



Inspirational

Episode 33

# Rupa Patil

Certified MASTERMIND Professional,  
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*This episode of INSPIRATIONAL features a “True Story” from the life of Ms. Rupa Patil (Certified MASTERMIND Professional, Business Mentor, Trainer, Coach and Speaker)*

***“ This is a true story of transformation. Metamorphosis really:***

*Of someone who went on from being an underconfident, poor, suicidal kid ... to one who is now on a Mission to help 10,000 heart centred people.*

### ***Early childhood:***

*Born in a large, lower income family in Mumbai, I was neither the brightest, nor the prettiest of the 5 kids. Average would have been probably OK in my school, but “average + poor + rebellious” was hate-worthy for my teachers. Little did they bother about the whole child psychology or even basic human empathy bit, when it came to me. All they could see is a problem child, coming from lower income group, a backbencher, questioning the status quo always.*

*Soon I was declared to be “Good for nothing”.*

*In Grade 3, it was enough evidence for me to believe every word of it.*

*“Maybe I am Good for nothing”? ... I thought.*

*“What difference will it make if I live or die?” ... I thought*

*“Maybe it’s a good idea: One less mouth to feed” ... I finally thought.  
So, one day, at the age of 14, I decided to end it all & slashed my wrist...  
It wasn’t the end of my life, but the start of years of untreated depression.*

*But soon it’d also be the reason behind becoming a strong, heart centred person.  
“What doesn’t kill you makes you stronger” as they say!*

### ***Teenage & College:***

*By the age of 16, I realized:*

*“I can’t just ‘dream’ or ‘hope’ for a better life, I need to ‘create’ one!”*

*So, I started working... To support my family, to support my mom, financially.*

*Or maybe to become “good for something”!*

*I absolutely enjoyed every single role that I played, whether it was waiting tables at restaurants, doing door-to-door sales, or selling AMEX Cards.*

*I moved out of Mumbai to complete my engineering studies and never stopped working. It was calming to sponsor my own education: To Earn and Learn.*

### ***Corporate Life, Business Life & Beyond:***

*After graduation, I entered & grew exponentially in Corporates. Despite steady financial growth, corporate life wasn’t appealing to my soul. I knew that I was meant to do more, be more. In 2013, I founded “**Weekend Nuts**”. (This is an 8-year-old Event Management Business Today) Serving clients like Amazon, Lenovo, Pearson Education, Ola, Swiggy, Zuari Cement, L&T and more.*

*Later, after running this local business, I wanted to think BIG and do something that’s more meaningful and IMPACTFUL. But without spending years in trial and error. So, I did something unthinkable: I invested my entire life-savings in skilling up.*

*Today, I am a Certified Mastermind Professional, a Business Mentor, an international Trainer, Coach, Author & Speaker. (Check out: [www.RupaPatil.com](http://www.RupaPatil.com) )*

***MISSION & Real-Life Transformations:***

*It took me almost 4 decades... To overcome the belief of “I am NOT good enough”.*

*To know that everything is possible, with passion, purpose & persistence.*

*It was a lonely journey, filled with self-doubts. However, I don't want others to go through this long, painful journey.*

*I also want them to save their precious time and their hard-earned money.*

*That's why today:*

*I am on a MISSION to help 10,000 Heart Centred Leaders who are driven not only by income, but also by impact. To help them grow Personally, Professionally & Financially.*

*I've also been a Business Mentor with Google & Sheroes' Accelerator Program for Rural Women Entrepreneurs of India. And I've helped people from over 16 countries through my Training, Coaching and Masterminds.*

*...But I have only begun!*

*If nothing else resonates with you from here;*

*Let this be the ONE take away for you:*

*You are here for a reason! If you're still breathing, your work is not done here. There are others waiting to hear from you, learn from you, get inspired by YOU, & It's your responsibility to help them in their Real-Life Transformations. ”*

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***Website Link of this Story: <https://livingvirtuously.in/inspirational-page-2>***