

aURa prismatic

Holistic Coaching New Client Intake Form

Section 1: Contact Information

NAME: _____

CELL PHONE: _____

EMAIL: _____

DATE OF BIRTH: _____

ADDRESS: _____

Emergency Contact

NAME: _____

PHONE NUMBER: _____

Section 2: Coaching Agreement

What a Holistic Coach Offers:

Holistic Coaching is a partnership between the coach (me) and the client (you) where the coach supports your efforts toward a more meaningful and fulfilling life. Holistic Coaching philosophy views the entire person as an integrated WHOLE, understanding that all facets of a person's life are inextricably intertwined. In addition to the well-known and commonly discussed elements of mind/body/spirit, other extremely important life factors are also taken into consideration in holistic coaching. These include relationships, finances, health, and work/career, etc.

Your Role in This Process:

Holistic Coaching leads clients to their own understanding. Therefore, you will be coming to your own conclusions about where you're heading and who you want to be. That's what makes it so fun!

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What Holistic Coaching Is Not:

Coaching is not counseling. Coaching is not therapy. Holistic Coaches are not clinicians, so they don't diagnose or prescribe. They are not mental health professionals, so they don't analyze or treat. They coach which means that they support, encourage, inspire, and guide.

Please sign below and we will begin this great adventure!

Client Full Name:

(Print)

Client Full Name:

(Sign)

Date:

Confidentiality Agreement

- The Receiving Party, aURa prismatic, agrees not to disclose, copy, clone, or modify any confidential information related to the Disclosing Party and agrees not to use any such information without obtaining consent.

"Confidential information" refers to any data and/or information that is related to the Disclosing Party, client, in any form, including, but not limited to, oral or written. Such confidential information includes, but is not limited to, any information the client or disclosing party has shared about his/her personal life including family, friends, and self. The only time the receiving party can legally share information is if the disclosing party is contemplating harm to self or others, or posing a threat in any way to the community. Then the receiving party would be obligated to contact proper help in that situation