



Inspirational

Episode 13

ROSHNI NAIR

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*This episode of **INSPIRATIONAL** features a “True Story” from the life of
Ms. Roshni Nair (Founder at True Blue HR Consultants)*

“ Born to an academic family in Central India, I grew up to become a girl with a strong sense of independence, self-esteem and considered equality as one of the biggest virtues that any individual, irrespective of gender has to live with. Some of my strongest values have been of trying to be true to myself and others to the best of my ability. Somewhere along the line as I grew older, I began to project these personal beliefs onto others, and soon these personal beliefs had become my expectations. When I was a small girl under my parents' secured hands, I felt the same way about the world and that made me paint a rosy picture of the world outside. However, when I stepped out of my comfort zone to face the world and its challenges, I was sure to get surprised soon. Never did I believe that the world I painted for myself is far from being real. I learned the tough way to sometimes accept and sometimes challenge the societal norms and status quo of Indian society. Both professionally and personally we find ourselves at crossroads, especially as women where we are expected to have a perfect balance between our professional life and our commitments. One guiding principle for me was to do what is right with a long-term impact. Believe me, while doing so, there is no guarantee that people around you would always take you in the right senses.

“INSPIRATIONAL”: EPISODE 13

I was often tagged to be a mediocre performer in my professional life whenever I gave more importance to my commitments towards family. To add to it there were instances when standing up for the right thing would have cost my professional assignment or job itself. Well, all through those struggles and conflicts, the simple mantra of – Let's do our duty relentlessly and have faith in the result of God- kept me going.

I would say during those testing times, I understood one fact in life, be true to yourself and don't get yourself in a position of compromising your self-esteem and identity. Though tough during the initial turmoil that it can create, I can bet it's worth the effort and courage.

There were several times in my life where I felt my belief system itself is getting tested and is cornering me. On several occasions, you are pulled in all directions by the expectations of the people around you. When you try your best to fulfill all your commitments to the best of your efforts, it is ultimately taken for granted in the end. You feel lost at that time where you feel completely dismayed.

But often, I have seen when your intentions are right and your beliefs are positive, life presents some gems in front of you in the form of partner, parents, kids, friends, and guides, who become your pillars of strength in your struggle.

Stepping into entrepreneurship after a corporate stint of more than a decade is the recent challenge I have graciously accepted. I feel entrepreneurship constantly challenges you with new situations or circumstances. However, this time I feel more confident and mature to react to them as and when it comes. I believe my recent habit of reading our old treasures of wisdom in the form of Bhagavad Geeta has helped me a lot in seeing things more neutrally and holistically. That's one book I would recommend all my fellow readers to read. It has the answers to all our past, present, and future questions and challenges that life will present.”

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