

September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Breakfast	Granola Bar or Cereal Bar Yogurt Fruit Milk	English Muffin or Bagel Fruit/Juice Milk	Frudel Wraps (fruit filled wrap) Fruit Milk	Breakfast Taco Roll or Breakfast Pizza Fruit/Juice Milk	Cereal Fruit Milk	1 
2 Lunch	3 No School	4 Ham Patty Melt or Corn Dogs Baked Beans Chips Fruit/Milk	5 Chicken Fajitas Potato Oles Fruit/Milk	6 Sloppy Joes Smiles Fruit Milk	7 No School	8
9	10 Burriots or PBJ Spanish Rice Black Beans Fruit/Milk	11 Chicken Nuggets Mac & Cheese Winter Blend w/cheese Fruit/Milk	12 Pepperoni Squares Corn Cookie Fruit/Milk	13 Salisbury Steak Potatoes/ Gravy, Gr. Beans, Roll Fruit/Milk	14 Italian Sub Sweet Potato Fries Fruit/Milk	15
16	17 Chicken Strips Scalloped Potatoes Fruit/Milk	18 Pizza Roni Candy Carrots Garlic Bread Fruit/Milk	19 Biscuts & Gravy or Fr. Toast Stix, Sausage, Tri Tater Fruit/Milk	20 Grilled Cheese Tomato Soup Veggies, Fruit/Milk	21 No Lunch Homecoming	22
23	24 Country Fried Stk, Potatoes & Gravy Gr. Beans, Dinner Roll Fruit/Milk	25 Orange Chicken or Chicken Nuggets, Rice, Peas Fruit/Milk	26 No School P/T Conferences	27 Chili Cinnamon Rolls Carrot Sticks Fruit/Milk	28 Super Nachos Refried Beans Lettuce Fruit/Milk	29



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