## Girls Camp Packing List

We will leave Wednesday morning and return Saturday morning. Please pack accordingly.

Please label your bags and gear (cots, camp chairs, etc) by ward and name.

Please eat breakfast at home Wednesday morning.

#### **CLOTHING**

All clothing worn should follow the guidelines given in the <u>"For the Strength of Youth"</u> manual.

Pants or Shorts to the Knee

**Shirts** 

Underwear

2 Pairs of closed toe shoes

Socks

Sweatshirt/Warm Jacket

Rain Jacket/Poncho

Pajamas

#### **HYGIENE**

Tooth Brush/Tooth Paste

Deodorant

Body Wash/Soap

Shampoo

Sun Screen & Chapstick

Insect Repellant

Wash Cloth/Wet Wipes

Towel

Comb/Brush

Feminine hygiene supplies

### **EQUIPMENT**

Hat/Sunglasses

Flashlight

Camp Chair

Scriptures/Journal & Pen

Sleeping Bag

Pillow

Sleeping Pad

# Things to Consider:

Items not on this list should be left at home. If you have questions please contact your ward rep.

Medical staff will be on-site and can store and administer medications, if requested. Otherwise, youth are responsible for their own medications.

Spending money will not be needed at camp or during travel. Please leave all valuables at home.

Name should be written on any piece of equipment that may be mistaken for someone else's.

Youth should not bring or keep food in their bags/tents.