



*This episode of **INSPIRATIONAL** features a “True Story” from the life of **Mr. Uday Shankar Peyyeti** (Vice President – Program Management at PamTen Inc)*

“ I am a staunch Sahaja Yoga meditation practitioner from Hyderabad and firmly believe that practicing meditation enables one to connect to our own living energy to the all-pervading divine power during thoughtless state. While I’m working as the Vice President in an IT firm, holding an experience of 17 years, happen to deal with Technology, Consulting and Management across multiple countries, happen to organize many personality development sessions for students and stress management workshops for corporate bodies in India and worldwide through this endeavour.

It was way back in 2006, wherein I had met with a fatal accident and was almost declared dead by the doctors as I had suffered multiple injuries and was terribly bleeding. I was shuttled between hospitals as no one dared to operate me because there wasn't any hope for my survival. But look at the destiny, where one of the major hospitals in Bangalore had agreed to admit me. I had to undergo three major operations for around 24hrs and then continued to stay in coma for a months' time. During this period, umpteen numbers of miracles had brought me back to life. It's none other than SAHAJA YOGA Meditation, which I have been practicing since my

childhood, has provided the requisite stimuli to all my plexus. Even doctors couldn't believe when I woke up from Coma and sat for Meditation for few minutes on the 3rd day after the accident and then slipped back into coma for few more weeks. Every medicine that was tried has started working miraculously, which made Doctors realize that there is a power which is helping me to come out of the horrendous time that was going through. I started regaining my consciousness after a month and got to hear as an audience that I had started behaving as usual like earlier as in, conversing with Doctors, relatives and friends in a normal way. The best part of this incident is that when I came back to my home in Hyderabad, I don't recollect an inch of what happened over the last one month though I regained my consciousness in the hospital.

In short that part of my journey has completely been erased from my life as I could remember everything, and anything till a point just before the accident.

This accident had transformed me 360 degrees and I am re-living a great life, wherein have been recognized across the industry for my good deeds and the initiatives on Environment Sustainability and for other Social concerns.

Sharing some of my personal & professional achievements:

- *25 Lac Plantation in a single day*
- *Rainwater Harvesting & Water Conservation Initiatives*
- *Personality Development & Stress Management Initiatives, Globally*
- *Mentoring Students & Corporate Professionals, PAN India*
- *Let's vote campaign*
- *Skilling blue-collared workforce*
- *Enabling Vaccination drives in each of the communities*

Awards & Achievements:

- *Environment Sustainability Champion Award by K. Taraka Rama Rao, Minister of IT, Industries & MAUD of Telangana*
- *Appreciation from Chief Minister's office of Telangana*
- *Best Leadership Award-Capgemini*
- *Most Valuable Player Award-Infosys*
- *Outstanding Alumni-CBIT*
- *Customer Delight awards*

Holds the following Social Ranks in NGOs:

- *Vice President – UFERWAS (United Federation of Residential Welfare Associations)*
- *Director-Lead India Foundation Prakrithi Vertical*
- *Green Head-HYSEA (Hyderabad Software Enterprise Association)*
- *CSR Council-CII & Telangana-Social Impact Group*
- *Technical Head-CORWA (Confederation of Residential Welfare Associations)*
- *Corporate Spreading group-Sahaja Yoga Meditation Society*
- *Gen. Secretary – USO (United schools Organization)-Telangana”*

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