



# First Church Tucson Weekly Digest

First United Methodist Church  
915 E 4th St, Tucson, AZ 85719  
[www.firstchurchtucson.org](http://www.firstchurchtucson.org)

1.11.2022

First Church Tucson is an inclusive multi-ethnic faith community and a reconciling congregation of the United Methodist Church.

Established in 1879 as the first Protestant church in our city, First Church Tucson continues to pave the way in creating a faith community that embraces all peoples into the grace of God.

As a courageous family of faith, we celebrate the diversity of all God's children, welcome everyone to share in God's love and grace, and offer a sanctuary of hope.

We seek to be in ministry with all God's people, regardless of gender, race, age, class, ethnicity, culture, country of origin, ability/disability, gender identity, and sexual orientation.

We welcome you to join in our journey of faith through worship, prayer, Bible study, and service for social justice and ministries of compassion.

At First Church Tucson,  
You have a home.  
At First Church Tucson,  
You have a family of faith.  
At First Church Tucson,  
You belong.

## “Celebration of Beatrice’s 98<sup>th</sup> Birthday!”

By Pastor Ko

Blessings in the name of Jesus Christ,

I hope and pray that you are doing great in your daily life journey. I am so grateful to know a wonderful and faithful woman, Beatrice Humphrey. She is the mother of Joyce Holloway and Chuck Humphrey. Both of them are our faithful congregation members as well. Beatrice is turning 98 years old, which is an amazing thing we can celebrate. I am sure not everyone would have the opportunity to be older than 95 years. She has only two more years to turn 100. She always humbled herself to be as she is by the grace of God, praising the Lord all the time.



Top: Beatrice Humphrey turned 98 on January 11.



Bottom: Joyce, her daughter, serving food.

As her health declined, Chuck and Bea decided that she would be relocated to an assisted living facility with 24-hour care.

(cont. pg 2)

## Celebration of Beatrice's 98<sup>th</sup> Birthday! (cont.)

Now, she is at the Ranch Estates of Tucson, where she loves to stay with good caregivers. I can't imagine Bea's life journey for 98 years: how well she has faced all the challenges and threats, how bravely she has fought for her rights to protect and raise her children, and how faithful she has stayed to keep her going as a woman, wife, mother, and church member.

It is a privilege for me to observe all the old and faithful people and their amazing life journeys, which will remain their legacy and pass on to the next generation of their family and their faith community. I would like to remind all of you that we are so lucky to have all great and faithful ancestors, great-grandparents, spiritual mentors, and leaders for the past hundred years and decades.

I am sure that there are so many Beatrices in your life, or even yourself. Some people say, "Life is long." Others say, "Life is short." It doesn't matter whether life is long or short. We are living in the present to be the light and salt in the world. Once our many days are filled up like Bea, our future would be great, and those precious moments influential for so many others.



Left: Chuck, Joyce, and Beatrice  
Right: Gifts for the guests made by Joyce

As Magi traveled to look for the light, I invite all of you to remember that God calls us to be the light in the world, as carrying the light into the darkness, rather than extinguishing it. Celebrating birthdays never ends! It continues as our life journeys.

**“Trust in the Lord with all your heart, and do not rely on your own insight. In all your ways acknowledge him, and he will make straight your paths.” (Proverbs 3:5-6)**

“너는 마음을 다하여 여호와를 신뢰하고 네 명철을 의지하지 말라. 너는 범사에 그를 인정하라 그리하면 네 길을 지도하시리라” (잠언 3장 5-6절)

Also, please check out the order of worship in this weekly digest since we haven't printed out our bulletin every Sunday. If you have any concerns or suggestions, feel free to contact me at [pastortucsonfirstumc@gmail.com](mailto:pastortucsonfirstumc@gmail.com).

With God's new plan and blessings,

Pastor Eun Young Ko

THIS WEEK'S  
ANNOUNCEMENTS & GATHERINGS

**SUNDAY MORNING HYBRID SERVICE**

There are two ways for you to participate in our 10AM hybrid online/in-person Sunday Service.

**YouTube:** Join us Live! on our channel. Visit <https://www.youtube.com/c/TucsonFirstUMC>.

**In-Person:** For those of you who are well and fully vaccinated, join us in the Sanctuary.

**NOTICE:** Due to the new COVID-19 variant cases that are emerging, our safety guidelines have been updated. Please see below:

- Masks are required to be worn by everyone inside the church building, and social distancing is still in effect (min. 6 ft between family groups).
- If you are not yet fully vaccinated or are immuno-compromised, we very strongly recommend that you watch the YouTube livestream rather than attend in person.
- Choir members are required to be fully vaccinated and masked in order to sing for the congregation during the service.

\* \* \*

한국어 사역

주일 오전 11시 30분에 한국어 예배가 현장예배와 온라인예배로 진행됩니다.

기도와 참여 부탁드립니다.

금요일 저녁 7시에 성경공부 모임이 줌으로 진행됩니다.

Youtube 주소는

<https://www.youtube.com/c/TucsonFirstUMC>

[Meeting ID: 998 6112 0822](#) Passcode: 6226481

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**WEEKDAY ONLINE GATHERINGS**

**Women on a Spiritual Quest (WSQ)**

-WSQ meets on Mondays at 4:30PM in the church library. The group's new book is "Living a Chocolate Life" by Deb Burma.

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**All God's Creation (AGC)**

-AGC is meeting on Tuesdays at 3PM. The group will be reusing last year's book, "All God's Creatures: Daily Devotions for Animal Lovers 2021."

[Meeting ID: 994 3610 1655](#) Passcode: 6226481

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**Chancel Choir**

-Practice is on Wednesday at 6:30PM in the Sanctuary.

-Rehearsal is at 9AM before the Sunday worship service.

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**Progressive Book Study (PBS)**

-If you like challenging your understanding of the meaning of life, join our book study on Thursdays at 2:30PM. Our current book is "The God You Didn't Know You Could Believe In" by Dr. Jeffrey Frantz. We will continue to meet online for a while, hoping to eventually meet in person.

Questions? Call Rev. Gaston at (520) 323-1611

[Meeting ID: 980 1573 8087](#) Passcode: 6226481

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Not seeing something of interest?  
We'd love to hear from you. Let's talk.  
Contact [pastortucsonfirstumc@gmail.com](mailto:pastortucsonfirstumc@gmail.com)

## GIVING TO FIRST CHURCH TUCSON



When you attend Sunday services in person, the offering box is in the narthex for your generous giving. Head to our website [www.firstchurchtucson.org/give](http://www.firstchurchtucson.org/give) to give online. As always, you can mail in checks to the church office at the address printed on the front page. Alternatively, have your IRA advisor automatically make payments from your IRA.

**When we give to God from our hearts, it is always enough.** We see you, and we thank you for your commitment to making a difference in our community.

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## PRAYERS FOR OUR COMMUNITY

We offer our prayers for those in our community who are suffering, who are physically, mentally, & emotionally unwell, and for those caring for them.



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We offer our prayers for these sister faith communities:

Duncan UMC  
San Pedro Valley UMC, Benson  
UMC of the Good Shepherd, Kearny

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### UPCOMING

#### **BIRTHDAYS AND ANNIVERSARIES**

Beatrice Humphrey (Jan 11)  
Bob Hansen (Jan 17)  
Michi Michalsky (Jan 18)

Chang Koo (Jan 20)  
Bill Bensema (Jan 23)

*(If we have missed your birthday or anniversary, please let us know so we can update our records!)*

#### **Walk-in Vaccinations Available on U of A Campus:**

Wednesday January 12, 10AM-5PM

In partnership with the Pima County Health Dept., walk-in vaccinations of Pfizer, Moderna, and J&J will be offered on-campus at the **Davis Sports Center** ([640 N National Championship Dr, Tucson, AZ 85719](http://640.N.National.Championship.Dr.,Tucson,AZ.85719)). Open to all, ages 5 and up; no appointment needed.

If you haven't gotten vaccinated and/or boosted yet, this is a great opportunity to do so!

For more information, please visit <https://health.arizona.edu/covidvaccine>.

**COIN SUNDAY**  
JANUARY 30TH, 2022

Every 5th Sunday of the month, we do a special offering collection for a worthy cause. January's Coin Sunday offering will go to Subuiga Methodist Church in Kenya, Africa to support its congregation and its HIV/AIDS ministry.

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## **SUBUIGA METHODIST CHURCH IN KENYA, AFRICA**

*By Shirley Murray*

My husband, Glen, and I took a group of folks from a church Glen had served in Hawai'i on a tour to Kenya, Africa, in 2005. One Sunday while we were there, we asked our tour guide if he knew of a Methodist Church nearby. He found one just south of Meru. When we arrived we saw a small shack with a group of children exiting the front door. It was the Subuiga Methodist Church. We were invited to go in and the children who had just finished Sunday School came back in and sang songs for us and we stayed for the service following.



There was no glass in the windows, the pews were wooden benches, and the walls were the same wooden boards that formed the outside walls. After the service, we were warmly welcomed by all and thus began a relationship that continues to this day. We asked them if there was any way we could assist them and the "Servant Evangelist," Daniel, told us of the hope they had to build a new church. When we returned home we enlisted the help of Tucson UMC and several other UMC congregations to contribute to the building project and over the next few years it became a reality and they built a new church building.

When the HIV/AIDS epidemic became devastating in Kenya, they expanded their outreach to developing an HIV/AIDS ministry, which Brother Daniel now coordinates, working with children, youth, and others throughout the region.

May our congregation continue to support our worldwide Christian family.

## January Meet'n'Eat

This is a fellowship time to visit with each other and see old and new friends.  
All are welcome--everyone is invited!

The next Meet'n'Eat is this Friday, **January 14 at 11:30 AM** at the Olive Garden on the northeast corner of Oracle/Wetmore ([300 W Wetmore Rd, Tucson, AZ 85705](https://www.google.com/maps/place/300+W+Wetmore+Rd,+Tucson,+AZ+85705)).

If you're interested in coming, please let Shirley Murray know by Wednesday, Jan 12th by calling her at (520)297-4796 so she can reserve enough tables at the restaurant.

## SUNDAY COFFEE/SOCIAL TIME

We have fellowship time with coffee and snacks after the English worship service. Please observe the following rules:

1. Masks are to be worn when not eating or drinking--please stay masked while chatting.
2. Tables have been set up with **only 5** chairs to ensure there is adequate social distancing and **must** remain this way.
3. Food will be limited to finger foods like cookies, doughnuts and crackers or chips. Utensils must be used to pick up food from serving trays, **DO NOT** use your fingers.
4. Coffee and water will be the beverages for now.

If these rules are observed, we will continue until COVID conditions change and we must reconsider the circumstances. Welcome back to social time and enjoy responsibly.

## SOUL KITCHEN

### Green Bean Salad with Feta Dressing

<https://www.eatingwell.com/recipe/254647/green-bean-salad-with-feta-dressing/>

#### Ingredients

1 ½ lbs mixed green and yellow string beans, trimmed and cut into thirds  
¼ c buttermilk  
3 Tbsp crumbled feta cheese  
2 Tbsp mayonnaise  
2 Tbsp chopped fresh dill or 2 tsp dried  
2 Tbsp chopped fresh parsley  
1 scallion, cut into thirds  
2 tsp cider vinegar  
¼ tsp salt  
¼ tsp ground pepper  
½ c halved and very thinly sliced red onion

#### Directions

1. Place a large bowl of ice water by the stove. Bring 1 inch of water to a boil in a large saucepan fitted with a steamer basket. Add beans, cover and steam until tender-crisp, 3 to 4 minutes. Transfer the beans to the ice water to cool. Drain and pat dry.
2. Combine buttermilk, feta, mayonnaise, dill, parsley, scallion, vinegar, salt and pepper in a mini food processor. Pulse until almost smooth.
3. Transfer the beans to a large bowl, add onion and the dressing; toss to coat.

# Animal Holidays - A Week at a Glance

By Diane Russell



## January 13-16 – Wings Over Willcox (WOW) (This week in Willcox, AZ)

The Birding and Nature Festival is set for Thursday through Sunday. Birding tours are already sold out. This is a wonderful day to take in the sights of the festival and learn about all the winter migrants and southwest birds in the Sulphur Springs Valley area before they leave. Sometimes as many as 25,000 Sand Hill Cranes visit the area. Check the Wings Over Willcox website for further information: <http://www.wingsoverwillcox.com/>.

## January 14 – National Dress up your Pet Day

This day was created in 2009 by Animal behaviorist Colleen Paige. Celebrate this day by dressing up your pet in comfortable and exciting clothes. Let them make a fashion statement to the world! Remember to take pictures of their special outfits and share.



## January 14 – Feast of the Ass (Celebrating the donkeys of the Bible)

This is a medieval Christian Feast that was once celebrated, mostly in France, to honor all the donkeys that were mentioned in the Bible. Stories of donkeys include being present for the birth of Jesus; a donkey was used to carry the Holy Family to Egypt after the birth of Jesus; and Jesus rode into Jerusalem on Palm Sunday on a donkey.

## January is National “Adopt a Rescued Bird” Month

Most people think of dogs and cats for adoption, but there are hundreds of birds that are abandoned and homeless that need adoption. Birds are not only beautiful, they are fun, social, and smart (some can even talk). Remember important considerations include your space available and it is a lifelong commitment, with an average life span between 20 to 50 years. If you are ready, happy adoption to a lucky bird.



## Picture of the Day

Baby Warthogs playing as seen on Safari Live from Africa.

## SUNDAY SERVICE ORDER OF WORSHIP

### **English Worship Service at 10AM**

Welcome & Announcements  
Call to Worship  
Opening Hymn  
Opening Prayer  
Baptism  
Scripture Reading  
Anthem (Choir)  
Message  
Song of Response  
Sharing joys and concerns  
Prayers of the People  
Offertory Prayer  
Closing Song  
Benediction  
Postlude  
Passing of the Peace

한국어 예배 오전 **11시 30분**

환영 및 인사  
조용한 기도  
예배의 부름  
찬양  
여는 기도  
성경봉독  
설교  
응답찬송  
알리는 말씀 (광고)  
목회기도  
봉헌기도  
결단찬송  
축도  
후주

Please contact the church office if you have any questions, need information, or want to submit an article or put an announcement in the weekly digest.

**Office Hours:** Mon-Thurs 10AM-2PM

### Church Staff

Senior Pastor: Rev. Eun Young Ko  
Visiting Pastor: Rev. Raven Gaston  
Music Director: Lorena Suarez  
Worship Video Team: Sumin Lee & Juyeon Lee  
Office Assistant: Tripp Gordon  
Bookkeeper: Sue Smith



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