



# PROVIDENCE PRESBYTERIAN CHURCH OF BUSTLETON



**Providence Presbyterian Bustling's**

Sunday, May 9, 2021 *Issue No. 58*

**Greetings! Today is Sunday, May 9, 2021,  
The Sixth Sunday of Easter.**

Thursday is Ascension Day. Ascension Day is celebrated on the 40th day after Easter Sunday, and it commemorates Jesus Christ's ascension into heaven from Mt. Olive near Jerusalem. Jesus promised the disciples that they would soon receive the Holy Spirit, and asked them to remain in Jerusalem until the Spirit had come. As he blessed them he began to ascend into heaven to take his seat at the right hand of God. The Ascension is meaningful as it signifies the end of his work on Earth and allowed him to prepare a place for followers in heaven.



## Made For Walking

Joy N. Hensley - Buena Vista, VA - June 15, 2015



I wake up, the sun warming my face each morning, slowly open my eyes, stretch my muscles, and allow my body to slip into the day as it would slip into an evening bubble bath. The sounds of crickets, birds, and the morning wind ease my mind into quiet alertness.

Today is going to be another great day on the Appalachian Trail.

I pick up my forty-pound pack and heave everything I need to survive onto my back. I carry my bed, my food, my clothes, my library. I do not worry about bills, what is going on in the world, or how I am going to get to work tomorrow. Hiking is my work, my feet the transportation. Dinner is simple and quick: boil water, insert tuna and instant potatoes. I rise with the sun each morning and crawl, exhausted, into my sleeping bag with the moon each night.

Nothing is hard. Nothing is complicated. The silence of the woods embraces me, and I, it. The amazing thing about life on the trail is how much you learn about yourself—about what it really takes to survive.

After my life on the trail, when the simplicity of living for the simple purpose of putting one foot in front of another disappeared, I found myself once again caught up in the world. Television shows, movies, the endless feed of news—I had to know anything and everything. No longer could I spend quiet afternoons with my feet in a stream or evenings around a crackling fire, talking about the miles behind and the miles that still lay ahead. Everyday life rushed back into me like a waterfall and I felt myself drowning. I needed coffee to survive. I needed addictions.

What I really needed was the Trail again.

You cannot make it a day, better yet, a mile, on the trail without friendship and family. Even more important than food and shelter, which can be found along the trail, you must have support.

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on Page 3...*





# Providence Presbyterian Church

*I was glad when they said unto me, Let us go into the house of the Lord*



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Prayer Requests

Prayer Requests will be added each week by your requests, and will run for two weeks unless a request to continue is received.

### God's healing presence:

- For **Ginny Heal** home recovering from cardiac issues
- For **Helena Popso** dealing with a Covid infection
- For continued prayers for **Wendy Kasper**

### God's comfort:

- For those who serve as caregivers
- For those who support the elderly and the homebound
- For those in need of God's guiding presence
- For Polly Grobelny's daughter **Eva** dealing with chronic pain
- For the family of **George Eaton** upon his recent passing
- For Robin McCarter on the passing of her mom, **Betty Jenkins**
- For Barbara Hammell's cousin **Martin Gaffney** who passed away to join his family in Heaven

### God's Guidance:

- For all Class of 2021 Graduates

### In thanks and praise to God:

- For Carol Shore's brother **Allan Eckert**, who is home from the hospital and doing better
- For good shepherds in our pulpit

From Becky Jensen – For continued prayers for the PNC as they carry on their mission.

God's blessing to all who sacrifice their time and talent to keep our church active in the community and open for worship.



## Mom's Poppyseed Cake

Betty Jenkins

*"A family favorite for birthdays!"*

- |   |                                    |
|---|------------------------------------|
| 3 C flour   | 4 eggs                             |
| 1/2 t salt  | 13 oz. can evaporated milk         |
| 1 1/2 t baking soda   | 1 t vanilla                        |
| 2 cups sugar  | 1 jar Baker's poppy seed           |
| 8 oz. vegetable oil (10 oz. will make it<br>moister - must bake an extra<br>15 minutes) | 1 C chopped nuts<br>Powdered sugar |

Preheat oven to 350. Grease and flour bundt pan. Sift dry ingredients. Add liquid ingredients until smooth. Add poppy seed and chopped nuts then mix 2 minutes on medium speed. Bake for 50-60 minutes. Cool for 5-8 minutes- remove from pan. When cool, sprinkle with powdered sugar.





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### Walking continued...

Without my family and my hiking companions I could not have survived. The trail became my home to which I still cling ten years later. When the clutter of my life becomes too much, I throw on my pack and head home, to the woods. Where the crush of leaves underfoot is more welcome than honking horns. Where trail mix and ramen noodles give me more pleasure than a steak. Where my sleeping bag and the cool ground under my head soothe me more than a bed in any five-star hotel.

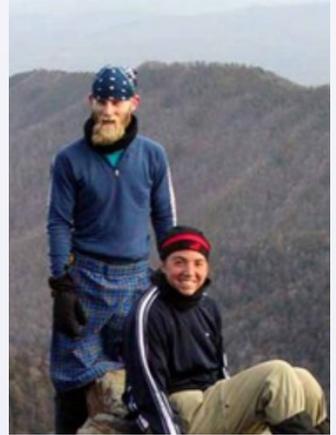
The trail is honest. It is not easy. It does not treat you well. But if you work, if you put in good, honest, back-breaking, brow-sweating, leg-tiring work, you will reap the rewards. The vistas are prettier, the water always cooler, when you earn it instead of buy it.

Everything I need in life I can carry in my memories, my heart, and on my back. The rest is just clutter.

### This I believe.

Joy "Xena" Hensley may have complained about the cold, but never about the weight of her pack, which earned her the trail name Xena, Warrior Princess. After finishing 600 miles of the Appalachian Trail, she married fellow thru-hike attempter, Bloody Cactus. Now, they live in Virginia with their two young thru-hikers-in-training, two crazy dogs, and a gaggle of chickens, dreaming of the day when they can hit the trail as a family. She is a former teacher and full-time writer. Her first book, Rites of Passage, is available now from Harper Teen.

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# COMMUNITY YARD SALE

Providence Presbyterian Church  
2087 Old York Rd. Florence, NJ, 08016

Saturday May 15<sup>th</sup>  
8 AM—2 PM  
Rain Date May 22<sup>nd</sup>



**\$\$\$\$ COME SELL YOUR STUFF  
TAKE YOUR MONEY HOME  
WITH YOU \$\$\$\$\$**

Reserve A Table By May 13  
Call 609-499-2753 OR 609-387-8060



Come Rent  
A Table for  
\$10

**LIVE MUSIC  
LOCAL  
String Quartet!  
11:00**

*Providence Presbyterian Church  
Craft Fair*



Enjoy The Day  
Please Wear A  
MASK



