Rejuvenation Spa

1380 Upper Hembree Road Roswell, GA 30076 770-475-3922

**FILLER POST TREATMENT CHECKLIST**

**\*Please observe the following after treatment with Restylane, Juvederm, & Collagen\***

* Apply ice to any sore or swollen area for 24-48 hours.
* Do not press or massage the injected site.
* After lip augmentation; try to minimize movement for the first 48 hours.
* Follow up in 4-6 weeks to check for corrections or to touch up results
* Avoid touching the treated area for six hours following treatment. After that, the area can be gently washed with soap and water.
* Until the initial redness and swelling have resolved, avoid exposure to the treated area to intense heat (sun lamp or sun).
* If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another recurrence.
* Avoid taking aspirin, non-steroidal anti-inflammatory medications, St. Johns Wort, and high doses of Vitamin E supplements for one week after treatment. These agents may increase bruising and bleeding at the injection site.
* Avoid exercise and alcohol for six hours post-treatment.
* Evidence shows that having a follow treatment before the product has fully dissipated will enhance the lasting effect.
* An appointment for a follow up visit must be made within seven to ten days in order to ensure consistency of the product with the skin. At this visit the practitioner may apply pressure to the treated area to adjust the product and prevent a granuloma.
* Call with any questions or concerns 770-475-3922