"INSPIRATIONAL": EPISODE 32





This episode of **INSPIRATIONAL** features a "True Story" from the life of **Ms. Susmita Sarma** (Podcast Host and Content Creator at Vantage Circle – The Employee Benefits and Engagement Platform)

" My mother became ill unexpectedly a few years back, early in the morning. Someone who had been performing all of the chores and running the house until the previous night, struggled to get out of bed the next morning. After a few days, her condition began to deteriorate.

I requested a one-week leave from my employment in order to care for my mother. In reply, they advised that I pick between my personal problems and my employment because they were under "work pressure."

I was taken aback by the organization's lack of professionalism, yet all I expected was a smidgeon of kindness. I forwarded all of the medical papers and requested them to be considerate. The next email I received said, "Your resignation is accepted," along with a release letter, which I couldn't believe. I'm quite sure I'm the first person on the planet whose resignation was accepted before I even sent it!

I retained my composure. I had no choice. Because my mother's doctor feared she had cerebrovascular disease, and any anxiety or stress could make her situation worse.

I didn't tell anyone about my job status. Everyone only knew that I had resigned from my position.

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A few months went by. The days were hectic, but the nights were a disaster. Every night, I was torn between thoughts, the majority of which were negative. Before that, I'm sure I had no idea what hopelessness or injustice meant. I couldn't believe my awful luck. I wished I could go back in time and do things differently. Insomnia proved difficult to overcome.

Three months later, my mother's doctor had an update. This was when we came to know that my mother had been wrongly treated. We were referred to another doctor, who helped us understand what was going on.

My mother was actually suffering from a vestibular problem. Accordingly, her doctor altered her medications and recommended that she undertake some regular exercises. With God's grace, after one month, she was better. However, she became extremely weak and suppressed as a result of taking the wrong medications. But, that had to go away slowly.

I was at ease after so many months. The days were brighter, and I was able to sleep at night for the first time in a long time. With my family, I could eat, laugh, and make plans for the future. We also went to Thailand, which was something we had planned for a long time.

I sent out a couple of job applications once we returned from our trip. I received nil or only a few responses. That's when I started freelance writing and blogging. To be honest, I didn't think any employer in my city would accept someone like me, who had clear work-family priorities and a long break in employment. My experience taught me that corporations are only interested in making money, but it's difficult to criticize them because that's how the corporate game is played.

However, a part of me wished for something extraordinary to unfold.

My efforts continued, and everything changed one lovely day. Ironically, I now work for a company that ensures employee happiness for businesses across the world. It's heartening to see employers who care about their employees; maybe, this will become a standard in the future.

Now I can proudly say that as a result of prioritizing my family, I was able to take advantage of a better opportunity. And it was when I learned how to prioritize my life; I could put my core values into action.

My obstacles challenged me, but they also taught me many valuable lessons along the way and in the end, they revealed my true ability.

Someone rightly said, "You never know how strong you are until being strong is the only

choice you have." And remember, it is only in our darkest moments that we see people for

who they truly are.

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