelchair square dancers left. We as a group talked about what to do and decided it was time to fold because of lack of wheelchair dancers that really could square dance. This was a sad day because we enjoyed square dancing so much.

In the spring of 2013 (a year before the Swinging Spokes quit dancing) I was feeling bored and unchallenged doing the same beginner dance moves which I had been doing for years. So I talked to one of the able bodied dancers who danced with us for years (Evelyn McCacken) about the possibility of me coming to try dancing with the Double Diamond Square dancing group she danced with. To make a long story short, Evelyn talked to their caller, Ken Sipe, who said, "YES I could try." So in October, 2013 I started dancing with the beginner group and before long was dancing all evening with all the rest of the Double Diamond Dancers who have become my good friends! Ever since then I have been happily run/wheeling around the dance floor and hope to be dancing for many more years!

If any of you readers have not had a chance to see and dance with me in a square yet, I look forward to meeting you and dancing with you sometime in the near future. Do not be afraid! I have not wheeled over any dancers' toes YET BUT I GUESS THERE IS ALWAYS A FIRST TIME!

Worrying is like rocking in a rocking chair - it gives you something to do, but it doesn't get you anywhere.

Warning: I drive like you do.

FIVE FACTS ABOUT THE HIGH RIVER CONVENTION

Friday's Trail-In Dance, September 2, is not part of the Convention! The Convention officially starts on Saturday morning, September 3, with the Opening Ceremony, followed by the Showcase of Rounds. This showcase features all the rounds that will be taught over the weekend.

The Trail-In Dance is the responsibility of the area that is hosting the Convention – in this case, Calgary & District Square & Round Dance Association. Off times the Association will ask the Convention Committee to look after supplying the leaders. This can be done by a sign-up sheet and any caller or cuer can participate; or the Convention Committee will appoint specific leaders.

This year the host, Calgary & District, have hired callers and cuers for the Trail-in Dance. They are Jerry Jestin, Yuma AZ/Delburne, AB; Gary Winter, Edmonton; and Peter & Stella Tennant, Vernon, BC. Cost is \$5/person, payable at the door. As usual, all proceeds from the dance go to Calgary & District (not the Convention). Note: These leaders have also paid their registration fees to participate in our Convention. And, yes, all the leaders who attend Convention pay to call or cue for you!

Why an Annual General Meeting on Saturday afternoon, and do you really need to be there?? Of course you do! The AGM is an opportunity to see who has volunteered to take on the broader duties of our activity, and to hear what is happening on a provincial level. Whether you sit back and observe, or get in on some of the discussion, you'll come away a little better informed about our recreation. The Alberta Federation provides the seed money for all provincial conventions, and Federation bylaws state that the AGM is to be held in conjunction with the annual Convention. This allows for the maximum number of dancers and leaders to attend since they are already there for dancing.

There's a big difference between "Intros" and "Workshops" (see next page for 'Program-At-A-Glance'). The square dance levels offered at Convention are:

- 1. Mainstream
- 2. Plus
- 3. Advanced

A "Workshop" is attended by dancers who dance at the level that is designated (eg. "Mainstream Workshop" is for Mainstream dancers). The workshop will feature a specific call and work it from different angles.

An "Intro" means the dancer can dance the level <u>before</u> that level. Example: A Mainstream dancer could attend an "Intro to Plus", BUT not a "Plus Workshop" because they do not regularly dance the Plus program.

This year, we have several different kinds of intros - jive, contra, rectangle, triangle, kaleidoscope and line dancing. You do not need to have previous experience for any of these – just attend and enjoy learning something new!

The church service is not your "normal" church service! One of our long-time square dancers is also a minister, David Gilchrist from Didsbury, and he skillfully weaves our activity into his message. Regardless of whether you are a regular church attender or not, you'll find meaning in this custom-designed service.

In addition, a Memorial Service in memory of Alberta dancers who have passed away during the year, is held following the Church Service. This, too, is a meaningful, one-of-a-kind service that adds deeper meaning to your Convention experience.

It's never too late to register! You can even register for Convention on the day of. If you can only attend one or a few sessions, you can also pay per session. Costs per person are:

Full Weekend: \$50Per Day Rate: \$25

• Per Session Rate: \$10 (morning, afternoon, evening)

DOWNLOAD Convention Registration Form at www.squaredancecalgary.com REGISTRAR: Anne & John Godsman

232 Ranchwood Lane, Strathmore T1P 1M8
Ph: 403-827-7911 Email: 2016conv@gmail.com

I'm satisfied with my bifocals, my dentures fit just fine, I have my hearing aid turned up, but, Lord, I miss my mind!

HIGH RIVER CONVENTION 2016 PROGRAM-AT-A-GLANCE

TIME	MAINSTREAM HALL	PLUS HALL	FLEX HALL	ROUND HALL	
FRIDAY					
7:30 - 8:00 PM	TRAIL IN DANCE	S: Pre-ROUNDS			
8:00 - 10:00 PM	MAINSTREAM and	DI PLUS DANCES			
SATURDAY					
8:30-10:00 AM	Banner Parade Opening Ceremonies Show Case of ROUNDS				
10:10 AM- NOON	MAINSTREAM Dance with ROUNDS	PLUS Dance with ROUNDS	ADVANCED-to 11 AM Intro to LINE Dance-to Noon	Teaches: (1) CHA/MER (Ph. 4+2+1) (2) TWO-STEP (Ph. 2)	
NOON	LUNCH BREAK				
1:20 - 2:20 PM	ALBERTA FEDERATION Annual General Meeting				
2:30-5:00 PM	Intro to HEXAGON Dance Intro to TRIANGLE Dance Intro to KALEIDOSCOPE	PLUS Workshops (3) - To 4PM	MAINSTREAM Singers4PM PRESENTATION: Part 1 Promoting Dance - To 5pm	(3) TANGO (Ph. 3) (4) RUMBA (Ph. 4+2) (5) WALTZ (Ph. 2+2)	
5:00 PM	SUPPER BREAK				
	Saturday Night TH	EME DANCE in ALL H	ALLS: "BEACH PART	Y!!!"	
7:30-10:00 PM	MAINSTREAM Dance with ROUNDS	PLUS Dance with ROUNDS	ADVANCED Dance - To 8:30 PM	ROUND Dance	
SUNDAY					
9:00 AM	CHURCH & MEMORIAL SERVICE				
10:30-NOON	MAINSTREAM Dance with ROUNDS	PLUS Dance with ROUNDS	ADVANCED Workshop - To 11 AM Intro to CONTRA - To Noon	Teaches: (1) CHA (Ph. 4+2) (2) JIVE (Ph. 3+2)	
NOON-2 PM	LUNCH BREAK				
2:00-4:30 PM	Intro to RECTANGLE Dance MAINSTREAMWkshops(2) Intro to PLUS DBD vs. APD Dancing	HEXAGON Dance PLUS Workshops (3) Intro to ADVANCED	MAINSTREAM Singers - To 3:40 PM PRESENTATION: Part 2 Promoting Dance	(3) MAMBO (Ph. 3+2) (4) SLOW 2-STEP (4+1+1) (5) Intro to JIVE - To 5 PM No Experience Necessary	
4:30 PM	SUPPER BREAK				
Sunday Night THEME DANCE in ALL HALLS: "THE 50's - ROCK 'N ROLL!!!"					
7:30-9:00 PM	MAINSTREAM Dance with ROUNDS	PLUS Dance with ROUNDS	ADVANCED Dance - To 8:30 PM	ROUND Dance - To 10 PM	
9:00 - 9:30 PM	FINAL DANCE PA	ARTY - One Hall			
9:30-10:00 PM	CLOSING CEREMONIES				
10:15 PM	APPRECIATION BANQ	UET & AFTER PARTY			
MONDAY					
10:00 AM- NOON	Trail-Out MAINSTREAM Dance - To 11 AM OPEN DANCE (No Experience Necessary)-To Noon				