



Indoor and Outdoor Classes: Here is what we are doing at Xcel to keep safe

- All the Training Mat area will be **disinfected before and after every class.**
- **We will practice No Contact Classes which has been specially designed.**
- **There will be no physical contact between any students and any staff.**
- All touch surfaces will be **disinfected before and after every class.**
- We will keep the **students spaced apart at a minimum of 6 feet** and keep them in a **marked individual area** during class.
- We will **only allow 10 student maximum per class.**
- All staff at the school **will be required to wear a mask.**
- We will use a **No-Touch Forehead Thermometer** to check temperature of students before class.
- **We have installed 2 large capacity Air Purifiers with UV Light Sterilization which kills viruses, bacteria and fungus in the air.**
- We have installed **multiple hand sanitizer dispensing stations.**
- We have **installed live webcam** to allow parents to observe class.
- The parent's waiting area will be spaced out with **chairs placed 6 feet apart.**
- **Hand cleaning practices will be strictly enforced** for students and staff.
- Students may wear socks or **special Tae Kwon Do shoes** to be worn only during practice.