



First Church Tucson Weekly Digest

First United Methodist Church
915 E. 4th St., Tucson, AZ 85719
www.firstchurchtucson.org

7.19.2021

First Church Tucson is an inclusive multi-ethnic faith community, a reconciling congregation of the United Methodist Church.

Established in 1879 as the first protestant church in our city, First Church Tucson continues to pave the way in creating a faith community that embraces all peoples into the grace of God.

As a courageous family of faith, we celebrate the diversity of all God's children, welcome everyone to share in God's love and grace, and offer a sanctuary of hope.

We seek to be in ministry with all God's people, regardless of gender, race, age, class, ethnicity, culture, country of origin, ability and disability, and sexual orientation.

We welcome you to join in our journey of faith through worship, prayer, Bible study, and service for social justice and ministries of compassion.

At First Church Tucson,
You have a home.
At First Church Tucson,
You have a family of faith.
At First Church Tucson,
You belong.

“Building a New Relationship”

By Pastor Ko

May God continue to love and care for you every day!



(From left, Rev. Eun Young Ko, Trang Haney (Sam's wife), Ann (Sam's granddaughter), Bruce Billings, Sam Haney, Carol Nelson, Anita Lange, Judith Billings, Margo Kahler)



(From left, Christina Ageh, Janet Ageh, Terri Davis (front), Nan Rollings (back), Halla Kang, Cindy Turnbull, Robert Thompson, Art Turnbull)

We are living in the Monsoon Season in Tucson, AZ. One of the church members told me that it seems like I carried all the rain from Illinois to Tucson, AZ. But, if it is good, I am good. I think that it is good for us to have more rain than last year. Through every Sunday and every gathering, I can get to know you better, which means building a new relationship with you.

(cont. pg 7)

HEALTH AND LIFE INFORMATION

by Jessie Hansen, BSN, CRRN (Retired), Health Ministry Leader

Thank you all for your patience and cooperation for the precautions needed during our opening phase getting back into our beautiful church home!

Please read the Pima County Health Dept information (below) so you can keep up to date with how our friends and neighbors are doing, and please, please, please encourage anyone that you know has not been vaccinated to get it done!!

Please remember and share the facts that more than 95% of those now getting infected are unvaccinated, and the very sad statistic that during the pandemic, 1 in every 450 of our friends and neighbors living in Pima County has died from COVID-19.

Lastly, I sincerely pray Pima County will stay at a low prevalence of the Delta variant, if the numbers go way up, we will likely have to return to strict precautions. Pray with me!!

Blessings to all!

Jessie Hansen, BSN, CRRN (Retired)
Health Ministry leader

PIMA COUNTY HITS 70 PERCENT VACCINATION RATE AMONG ADULTS

<https://webcms.pima.gov/cms/One.aspx?portalId=169&pageId=770229>

July 08, 2021

Pima County reached a milestone July 8 as 70 percent of adults have received at least one dose of a COVID-19 vaccine.

The data comes from the Centers of Disease Control and Prevention [vaccination dashboard](#)*, which reports that 61.7 percent of those 18 and over have been fully vaccinated, meaning two weeks after the second dose of Pfizer or Moderna, or two weeks after the one-dose Johnson & Johnson shot.

"The science has become very clear – being vaccinated protects you from getting COVID," said Pima County Health Director Dr. Theresa Cullen. "COVID is a serious illness. People can end up with significant disease and even death. For those who are still unvaccinated, I want to reassure them that the vaccines are safe and we encourage them to seek vaccination."

"Breakthrough" cases – COVID-19 infections happening after people are fully vaccinated -- are extremely rare. As of early this week, there have been only 401 breakthrough cases – and 16 hospitalizations – among the more than 535,000 fully vaccinated people in Pima County.

Also from the CDC dashboard:

- 92.9 percent of the Pima County population 65 and over have received at least one dose
- 67.5 percent of 12 and over have received at least one dose
- 58.4 percent of the overall population has received at least one dose (under 12 not yet eligible).

Pima County is continuing its mobile vaccination efforts in order to reach traditionally underserved areas and census tracts with lower vaccination rates. For more information, go to pima.gov/covid19vaccine.

*<https://covid.cdc.gov/covid-data-tracker/#vaccinations-county-view>

THIS WEEK'S
ANNOUNCEMENTS & GATHERINGS

SUNDAY MORNING HYBRID SERVICE

There are two ways for you to participate in our hybrid online/in-person Sunday Service at 10AM.

YouTube: Join us Live! on our channel. Visit bit.ly/fumcYouTube

In-Person: For those of you who are well and vaccinated, join us in person.

Please note, we have updated our safety guidelines, which are based on Pima County Health Department's recommendations:

- If you are fully vaccinated (i.e. it has been at least 2 weeks since you received the Johnson & Johnson vaccine or since your 2nd dose of the Moderna or Pfizer vaccines) then it is your personal choice to wear a mask during the service.
- If you are not yet vaccinated or are immuno-compromised, it is very strongly recommended that you continue wearing a mask and maintain social distancing (6 ft).
- *Should the Delta variant of COVID-19 become a threat in Pima County, the requirement to wear masks will be reinstated for everyone's safety.*

An offering collection box will be available in the narthex.

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한국어 사역

주일 오전 11시 30분에 한국어 예배가 현장예배와 온라인예배로 진행됩니다. 기도와 참여 부탁드립니다.

Youtube 주소는 bit.ly/fumcYouTube

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WEEKDAY ONLINE GATHERINGS

Women on a Spiritual Quest (WSQ)

-A classic UM small group accountability and fellowship on Monday Evenings at 4:30PM.

[Meeting ID: 920 5951 9248](#) [Passcode: 6226481](#)

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All God's Creation (AGC)

-A time of scripture reading and reflection with a focus on living creatures, on Wednesday Mornings at 10AM.

[Meeting ID: 994 3610 1655](#) [Passcode: 6226481](#)

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Chancel Choir

-Meet with the choir online from the comfort of your home on Wednesday Evenings at 6:30PM.

-There will be a rehearsal on Sunday Morning at 9:30AM before the service.

[Meeting ID: 929 7830 4567](#) [Passcode: 6226481](#)

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Progressive Book Study (PBS)

-Would you like to be part of a book study?

If you'd enjoy reading with us, join Progressive Christian theology on Thursday Afternoons at 2:30PM. The current book is "God's Politics: Why the Right Gets It Wrong and the Left Doesn't Get It" by Jim Wallis.

[Meeting ID: 980 1573 8087](#) [Passcode: 6226481](#)

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Not seeing something of interest?
We'd love to hear from you. Let's talk.
Contact revko@firstchurchtucson.org

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PRAYERS FOR OUR COMMUNITY

We offer our prayers for those in our community who are suffering, who are physically, mentally, & emotionally unwell, and those caring for them.

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We offer our prayers for these sister faith communities:

El Mesias UMC, Nogales

Grace UMC, Douglas

Camping Program, South District

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SUPPORT FIRST CHURCH TUCSON

Head to our website www.firstchurchtucson.org/give to give online. As always, you can mail in checks to the church office at the address printed on the front page. Alternatively, have your IRA advisor automatically make payments from your IRA.

When we give to God from our hearts, it is always enough. We see you.

We thank you for your commitment to making a difference in our community.

THIS WEEK'S **BIRTHDAYS AND ANNIVERSARIES**

Judith Billings (July 20)

Anita Lange (July 21)

(If we have missed your birthday or anniversary, please let us know so we can update our records!)

SUNDAY SERVICE ORDER OF WORSHIP

English Worship Service at 10AM

Welcome & Announcements

Call to Worship

Opening Hymn

Opening Prayer

Scripture Reading

Message

Song of Response

Offertory Prayer

Closing Song

Benediction

Postlude

Passing of the Peace

한국어 예배 오전 11시 30분

환영 및 인사

조용한 기도

예배의 부름

찬양

여는 기도

성경봉독

설교

알리는 말씀 (광고)

봉헌기도

결단찬송

축도

후주

Meet'n'Eat is back!

This is a fellowship time to visit with each other and see old and new friends.
All are welcome--everyone is invited!

The next meetup is on **August 13** at **11:30 AM** at the **Olive Garden** on the northeast corner of Oracle/Wetmore (300 W Wetmore Rd, Tucson, AZ 85705).

If you're interested, please let **Shirley Murray** know ahead of time by calling her at **(520)297-4796** so she can reserve enough tables at the restaurant.

SOUL KITCHEN

Roasted Spatchcock Chicken

<https://www.spoonforkbacon.com/spatchcock-chicken/>

Ingredients

¼ c unsalted butter,
softened
1 tsp salt
½ tsp black pepper
1 Tbsp lemon zest (from 1
large lemon)
2 minced garlic cloves
4 ½ lb whole chicken
1 tsp minced thyme
Garnish:
2 Tbsp thyme leaves
2 Tbsp thinly sliced chives

Notes

We recommend using sharp kitchen shears to cut the backbone out of the chicken.

Directions

1. Preheat oven to 450°F.
2. Place butter, salt, pepper, lemon zest, minced thyme, and garlic into a small bowl and mix together until evenly combined. Set aside.
3. Turn chicken breast-side down on a clean cutting board. Using sharp kitchen scissors, cut out backbone of chicken.*
4. Turn chicken over and open back, so the legs are facing inward.
5. Place palms over the center of the breastbone and firmly press down to crack (this will allow the chicken to lay flat).
6. Using fingers, gently pull skin away from the meat throughout chicken. Then carefully and evenly spread half of butter mixture under skin of chicken.
7. Rub remaining butter evenly over entire skin of chicken.
8. Tuck wing tips behind chicken.
9. Place prepared chicken into a 12" cast iron skillet, turning legs inward.
10. Transfer skillet to preheated oven and roast for 45 to 55 minutes or until the internal temperature reads 165°F when a thermometer is inserted into the thickest part of the leg, and the juices run clear.
11. Remove skillet from oven and allow chicken to rest, about 10 minutes.
12. Top chicken with thyme leaves and sliced chives.

* See "How to spatchcock a chicken - BBC Good Food" at <https://www.youtube.com/watch?v=pod4x5NJoYI> for a visual demonstration of how to do this. (Skewers are optional.)

Animal **Holidays** - A Week at a Glance

By Victoria Russell

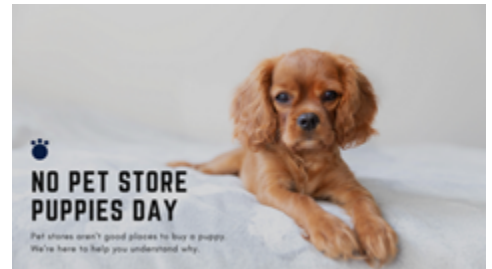


July 21 - National Craft for your Local Shelters Day

Erika Lindquist created this day in honor of her dog Sebastian. Her goal is to encourage people to donate to local shelters even if they could not give cash donations. Some examples include making no-sew blankets, “Adopt me” bandanas, and homemade toys.

July 21 - No Pet Store Puppies Day

Puppies that are sold in stores are from puppy mills. Puppy mills are cruel and inhumane. Educate others that it is important to “Adopt, don’t shop.”



July 25 - National Parents Day

Parents are amazing and they work together to raise their families. Parents may look different in each family but they are still parents.



Pictures of the Day

Left: Cape Buffalo herd from Safari Live.
Right: Baby Elephant from Safari Live.



Strawberries or Cacti?

This lovely purple and pink prickly pear cactus can be found in the Botanical Gardens in Phoenix, AZ.

Photo courtesy of DreamsTime.com

Building a New Relationship (cont.)

I have often reflected on the importance of communication while we are living in the Pandemic era. Now, we have loosened the mask mandate at the church facility by CDC and Pima County guidelines. However, we still can't come back to our old normal and must continue to live in the Pandemic era for a while. In this time, we had better have better communication skills and manners with one another.

According to Donna Dunning, a psychologist, educator, and certified human resources professional, “*Effective working relationships result from a combination of being aware of, acknowledging, understanding, appreciating, and accommodating these individual differences*” in personality types. Also, she emphasized that people need to maintain a respectful manner, especially when there is ongoing pressure on teamwork. I believe that her thoughts are exactly what we need and what you have been doing so far.

Being aware of the situation, acknowledging the fact, understanding the business, appreciating one another, and accommodating these individual differences are important. However, I believe that on the top of that, building an authentic relationship in faith is the most important for us. I am so excited and blessed to have those moments with you at my Airbnb place. Those moments were the beginning, and we will develop our relationships even stronger while we are journeying in faith together in the name of First United Methodist Church.

I would like to remind you of the scripture of James 1:19 :

¹⁹ You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger (James 1:19)

19 사랑하는 형제자매 여러분, 여러분은 이것을 알아두십시오. 누구든지 듣기는 빨리 하고, 말하기는 더디 하고, 노하기도 더디 하십시오. (야고보서 1장 19절).

Also, please check out the order of worship in this weekly digest since we haven't printed out our bulletin every Sunday. If you have any concerns or suggestions, feel free to contact pastor Eun Young Ko (Revko@firstumctucson.org)

With appreciation and prayers,

Pastor Eun Young Ko



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