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Where in Your Life do You Have Complete Peace of Mind?



“I feel complete peace of mind, wherever I am in a meditative state 7 with the attitude of acceptance towards life, where we take full responsibility for our happiness & focus on creating small & big joyful moments.”

How and When Can You Peacefully Coexist with Uncertainty?

*“As we already know well, especially after the covid time that
there is nothing certain but the uncertain.*

*We can never be assured in life about one specific aspect as
everything & anything is possible in life.*

So, if we are driven by...”



How and When Can You Peacefully Coexist with Uncertainty(Contd...)?

“... certainty, uncertainty could be the most problematic feeling because certainty is the need to feel secure in whatever environment we are in.

Best choice could be to stay prepared for any uncertainty & drive our life with some degree of certitude!”



What is The Earliest Memory That You Can Remember of Your Childhood?



“At the time when I was 11 years old, it was my deepest desire to learn how to swim, despite knowing that I might not get adequate support & guidance from seniors at that time as we didn’t have any coach at the place we stayed in.

So, I started practicing basic strokes in my imagination &...”



What is The Earliest Memory That You Can Remember of Your Childhood(Contd...)?

“... gradually by creating a sync between my mind & physical practices I started attaining a lot of understanding about it. It helped me to an extent that I finally learnt 'under water swimming' on my own. This method helped me gain a lot of confidence in trying other adventures, like Gymnastics, Trekking, biking & parasailing etc.”

*What Prevents You
From Being in The
Moment,
More Than
Anything Else?*

“Working on projects to which I feel very passionate about, I tend to forget things around me for that specific time.”



*What do You Usually
Think About
Whenever
You're
Alone?*

*“I think about creating solutions & spending
time on learning new & upgraded methods
towards the growth & well-being of everyone.”*



*What Questions or
Doubts
Are Currently
Unresolved
in Your Heart?*

*“Do I need to improve my method of
communication drastically or moderately?”*



What is Your Effect On Those Around You?

“My friends, family and clients show a lot of positivity & value for my profession & recommend my profile to others without even my asking.

I feel extremely blessed to have these amazing people around me.”

