

# South Platte Breakfast/Lunch Menu

## March 2019



| Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|--|--|--|---|--|
| Bagel or Blueberry Muffin<br>Yogurt<br>Fruit<br>Milk   | Pop Tart or Cheese Omelet<br>Toast<br>Fruit/Milk   | Oatmeal or Long John<br>Toast<br>Fruit<br>Milk   | Breakfast Pizza or<br>Taco Roll<br>Fruit<br>Milk  | Cereal Bar or Cold Cereal<br>Toast<br>Fruit<br>Milk  |
| <i>This institution is an equal Opportunity provider.</i>  |  | Menu is subject to change.   |   | 1. BBQ Sandwich<br>Baked Beans<br>Chips<br>Fruit & Veggie Bar<br>Milk  |
| 4. Crisritos or PB&J<br>Black Beans<br>Fruit & Veggie Bar<br>Milk<br><i>Penny Carnival Tickets Sales Begin</i> | 5. Chicken & Noodles<br>Mashed Potatoes<br>Candy Carrots<br>Dinner Roll<br>Fruit & Veggie Bar<br>Milk  | 6. Grilled Cheese<br>Tomato Soup<br>Fruit & Veggie Bar<br>Milk                           | 7. No School<br><br> | 8. No School   |
| 11.No School<br><br>       | 12. Hamburger<br>French Fries<br>Fruit & Veggie Bar<br>Milk  | 13. Super Nachos<br>Refried Beans<br>Muffins<br>Fruit & Veggie Bar<br>Milk               | 14. Chili<br>Cinnamon Roll<br>Raw Veggies<br>Fruit & Veggie Bar<br>Milk                               | 15. <i>South Platte Penny Carnival</i><br><br>Pizza<br>Corn, Jello Apple Sauce<br>Fruit & Veggie Bar, Milk |
| 18. Meatball Sub or Corn Dog<br>Sweet Potato Fries<br>Fruit & Veggie Bar<br>Milk                               | 19. Country Fried Steak<br>Mashed Potatoes<br>Green Beans<br>Dinner Roll<br>Fruit & Veggie Bar<br>Milk | 20. Pepperoni Squares<br>Cooked Carrots<br>Fruit & Veggie Bar<br>Milk                    | 21. Popcorn Chicken<br>Rice<br>Peas<br>Fruit & Veggie Bar<br>Milk                                     | 22. Spaghetti W/Plain or Meat Sauce<br>Garlic Bread<br>Fruit & Veggie Bar<br>Milk  |
| 25. Burritos or PB&J<br>Black Beans<br>Spanish Rice<br>Fruit & Veggie Bar<br>Milk                              | 26. Pizza Roni<br>Peas<br>Garlic Bread<br>Fruit & Veggie Bar<br>Milk                                   | 27.  | 28. Chicken Fajitas<br>Potato Oles<br>Fruit & Veggies<br>Milk   | 29. Ham & Cheese or Egg Salad Sandwich<br>Soups<br>Fruit & Veggie Bar<br>Milk  |