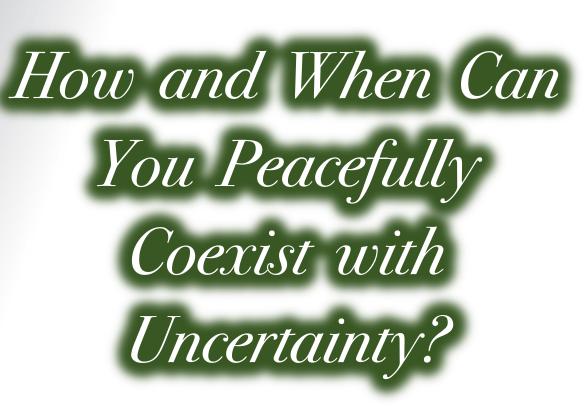


"I feel complete peace of mind, wherever I am in a meditative state 7 with the attitude of acceptance towards life, where we take full responsibility for our happiness & focus on creating small & big joyful moments."





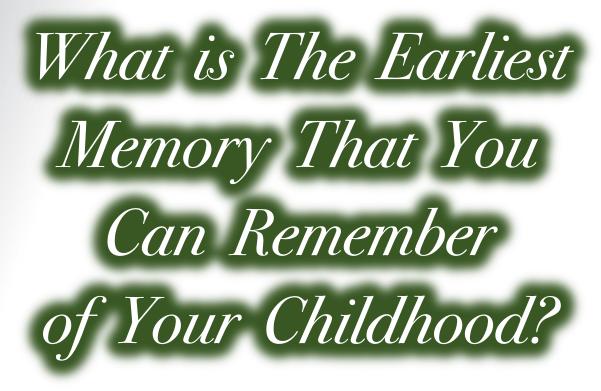
"As we already know well, especially after the covid time that there is nothing certain but the uncertain. We can never be assured in life about one specific aspect as everything & anything is possible in life. So, if we are driven by..."



How and When Can You Peacefully Coexist with Uncertainty(Contd...)?

"... certainty, uncertainty could be the most problematic feeling because certainty is the need to feel secure in whatever environment we are in. Best choice could be to stay prepared for any uncertainty & drive our life with some degree of certitude!"





"At the time when I was 11 years old, it was my deepest desire to learn how to swim, despite knowing that I might not get adequate support & guidance from seniors at that time as we didn't have any coach at the place we stayed in.

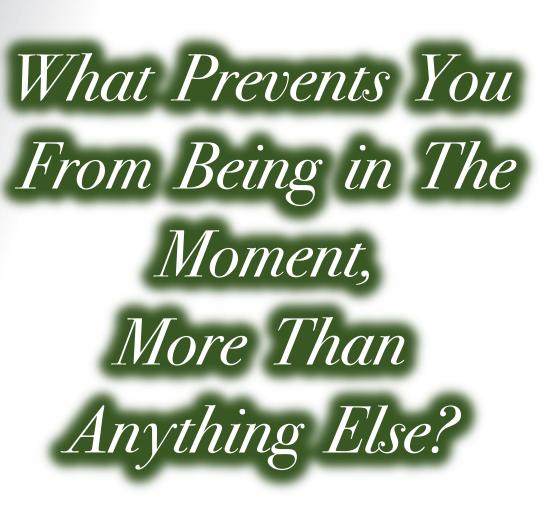
So, I started practicing basic strokes in my imagination & ... "



What is The Earliest Memory That You Can Remember of Your Childhood(Contd...)?

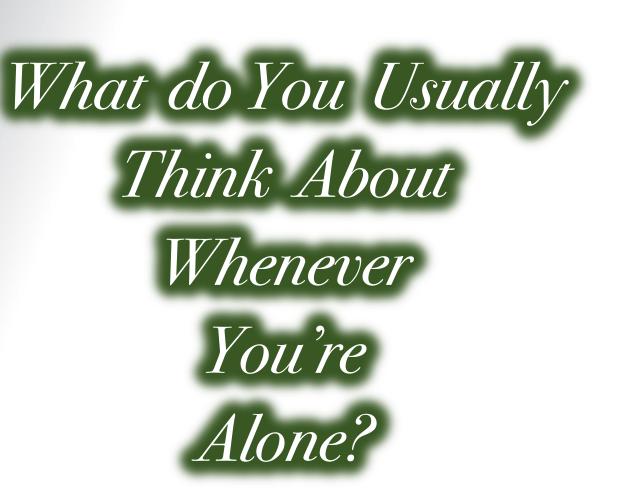
"... gradually by creating a sync between my mind & physical practices I started attaining a lot of understanding about it. It helped me to an extent that I finally learnt 'under water swimming' on my own. This method helped me gain a lot of confidence in trying other adventures, like Gymnastics, Trekking, biking & parasailing etc."





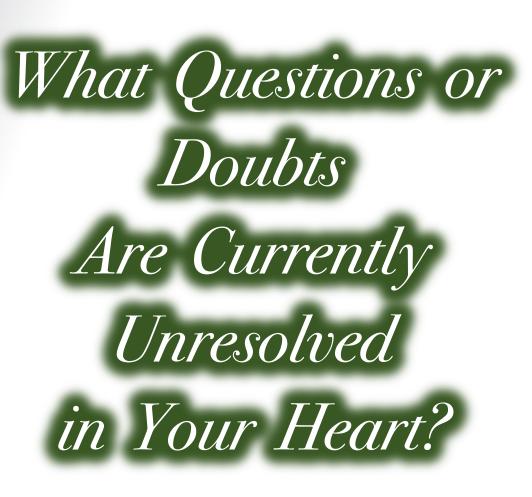
"Working on projects to which I feel very passionate about, I tend to forget things around me for that specific time."





"I think about creating solutions & spending time on learning new & upgraded methods towards the growth & well-being of everyone."





"Do I need to improve my method of communication drastically or moderately?"





"My friends, family and clients show a lot of positivity & value for my profession & recommend my profile to others without even my asking. I feel extremely blessed to have these amazing people around me."