



# First Church Tucson Weekly Digest

First United Methodist Church  
915 E 4th St, Tucson, AZ 85719  
[www.firstchurchtucson.org](http://www.firstchurchtucson.org)

8.17.2021

First Church Tucson is an inclusive multi-ethnic faith community and a reconciling congregation of the United Methodist Church.

Established in 1879 as the first Protestant church in our city, First Church Tucson continues to pave the way in creating a faith community that embraces all peoples into the grace of God.

As a courageous family of faith, we celebrate the diversity of all God's children, welcome everyone to share in God's love and grace, and offer a sanctuary of hope.

We seek to be in ministry with all God's people, regardless of gender, race, age, class, ethnicity, culture, country of origin, ability and disability, and sexual orientation.

We welcome you to join in our journey of faith through worship, prayer, Bible study, and service for social justice and ministries of compassion.

At First Church Tucson,  
You have a home.

At First Church Tucson,  
You have a family of faith.

At First Church Tucson,  
You belong.

## “A Spirit of Community is in the Process!”

By Pastor Ko

Greetings in Jesus Christ,

I was so excited and honored when I got invited by Shirley Murray to join the “Meet’n’Eat” group last Friday at Olive Garden. I know the church had suspended having in-person group gatherings inside and outside the church community. But you have survived for a long time. So I would like to give lots of compliments and cheers to you.



From left: Diane, Margo, Victoria, Shirley, Anita, Nancy, Pastor Ko, Jessie, Bob, Tripp

Even though the church suspended in-person gatherings, it doesn't mean that the faith community also stopped. We all know now by doing and experiencing since last year. Thus, you deserve to celebrate the resumed meeting together. And, I remind you that we need to care for the body rather than the head.

William Pollard, chairman of ServiceMaster, created his “21 Principles of Leadership,” some of which are paraphrased below:

- Truth cannot be compromised.
- Everyone has a job to do, and no one should benefit at the expense of another.
- We should treat everyone with dignity and worth.

(cont. pg 2)

## A Spirit of Community is in the Process! (cont.)

- Our combined efforts are for the benefit of our owners, members, and customers, and not for some select group.
- We must always be willing to serve.

These characteristics are focused on the good of the body. Every person in the faith community needs support, encouragement, and nurturing from time to time. Thus, a spirit of community doesn't just happen. As John C. Bowling emphasized in his book titled "Grace-Full Leadership," the faith community must be fashioned, fostered, nourished, and maintained. Then, it could bring a spirit of community and develop it deeper. It is because relationships can be broken, isolation can exist, communication can dissipate due to the imperfection of the human being.

Also, I would like you to pray for and encourage Bea Humphrey, who is at Mountain View Care Center. She needs our prayers, attention, and encouragement in this time of loneliness away from her family. Caring for her would be a great example of strengthening the spirit of the faith community of First Church.



Bea Humphrey, our beloved church member – mother of Joyce Holloway and Chuck Humphrey

### **Psalm 112**

<sup>1</sup> Praise the Lord. Blessed are those who fear the Lord, who find great delight in his commands.

<sup>4</sup> Even in darkness light dawns for the upright, for those who are gracious and compassionate and righteous.

<sup>5</sup> Good will come to those who are generous and lend freely, who conduct their affairs with justice.

<sup>6</sup> Surely the righteous will never be shaken; they will be remembered forever.

<sup>7</sup> They will have no fear of bad news; their hearts are steadfast, trusting in the Lord.

I believe that God knows our sad and upset feelings and our desire to be closer to our Lord. Therefore, let us be faithful in any circumstances so that we can glorify the Lord who wins the world.

With blessings and prayers,

God's servant, Pastor Ko

## MEMORIAL SERVICE

We will give thanks for the life of our beloved sister in Christ, Helen Asay, at First United Methodist Church on Saturday, August 28th, at 10AM.

Notes of sympathy for the whole family can be directed to Helen's daughter:

Alice (Genie) Over  
4646 Iroquois Ave.  
Tucson, AZ 85705

Helen was a donor to The Inn of Southern Arizona, the shelter our church has supported since 2016. The ministry is continuing during this pandemic in a new setting where asylum seekers have been screened for COVID and have necessary health protections.

The family suggests that those who would like to give a gift in her memory, send a check payable to First United Methodist Church at 915 E. Fourth St, Tucson, AZ 85719 and indicate The Inn on the memo line. Another option is to send a check payable to The Inn of Southern AZ, to PO Box 43332, Tucson, AZ 85719.



## LAY SERVANT MINISTRY CLASSES

Would you like to become stronger in your faith and hear from others about their journey? One of the classes below could be inspirational for you! They are offered through Zoom by the Desert Southwest Conference.

**August 2021 – “Basic Class- Introduction to Lay Servant Ministry”** – Jeannie Ward, the West District Lay Leader, teaches this class from Wednesday to Saturday; August 25, 26, 27, and 28 (morning and evening classes and one Saturday morning class). This class is required before becoming able to take others. Registrations are still open!

**September 2021 – “Living Our United Methodist Beliefs – Heritage”** will be taught by retired pastor Phil Smith. This class will have morning sessions and evening sessions as well. It is three Wednesdays in a row, September 15, 22, and 29, 2021. This is a required class to become a Certified Lay Speaker.

**October 2021 – “Aging and Ministry in the 21st Century”** will be taught by Pastor Linda De Atley. She has her doctorate in the Aging arena and has written a book in this area and is considered an expert. She will be teaching the first three Wednesdays in October – 6, 13, and 20. There will be morning and evening sessions.

**November 2021 – “Children of Abraham”** will be taught by Pastor Louie Lyon. This class is very timely with what is going on in the Middle East and who better to teach it than someone who started out life as a Jew; converted to Christianity as an adult; and has friends in the Islamic community! This class runs the second week of November with morning and evening class sessions on November 10, 11, and 12.

**November 2021 – “Basic Class in Spanish”** is in the process of being finalized for the first week of November. Pastor Efrain Zavala will be leading this class. We are hoping to offer one Spanish class per quarter in 2022.

What time commitment is involved? Most Morning Sessions run from 8:15 a.m. to Noon. Most Evening Sessions run from 5:15 to 9:00 p.m.

To register: go to the Conference website’s calendar at <https://dscumc.org/events/>. You will see exact times for each class session. Classes are \$15, payable by credit card only, but often one’s home church covers the cost. If you have to miss a class after registering, a credit will be given for a future class in the West District.

Betty Stewart, West District Director  
Lay Servant Ministries  
[bettyboop491@cox.net](mailto:bettyboop491@cox.net)

### **P.S. Report due from those who have taken an LSM class.**

Prior to the Church Conference this fall for FUMC, those who have taken classes need to complete their report. Just go to the Conference website and access the Annual Report Form under the heading ‘Church Forms’. There are specific Annual Report forms for Certified Lay Servants, Certified Lay Speaker and, Certified Lay Minister. Please use the correct form. The Certified Lay Servant form is the only one that can be filled out online. Fill it out, print it out and sign it. Lay Speakers and Lay Ministers can print out the blank form and complete it. All Annual Report forms are turned in to your Pastor for approval by your church council, which will then turn the report in to the District and to me. An Annual Report is required for every Lay Servant, Lay Speaker and Lay Minister. Thank you so much for your report and your help.

THIS WEEK'S  
ANNOUNCEMENTS & GATHERINGS

**SUNDAY MORNING HYBRID SERVICE**

There are two ways for you to participate in our 10AM hybrid online/in-person Sunday Service.

**YouTube:** Join us Live! on our channel. Visit [bit.ly/fumcYouTube](http://bit.ly/fumcYouTube)

**In-Person:** For those of you who are well and fully vaccinated, join us in person.

**NOTICE:** Due to the rise in Delta-variant COVID-19 cases, our safety guidelines have been updated. Please see below:

- Masks are required to be worn inside the church building, and social distancing is still in effect (min. 6 ft between family groups).
- If you are not yet fully vaccinated or are immuno-compromised, it is strongly recommended that you watch the YouTube livestream rather than attend in person.
- Choir members are required to be fully vaccinated in order to sing in front of the congregation during the service.

\* \* \*

**한국어 사역**

주일 오전 11시 30분에 한국어 예배가  
현장예배와 온라인예배로 진행됩니다.  
기도와 참여 부탁드립니다.  
금요일 저녁 7시에 성경공부 모임이 줌으로  
진행됩니다.

Youtube 주소는 [bit.ly/fumcYouTube](http://bit.ly/fumcYouTube)  
[Meeting ID: 998 6112 0822](http://Meeting ID: 998 6112 0822)      [Passcode: 6226481](http://Passcode: 6226481)

\* \* \*

**WEEKDAY ONLINE GATHERINGS**

**Women on a Spiritual Quest (WSQ)**

-A classic UM Bible study group with accountability and fellowship; now meeting in the church library on Monday afternoons at 4:30PM.

\*\*\*

**All God's Creation (AGC)**

-A time of scripture reading and reflection with a focus on living creatures, on Wednesday mornings at 10AM.

[Meeting ID: 994 3610 1655](http://Meeting ID: 994 3610 1655)      [Passcode: 6226481](http://Passcode: 6226481)

\*\*\*

**Chancel Choir**

-Practice is held in-person in the Sanctuary on Wednesday evenings at 6:30PM.  
-There will be a rehearsal on Sunday morning at 9AM before the service.

\*\*\*

**Progressive Book Study (PBS)**

-On break through August; will resume Tuesday, September 7 at 2:30PM. The book is "God's Politics: Why the Right Gets It Wrong and the Left Doesn't Get It" by Jim Wallis.

Questions? Call Rev. Gaston at (520)323-1611

\* \* \*

Not seeing something of interest?  
We'd love to hear from you. Let's talk.  
Contact [pastortucsonfirstumc@gmail.com](mailto:pastortucsonfirstumc@gmail.com)

\* \* \*

## **PRAYERS FOR OUR COMMUNITY**

We offer our prayers for those in our community who are suffering, who are physically, mentally, & emotionally unwell, and those caring for them.

\* \* \*

We offer our prayers for these sister faith communities:

New Hope UMC, Tucson

St. James UMC, Tucson

St. Francis in the Foothills UMC, Tucson

\* \* \*

## **GIVING TO FIRST CHURCH TUCSON**

When you attend Sunday services in person, the offering box is in the narthex for your generous giving. Head to our website [www.firstchurchtucson.org/give](http://www.firstchurchtucson.org/give) to give online. As always, you can mail in checks to the church office at the address printed on the front page. Alternatively, have your IRA advisor automatically make payments from your IRA.

When we give to God from our hearts, it is always enough. We see you, and we thank you for your commitment to making a difference in our community.

---

### UPCOMING BIRTHDAYS AND ANNIVERSARIES

Graham Wooley (Aug 17)

Bob McVey (Aug 21)

*(If we have missed your birthday or anniversary, please let us know so we can update our records!)*

---



### **Dewy Brilliance**

These silky Fairy Duster (*Calliandra eriophylla*) blooms are found in the planted roundabout down my street. (The same one, in fact, in which last week's prickly pear fruit are growing. It's a very lush roundabout.)

We've featured Fairy Dusters in the digest before, and here they are again because they're my favorite Arizona flower.

*Photo by Tripp Gordon*

# Animal Holidays - A Week at a Glance

By Diane Russell



## August 17 - National Black Cat Appreciation Day

This day exists to dispel the myths and fears of black cats. They are not witches or fairies, nor do they give bad luck if they cross your path. They are just as cute and cuddly as any other cat that needs love.

## August 19 - World Orangutan Day

This day was created to bring awareness of the orangutan as an endangered victims of the Palm Oil industry. They can be found in the wild in only two places in the world: Sumatra and Borneo.



## August 20 - World Mosquito Day

This day honors when Sir Ronald Ross (a doctor working in India) proved that mosquitoes transmit malaria in 1897. Currently no vaccine for malaria has been found. It is important to raise awareness of mosquito control.

## August 21 - International Homeless Animals Day

The International Society for Animal Rights introduced this day in 1992 to spread awareness about the conditions they face, to help end their suffering, and to provide a voice for them.

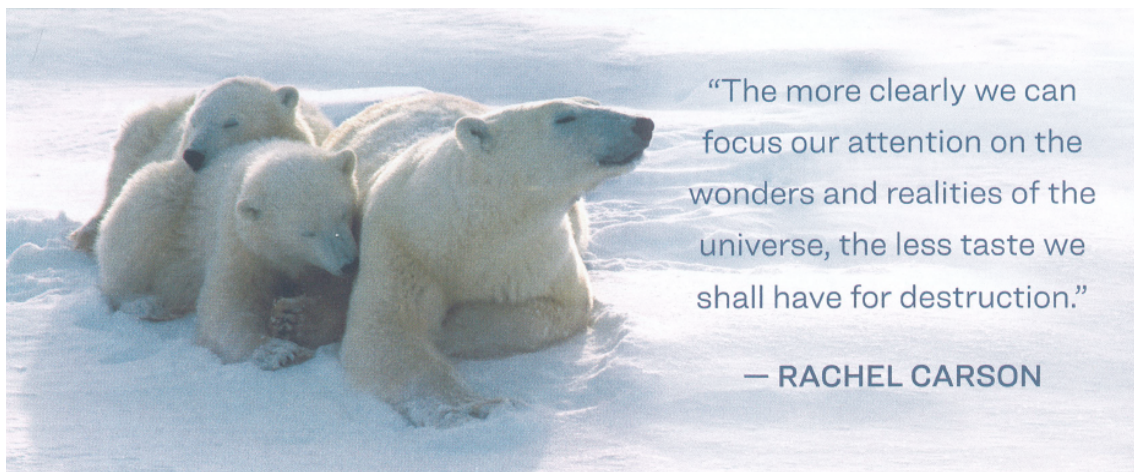


## August 21 - World Honey Bee Day

This day recognizes both the honey bee and the beekeepers that tend the hives. Ways to celebrate include buying locally grown honey, planting flowers for pollinators, and trying honey for the day as a sweetener.

## August 22 - National Take your Cat to the Vet Day

Just like we need annual checkups; cats need their annual checkup as well. Help keep them safe by getting them vaccinated and getting them spayed/neutered.



Submitted by Pearl Zimmerman

# SOUL KITCHEN

## One-Pot Baked Pasta with Sausage and Broccoli Rabe

<https://www.bonappetit.com/recipe/one-pot-baked-pasta-with-sausage-and-broccoli-rabe>

### Ingredients

Kosher salt  
12 oz Fontina and/or aged cheddar cheese  
6 garlic cloves  
2 large sprigs sage  
1 bunch of broccoli rabe  
¼ c plus 1 Tbsp extra-virgin olive oil  
1 lb sweet or hot Italian sausage  
½ tsp crushed red pepper flakes  
2 c half-and-half  
1 lb ridged medium pasta shells, or large tube pasta, such as lumaconi or rigatoni

### Directions

1. Place racks in center and upper third of oven; preheat to 325°F. Heat a large pot of water over high. Add several tablespoons of salt and bring to a boil (this is for your pasta).
2. Grate 12 oz. Fontina cheese on the large holes of a box grater (you should have about 4½ cups). Smash 6 garlic cloves, peel, and coarsely chop. Pick all sage leaves from stems and set aside about 10. Finely chop remaining leaves (you should have about 1 Tbsp.). Trim tough dried ends from 1 bunch of broccoli rabe, then cut stems into 2" pieces. Leave leafy ends long.
3. Heat a deep, large, ovenproof skillet, preferably cast iron, over medium-high. Add ¼ cup oil and swirl to coat. Remove 1 lb. sausage from casings and add to skillet. Break into small pieces with a wooden spoon. Cook, undisturbed, until sausage is browned, about 4 minutes. Stir a couple of times and continue to cook, undisturbed again, until sausage is fully cooked through, about 3 minutes longer.
4. Add garlic, chopped sage, and ½ tsp. red pepper and cook, stirring, until garlic is golden, about 2 minutes.
5. Stir in 2 cups half-and-half and simmer until sauce is thickened slightly, about 2 minutes. Reduce heat to low.
6. Gradually add about two-thirds of cheese, bit by bit, stirring constantly and letting cheese melt completely before adding more, until sauce is smooth and thick, about 3 minutes; season with salt and remove from heat.
7. Meanwhile, cook 1 lb. pasta shells in boiling salted water 2 minutes shy of package instructions (8–10 minutes depending on type). During the last 2 minutes, add all of broccoli rabe to pot with pasta. Drain in a colander and shake several times to remove excess water. Return pasta and broccoli rabe to empty pasta pot.
8. Add cheesy sausage mixture from skillet to pot with pasta. Stir until pasta and broccoli rabe are coated in sauce, then transfer everything back to skillet.
9. Cover skillet tightly with foil and bake on center rack until pasta is tender and sauce is bubbling, 30–40 minutes. Let rest a few minutes while you heat broiler.
10. Remove foil and top with remaining cheese. Toss sage leaves with remaining 1 Tbsp. oil in a small bowl and arrange over pasta. Broil until cheese is browned and bubbling in spots, about 5 minutes (depending on strength of broiler).
11. Let pasta cool a minute or two before serving.



## SUNDAY SERVICE ORDER OF WORSHIP

### **English Worship Service at 10AM**

Welcome & Announcements

Call to Worship

Opening Hymn

Opening Prayer

Scripture Reading

Anthem (Choir)

Message

Song of Response

Sharing joys and concerns

Prayers of the People

Offertory Prayer

Closing Song

Benediction

Postlude

Passing of the Peace

한국어 예배 오전 **11시 30분**

환 영 및 인사

조용한 기도

예배의 부름

찬양

여는 기도

성경봉독

설 교

응답찬송

알리는 말씀 (광고)

목회기도

봉헌기도

결단찬송

축 도

후 주

Please contact the church office if you have any questions, need information, or want to submit an article or put an announcement in the weekly digest.

**Office Hours:** Mon-Thurs 10AM-2PM

### Church Staff

Senior Pastor: Rev. Eun Young Ko

Visiting Pastor: Rev. Raven Gaston

Music Director: Lorena Suarez

Worship Video Team: Sumin Lee & Juyeon Lee

Office Assistant: Tripp Gordon

Bookkeeper: Sue Smith



[www.firstchurchtucson.org](http://www.firstchurchtucson.org)

Pastor Ko 847-345-8070 [pastortucsonfirstumc@gmail.com](mailto:pastortucsonfirstumc@gmail.com)

Office 520-622-6481 [office@firstchurchtucson.org](mailto:office@firstchurchtucson.org)