

— Inspirational  
Episode 40

# Dorie Olds

Owner at  
“School of Creation”



*This episode of **INSPIRATIONAL** features a “True Story” from the life of Ms. Dorie Olds  
(Owner at **School of Creation**)*

*“It is October 16, 1985 and I am sitting in a private hospital lounge, my husband is suffering from injuries of a fatal incident, he is being questioned by the police while hospital staff work on his injuries. A news breaking story is on the television, my house is being searched by police authorities; sitting next to me are my husband’s parents telling me this is all your fault. ‘We know this is all your fault.’*

*I have to get out of here, I have to be somewhere else, anywhere else, his parents are telling me, ‘You can’t leave!’ I step out into the hospital hallway, it is totally empty. I am standing by the doorway trying to breathe. Suddenly I am aware of someone talking to me, calmly stating the same phrase over and over, ‘Everything is going to be ok’, ‘everything is going to be ok’, ‘everything is going to be ok.’ The words finally penetrate through my shock and I really hear them. ‘Everything is going to be ok’. A deep feeling of peace permeates my entire body. I feel myself relaxing, breathing deeply. I know I can trust this voice, I know I can trust this feeling. I recognized the source, everything is going to be ok. I walk back into the hospital lounge, nothing in the room had changed, except for me, I was changed forever, I knew that everything was going to be ok.*

*That deep feeling of peace has stayed with me throughout all the succeeding events. It supported me through the assault of the media, through the loss of some family and friends who could no longer be in relationship with me, through neighbours saying my children could no longer play with their children, through continued house searches, the preliminary hearing and finally the plea bargain and incarceration of my husband.*

*It stayed with me as I was alone to care for my children, juggling finances, continuing to wade through the situation . But that was not the truth, I was not alone, I had friends, family, neighbours, church members. I had people reaching out to me and my children, some of the people I didn't even know. I also had this feeling of peace and assistance from God that I knew I could absolutely and positively trust and depend on. Everything is going to be ok.*

*Into my life steps a young woman about my age, with two children about my children's age, who had an ex-husband in prison. She had recently moved into the neighbourhood, into her parents' home for a time. I don't feel safe talking to new people, making new friends, she is in the neighbourhood I can talk to her. My daughter tells her daughter, 'My dad is in prison', the young girl looks back at her, 'So, mine is too.' My children are not alone, they are not the only ones with a dad in prison, they feel normal, they can relax.*

*I now had a mentor, someone who could answer my questions, help me negotiate the prison system. I can relax, everything is going to be ok. She was in my life for about six months, she stayed long enough to teach me what I needed to know. To give me and my children support and strength to move on.*

*She advised me to not make any major decisions while I was recovering from the shock of my life events. She could see I was not in my right mind, I was still numb, not thinking clearly, feeling like I was living in a fog. I followed her advice, living one day at a time.*

*I learned how to trust myself, how to listen to and recognize the answers and information that was being given to me. How to pay attention to the feelings I was having, and when I was having a certain feeling, what might that mean, what action did I need to take or did I need to do nothing? I was reclaiming my own power, and also stepping into a new place of inner power for me. Before this time I would trust others to know what was best for me, I would discount and devalue my feelings and insights I had, I did not trust myself to trust myself.*

*I was learning how to listen, how to recognize when I need to pay particular attention to a situation or the words someone is speaking, I was learning to pay attention when I met someone and recognized that feeling that this person is in my life right now for a reason. I*

*needed to be aware so I didn't miss anything that could be important to me and my life. Sometimes I would realize later I had missed an opportunity that was important for me. I continued to work on being better.*

*I was learning how to ask questions inside myself, recognizing the answers through my feelings, trusting and taking action on those feelings. Sometimes I would make mistakes, misinterpreting what I was feeling or being attached to a certain outcome. I would take no action when I should or take action when I shouldn't. Sometimes when I realized my mistakes I would stop listening and asking inside myself for a while, I would stop trusting myself, then I realized there is no movement or learning here, I had to be willing to make mistakes, to do the best I could in the moment knowing I may make mistakes. I was learning from my mistakes, I could re-choose, adjust myself and keep practicing knowing I was improving every day*

*As I was working and honing my skills, something remarkable was happening. I was recognizing where it was important to spend my time and focus. I was becoming in tune with the subtleties of different situations, I was learning how to read energy and be more aware in the moment.*

*As I continued to trust God and to listen and follow the messages and answers to my prayers that I was receiving. I found myself drawn to the alternative health community, I had always had an interest since I was young but had never pursued it.*

*I started attending introductory classes in different modalities. I was not sure why I was doing this, but it felt right, I had to follow what was given, trusting the energy and answers I was given. I was meeting women who were on a similar journey, who had been where I was, they taught me, mentored me, shared their experiences, perceptions and wisdom. I was grateful, I was starting to see my way, they shone a light on my path, they walked with me, they talked with me, they helped to understand the process that I was in, I want to know and do more.*

*Through this process I became close with these women, trust was built. I knew that I was in their lives and that they were in mine for a reason. As I continued to learn I became aware that I had gifts, as I chose to listen, trust and take action, walking in the unknown, I found that I was able to assist others in putting themselves in a healing mode, and just like me, learning how to listen to God Source, trusting their answers. I didn't have their answers, and I found I could help them know their own answers for themselves, it was a learning process, a trusting process, that their answers are within to be discovered, that they could trust themselves*

*as they get out of their own way. That they could make right choices in their own lives, they could have a different experience, reclaiming their power, or have it for the first time. They could find their own gifts, their own path, their own purpose, and have joy, just as I was.*

*I have now been in the alternate health field for over twenty years, working with amazing people, having amazing experiences. I have the privilege and responsibility of helping others on their path to finding themselves, their gifts and challenges, their purpose, their path, and their joy; while continuing to walk my own path.*

*I am still learning, growing, becoming aware, making mistakes, still needing to pay attention to the energy in the moment, needing to forgive myself and others. I am still having people brought into my life, those that I can help, and those that are to help me, sometimes they are the same person, still supported by God Source, still having that sense of peace, everything is going to be ok, the journey continues.”*

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