



# First Church Tucson Weekly Digest

First United Methodist Church  
915 E 4th St, Tucson, AZ 85719  
www.firstchurchtucson.org

8.3.2021

First Church Tucson is an inclusive multi-ethnic faith community and a reconciling congregation of the United Methodist Church.

Established in 1879 as the first Protestant church in our city, First Church Tucson continues to pave the way in creating a faith community that embraces all peoples into the grace of God.

As a courageous family of faith, we celebrate the diversity of all God's children, welcome everyone to share in God's love and grace, and offer a sanctuary of hope.

We seek to be in ministry with all God's people, regardless of gender, race, age, class, ethnicity, culture, country of origin, ability and disability, and sexual orientation.

We welcome you to join in our journey of faith through worship, prayer, Bible study, and service for social justice and ministries of compassion.

At First Church Tucson,  
You have a home.  
At First Church Tucson,  
You have a family of faith.  
At First Church Tucson,  
You belong.

## “Discovering the Spirit-Empowered Life!”

By Rev. Ko

May God continue to bless and guide you every day!



*Nan and Halla doing Yoga*



*Nan and Halla playing checkers*

Wow! It has been over a month since I moved to Tucson and began my ministry here. The more I know and hear from you, the more I discover you have a Spirit-empowered congregation. I can't imagine how many people have gone through this holy body of Christ. I can't imagine how amazing ministries you have been part of and build a legacy to work hard to continue to pass on to the next generation. However, it takes time for a new pastor to

(cont. pg 6)

## SUNDAY SERVICE ORDER OF WORSHIP

### English Worship Service at 10AM

Welcome & Announcements  
Call to Worship  
Opening Hymn  
Opening Prayer  
Scripture Reading  
Anthem (Choir)  
Message  
Song of Response  
Holy Communion  
Sharing joys and concerns  
Prayers of the People  
Offertory Prayer  
Closing Song  
Benediction  
Postlude  
Passing of the Peace

한국어 예배 오전 **11시 30분**

환 영 및 인사  
조용한 기도  
예배의 부름  
찬양  
여는 기도  
성경봉독  
설 교  
응답찬송  
성만찬  
알리는 말씀 (광고)  
목회기도  
봉헌기도  
결단찬송  
축 도  
후 주



### Miniature Bouquets

Intricate yellow and pale pink blossoms on the big lantana bush (*Lantana camara*) next to my driveway. Each cluster of flowers is only about the size of a quarter.

*Photo by Tripp Gordon*

Want to see your photo featured in the Weekly Digest? Email it to [office@firstchurchtucson.org](mailto:office@firstchurchtucson.org) or bring a physical copy to the church during office hours and we can scan it and make a digital copy.

THIS WEEK'S  
ANNOUNCEMENTS & GATHERINGS

**SUNDAY MORNING HYBRID SERVICE**

There are two ways for you to participate in our 10AM hybrid online/in-person Sunday Service.

**YouTube:** Join us Live! on our channel. Visit [bit.ly/fumcYouTube](http://bit.ly/fumcYouTube)

**In-Person:** For those of you who are well and fully vaccinated, join us in person.

**NOTICE:** Due to the rise in Delta-variant COVID-19 cases, our safety guidelines have again been updated:

- Masks are required to be worn inside the church building, and social distancing is still in effect (min. 6 ft between family groups).
- If you are not yet fully vaccinated or are immuno-compromised, it is strongly recommended that you watch the YouTube livestream rather than attend in person.
- Choir members are required to be fully vaccinated in order to sing in front of the congregation during the service.

\* \* \*

한국어 사역

주일 오전 11시 30분에 한국어 예배가 현장예배와 온라인예배로 진행됩니다.

기도와 참여 부탁드립니다.

금요일 저녁 7시에 성경공부 모임이 줌으로 진행됩니다.

Youtube 주소는 [bit.ly/fumcYouTube](http://bit.ly/fumcYouTube)

Meeting ID: 998 6112 0822      Passcode: 6226481

\* \* \*

**WEEKDAY ONLINE GATHERINGS**

**Women on a Spiritual Quest (WSQ)**

-A classic UM small group accountability and fellowship on Monday evenings at 4:30PM.

[Meeting ID: 920 5951 9248](https://www.zoom.us/j/92059519248)      [Passcode: 6226481](https://www.zoom.us/j/92059519248)

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**All God's Creation (AGC)**

-A time of scripture reading and reflection with a focus on living creatures on Wednesday mornings at 10AM.

[Meeting ID: 994 3610 1655](https://www.zoom.us/j/99436101655)      [Passcode: 6226481](https://www.zoom.us/j/99436101655)

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**Chancel Choir**

-Practice is now held in-person in the Sanctuary on Wednesday evenings at 6:30PM.

-There will be a rehearsal on Sunday morning at 9AM before the service.

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**Progressive Book Study (PBS)**

-On break through August; will resume Tuesday, September 7 at 2:30PM. The book is "God's Politics: Why the Right Gets It Wrong and the Left Doesn't Get It" by Jim Wallis.

Questions? Call Rev. Gaston at (520)323-1611

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*Not seeing something of interest?  
We'd love to hear from you. Let's talk.  
Contact [pastortucsonfirstumc@gmail.com](mailto:pastortucsonfirstumc@gmail.com)*

## PRAYERS FOR OUR COMMUNITY

We offer our prayers for those in our community who are suffering, who are physically, mentally, & emotionally unwell, and those caring for them.

\* \* \*

We offer our prayers for these sister faith communities:

New Hope UMC, Tucson

St. James UMC, Tucson

St. Francis in the Foothills UMC, Tucson

\* \* \*

## GIVING TO FIRST CHURCH TUCSON

When you attend Sunday services in person, the offering box is in the narthex for your generous giving. Head to our website [www.firstchurchtucson.org/give](http://www.firstchurchtucson.org/give) to give online. As always, you can mail in checks to the church office at the address printed on the front page. Alternatively, have your IRA advisor automatically make payments from your IRA.

When we give to God from our hearts, it is always enough. We see you, and we thank you for your commitment to making a difference in our community.

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### UPCOMING

#### BIRTHDAYS AND ANNIVERSARIES

Sumin Lee (Aug 5)

Lori Green (Aug 7)

Sang Ho Park (Aug 11)

Jack Hill-Harrill (Aug 13)

Christopher & Stephanie Kang (August 7)

Byung & Young Kim (August 15)

*(If we have missed your birthday or anniversary, please let us know so we can update our records!)*

### Meet'n'Eat is back!

This is a fellowship time to visit with each other and see old and new friends.

Join us next week on **August 13** (*correction: Friday*) at **11:30 AM** at the **Olive Garden** on the northeast corner of Oracle/Wetmore (300 W Wetmore Rd, Tucson, AZ 85705).

If you're interested, please let **Shirley Murray** know ahead of time by calling her at **(520)297-4796** so she can reserve enough tables at the restaurant.



# SOUL KITCHEN

## Fruit Salsa

Shared by Margo Kahler

### Ingredients

1 qt strawberries, chopped  
1 Granny Smith apple,  
chopped  
2 kiwis, peeled and chopped  
2 Tbsp orange juice  
2 Tbsp brown sugar  
2 Tbsp apricot jam\*  
Cinnamon tortilla chips or  
pita chips

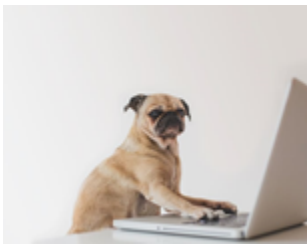
### Directions

I put all the fruit in a food processor, 2 cups at a time. The apples need to be really chopped fine.  
Then mix the fruit with the orange juice, brown sugar, and jam.  
\*You can substitute any flavor jam you have.

I buy Stacey's Cinnamon Pita Chips. If you can find them, there are cinnamon tortilla chips out there. (They were in Michigan.)

## Animal Holidays - A Week at a Glance

By Victoria Russell



### August 5 - Work Like a Dog Day

Dogs are hard workers--so be inspired to work as hard as them in your daily life.

### August 8 - International Cat Day

Cats are independent, curious, adventurous, and yes mischievous (at times). They have been revered for their special ways--so let's continue celebrating cats.



### August 8 - Scottish Wildcat Day

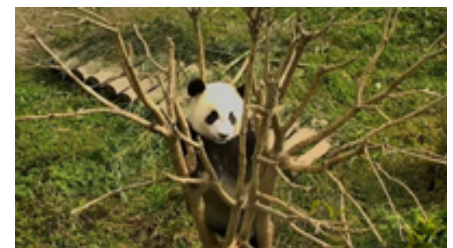
The Scottish Wildcat is from Scotland and they need protection from extinction. Ways to celebrate include donating money or having a "Supercat" which means they are vaccinated, sterilized, and have a microchip to reduce the feral cats in the world.



### Pictures of the day

Left: Mama and baby seal enjoying their time together on Seal Island, Maine.

Right: A Panda from the Happiness Village Baby Panda Garden in China.



## Discovering the Spirit-Empowered Life! (cont.)

settle down, build a relationship, and grasp the church business and all other matters. I always appreciate your patience, care, and love.

Richard J. Foster noted in his book, "Streams of Living Water," the empowering gifts of the Spirit can offer a life of gifting and empowering for witness and service. It brings signs and wonders, miracles and healings, revelations and visions, all of our faith journey in the Spirit. I believe that we all want to have that empowered Spirit, or you already have one even though you don't notice or are aware of it.

The spirit-empowered life has proof in our lives. Our daily lives can prove whether we do have a spirit-empowered life or not. Halla and I were invited to Nan's house yesterday. She taught Halla yoga and checkers. It was warm hospitality for us to explore another part of Tucson in addition to her previous effort that she gave us a tour of the downtown of Tucson. Not only that, I have heard from different church members about my sermons and my pastoral care.

We can invite the Holy Spirit more into our daily lives and faith journeys through these Spirit-empowered witnesses. I can't wait to witness more and more and do service for the church's mission in the future. I define now as a time for us to nurture inside our church and ourselves to reach out to the community with a big dream. I welcome any invitation with your generous and warm heart in hospitality so that I can witness your Spirit-empowered life here and there.

"Be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts." (Ephesians 5:18b-19)

"오직 성령으로 충만함을 받으라. 시와 찬송과 신령한 노래들로 서로 화답하며 너희의 마음으로 주께 노래하며 찬송하라." (에베소서 5장 18-19절)

With blessings and thanks,

Pastor Eun Young Ko

Please contact the church office if you have any questions, need information, or want to submit an article or put an announcement in the weekly digest.

**New Office Hours:** Mon-Thurs 10AM-2PM

### Church Staff

Senior Pastor: Rev. Eun Young Ko

Visiting Pastor: Rev. Raven Gaston

Music Director: Lorena Suarez

Worship Video Team: Sumin Lee & Juyeon Lee

Office Assistant: Tripp Gordon

Bookkeeper: Sue Smith



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