

Inspirational

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Episode 34



This episode of *INSPIRATIONAL* features a “True Story” from the life of Ms. **Sumaiya Sultana** (Master Trainer, Life & Executive Coach, Performance Strategist)

“Unravelling some old memories which makes me wonder how adaptability is imposed on tender minds to showcase as matured adults. Are we still prisoners of the seer conditioning or have chosen to evolve?”

Fortunate to be a Slow Learner...When I look back into my school days where science and social flew over the head, never associated with numbers and symbols in mental maths. One seizure attack took a toll over my cognitive function. No one understood that my learning needs had changed after that, ‘Was it justification to label a 9 years old child as a Slow Learner???’ Isolating myself in the corner of our storeroom, wiping my nonstop weeping eyes I questioned myself “Is it wrong that I take time to think, to understand? I too loved learning, then why am I called a Slow Learner?”

As time evolved, I began my journey as an educationist at a very young age. I realized that being a slow learner I slowing developed better thinking ability, chose wisely what to learn, honed skill sets to be an emerging leader. What can stop you? This question 15yrs ago made

*me take my 1st step towards my insane dream. I found my calling in training and coaching. I could build on my existing skills, found platforms to specialize and opportunities to achieve excellence. This fulfilling career drove to a purpose, a purpose of helping people to identify the hidden potential in them. Have trained over **5000** working professionals and organization leaders to re-work on their mental conditioning and use all their resources, mental faculties to expand their capabilities to perform top notch & also create an ecosystem that empowers others and self-growth, values emotional needs and holistic wellness of every individual.*

My message to you – Be a hand which directs others towards a positive evolution, encourage people around you to make choices, a choice to grow.”

INSPIRATIONAL isn't it?

Website Link of this Story: <https://livingvirtuously.in/inspirational-page-2>