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# *Where in Your Life do You Have Complete Peace of Mind?*

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*“Peace of mind can be had amidst the loudest of noise too.  
It's just that we need to focus our mind to something  
peaceful. I get complete peace of mind when I am listening  
to music. That helps me greatly.”*



# *How and When Can You Peacefully Coexist with Uncertainty?*

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*“What is life without uncertainties! If we are prepared with  
a Plan B for anything that we decide to do.....big or  
small.....we can very peacefully co-exist with  
uncertainty...”*



# *How and When Can You Peacefully Coexist with Uncertainty(Contd...)?*

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*“...Mostly, I am ready with my Plan B even in my day-to-day life, so I am certain for one thing or the other.”*



# *What is The Earliest Memory That You Can Remember of Your Childhood?*

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*“My earliest memory of my childhood is when I was almost 2 years old and learning to climb the stairs. After every step that I would climb, I would say ‘shabaash’ and then climb the next step.”*



# *What Prevents You From Being in The Moment, More Than Anything Else?*

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*“Everything is in our mind. If we control our mind, we can enjoy every moment. If we let our mind roam around, we will think 10 other things rather than being in the moment. I avoid...”*



# *What Prevents You From Being in The Moment, More Than Anything Else(Contd...)?*

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*“...letting my mind roam around and to be honest, instead of clicking pictures of the occasion where I am in, I still live it in the old-world ways....by enjoying it to the fullest.”*



# *What do You Usually Think About Whenever You're Alone?*

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*“I love to enjoy my me time everyday. In that me time, I don't think much. Instead, I enjoy the joys of nature and my reading which I never fail to do.”*



# *What Questions or Doubts Are Currently Unresolved in Your Heart?*

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*“At this stage of my life, I don't have unresolved questions or doubts. It's just some planning for the future that goes on.”*



# *What is Your Effect on Those Around You?*

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*“I am a positive person who tries to find positivity in everything. So, my effect is also positive on all the people whom I interact with. It gives me immense pleasure when...”*



# *What is Your Effect on Those Around You (Contd..)?*

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*“...someone comes up to me and says that their thought process has become positive because of me.”*