



# PROVIDENCE PRESBYTERIAN CHURCH OF BUSTLETON



Providence Presbyterian Bustling's

Sunday, July 30, 2023 Issue No. 166

**July 30, 2023 Ninth Sunday After Pentecost**  
**"Drink no longer water, but use a little wine for thy  
stomach's sake and thine often infirmities."**  
**~ 1 Timothy 5:23 ~**



## *Finding a Peaceful Retreat*

*Tatiana — Centreville, Virginia - April 22, 2008*



Lifestyles can be hectic and stressful; therefore, I believe that taking a break from a busy lifestyle is necessary in order to keep one's sanity. I believe that everyone should

have at least one place in the world that they can go to, where the peacefulness of their surroundings helps them to truly relax and rejuvenate their souls. Vacations were made for this purpose, but unfortunately, some vacations only add to the stress level, rather than alleviate it. For me, a true vacation means going somewhere peaceful, where my spirituality becomes one with the nature around me.

There are two specific places for my ideal peaceful vacation retreat, Machu Picchu, Peru and Ontario, Canada. I have had the pleasure of visiting Machu Picchu twice in my lifetime; both times, it has blown me away with amazement and pride in my native ancestors and my Hispanic culture.



Each time I climb the mountainside and turn to see the historical city of the Incas appear, as if out of nowhere, my breath is taken away by the splendor of the site. As I begin to

walk through the city looking at the enormous rocks that were used as walls, I begin to feel cold, wet moisture in the air, only to realize that I am walking through a cloud as a result of the altitude that I am at. When I look all around me, at the amazing beauty of the mountains surrounding me, the clouds floating by me, the ancient structures still intact; I feel tears streaming down my face and ask myself, "Am I in heaven?" After leaving there, I feel rejuvenated, a sense of peace, and spiritually closer to God.

My second favorite vacationing location is at a lake house in Ontario, Canada. At night, when I look up at the sky, the amount and clarity of the stars are breathtaking. In a matter of fifteen minutes, anyone can easily count at least ten different shooting stars that they saw. Animals such as jack rabbits, squirrels, raccoons, wolves, mice, loons, hummingbirds, woodpeckers, and small bears peacefully roam the woods all around the lake house, paying no attention to the people that are there, and causing no harm to them either.

Although it may seem unrealistic, the animals are so peaceful, that it makes me feel as if I am Snow White and all the animals are my friends. The only thing to do there is relax and get closer to nature. It is very easy to get caught up in all of the hustle and bustle of the world, but everyone owes it to themselves to have some relaxation time as well.

Without vacations, people live more stressful lives, causing potential damage to their health. Although I may not be able to take these special vacations every year, I still believe that having taken them at least once in my life replenishes my soul, and will help me to lead a longer, healthier, and happier life.



*Sunset: Aurora, NY 7/25/2023*



## Providence Presbyterian Church

*I was glad when they said unto me, Let us go into the house of the Lord*



## Providence Presbyterian Bustling's

Sunday, July 30, 2023



Prayer Requests

Prayer Requests will be added each week by your requests, and will run for two weeks unless a request to continue is received.



### God's healing presence:

Fritz Wainwright, Eleanor Hathaway, Jean Miller, Joseph Celkupa,  
Direction and strength for Polly caring for her son-in-law Donald & her daughter Ava who is in hospice,  
Heidi Bonwell's father Robert and her sister, Kristen.  
Sheila Zier's daughter Brittany  
For Chuck & Ginny's son Eric  
For Jack Harkins remaining cancer free  
For Liz's mom Cynthia undergoing chemotherapy  
For Carol Shore's continued recovery from back surgery. Her pain is gone, but the recovery will take some time.  
For Suzanne Hutchinson, Jerrie Glass, & Alice Garman  
For Beth McDaniel being treated for a brain tumor  
For Payton Buck recovering from a broken hip  
For Alan's daughter, Krista following her medical procedure this week.

### God's comfort:

[For the people of Ukraine](#)  
For Bev coping with the passing of her friend Mary

### For God's Guidance and Assistance:

Pastor Inna's mom and family in Kiev  
For Pastor Inna & our Session  
For a successful job search for Jess  
For Liz preparing for baptism in August

### In thanks and praise to God:

For Carol & Steve Shore's 55th wedding anniversary  
For Rick & Jane Cheslo's 28th wedding anniversary  
For faith to see the miracles & wonders all around us  
From Polly for the support of her church family and God's protection in her journeys.

### Traveling Mercies:

Holy Father,

Thank you for being the rock upon which we can build our lives. Thank you for being our fortress, my refuge, and our salvation. Lord, we need strength to continue to pursue the race before us. We ask for happiness, boldness, and strength every day. While we know there will be hard times, we also know that with You, all things are possible. We wish to live a life that is full, and is a testimony to Your goodness. Empower us to do so, and help us to find both joy and happiness while doing so, even through hardship. In the name of Jesus, we pray, Amen.





## Inna Moment



*"I am the light of the world; he who follows me shall not walk in the darkness but shall have the light of life." ~ John 8:12*

***I am the Light*** by **Malcolm Guite** (<https://malcolmguite.wordpress.com>)

I see your world in light that shines behind me,  
Lit by a sun whose rays I cannot see,  
The smallest gleam of light still seems to find me  
Or find the child who's hiding deep inside me.  
I see your light reflected in the water,  
Or kindled suddenly in someone's eyes,  
It shimmers through the living leaves of summer,  
Or spills from silver veins in leaden skies,  
It gathers in the candles at our vespers,  
It concentrates in tiny drops of dew,  
At times it sings for joy, at times it whispers,  
But all the time it calls me back to you.  
I follow you upstream through this dark night,  
My Savior, source, and spring, my life and light.



Providence Presbyterian Church

*I was glad when they said unto me, Let us go into the house of the Lord*



Mark your calendars and prepare yourself for a good time! Ginny and Chuck will be hosting our Annual Church Picnic at their home on August 20<sup>th</sup>. Time 2:00 pm; Dinner 4:00 pm.

Those who last names are between

A-M please bring a side dish.

N-Z please bring a dessert

Also do not forget to bring the most important thing: your bathing suit, towels and chair to cool off in the warm salt water pool. **Good times, good food, and great company!**



## RECYCLE BEYOND THE BAG

Recycle your household bags & wrap into Trex's Earth-friendly composite decking and railing!



### FROM THE STORE

✓ Produce bags

✓ Store bags

✓ Ice bags



### FROM YOUR PANTRY

✓ Ziploc® & other reclosable bags

✓ Cereal box liners

✓ Case overwrap

✓ Bread bags



### FROM YOUR FRONT DOOR

✓ Newspaper sleeves

✓ Dry cleaning bags

✓ Bubble wrap

✓ Plastic e-commerce mailers



Plastics must be clean, dry and free of food and organic residue



NexTrex

[trex.com/recycling](http://trex.com/recycling) 1-800-Buy-Trex

**We are still collecting plastic bags from the store, your pantry and your front door, i.e. produce, store, and ice bags; Ziploc & other recloseable bags, cereal box liners, bread bags; and newspaper sleeves, dry cleaning bags, and bubble wrap, for a recycling project. Please see Michelle Cox for details.**





Providence Presbyterian Church

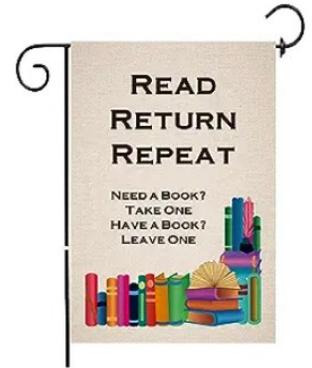
*I was glad when they said unto me, Let us go into the house of the Lord*



## Presbyterian Women

• There will be no Bible Study during the summer months of July and August. Bible Study will resume September 5 and will study Last Women of the New Testament

- October 3 – Begin study of Women of the Old Testament.
- August 14 @ Villa Mannino (Rt 130, Bordentown)
- The PW are inviting everyone to donate some of your favorite Christian books, either fiction or nonfiction, to start a lending library in the CE Building. It will be a take one leave one arrangement. There is not much room so if you can just bring in a few special ones we will have a good start. There is a small bookcase by the craft table so come for a look starting next week. We appreciate your help in supporting our new project.



We are holding a peanut butter drive for the Burlington County Food Bank. Kindly contribute. A box will be provided in the back of the church.



Yoga / Zumba Classes in the CE building

Yoga – Instructor: Sue.

Held every Monday morning: 8:30 – 9:30am

Zumba – Instructor: McCleese

Held every Monday evening: 6 – 7pm (Zumba Toning)

Tuesday morning: 9 – 10am (Zumba Gold)

Friday morning: 9 – 10am (Zumba Toning)



# Vacation Edition



*"Yes, we're hauling my grill the 20 miles to the lake. I'm not cooking fish on some cheap frying pan!"*

Reggie

BY JEN de OLIVEIRA



@JENdeOART

## STONE SOUP

BY JAN ELIOT

