

# South Platte Breakfast/Lunch Menu

January 2019

## Breakfast Menu



Monday:  
Bagel or Blueberry  
Muffin  
Yogurt  
Fruit/Milk

Tuesday:  
Pop Tart or  
Cheese Omelet  
Toast  
Fruit/Milk

Wednesday:  
Oatmeal or  
Long John  
Toast  
Fruit/Milk

Thursday:  
Breakfast Pizza or  
Taco Roll  
Fruit/Milk

Friday:  
Cereal Bar or  
Cold Cereal  
Toast  
Fruit/Milk



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday					
			1 No School	2 No School	3 Burrito or PB&J Spanish Rice Black Beans Fruit	4 Orange Chicken or Chicken Nuggets Rice Peas Fruit/Milk	5 12				
6	Tacos Refried Beans Muffins Fruit Milk	7	Ham & Cheese Or Egg Salad Sand Soup Fruit Milk	8	Country Fried Steak Mashed Potatoes Green Beans Dinner Roll Fruit/Milk	9	Chicken Alfredo Corn Dinner Roll Fruit Milk	10	Ham Patty Melt or Corn Dog Sweet Potato Fries Fruit Milk	11	12
13	Hamburgers French Fries Fruit Milk	14	Crispitos or PB & J Spanish Rice Black Beans Fruit Milk	15	Chili Cinnamon Rolls Carrot Sticks Fruit Milk	16	Breakfast Burrito or French Toast Stix Tri Taters Fruit/Milk	17	Popcorn Chicken Rice Pilaf Broccoli & Cheese Fruit Milk	18	19
20	Chicken & Noodles Cooked Carrots Dinner Roll Fruit Milk	21	Pepperoni Squares Corn Fruit Milk	22	BBQ Sandwich Baked Beans Fruit Milk	23	Chicken Fajitas Potato Oles Fruit milk	24	Lasagna Rollups Meat Sauce Garlic Bread Raw Veggies Fruit/ Milk	25	26
27		28	Super Nachos Refried Beans Cookie Fruit Milk	29	Pizza Corn Fruit Milk	30	Chicken Party Sand Winter Blend w/Cheese Fruit Milk	31	This Institution is a Equal Opportunity Provider		