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*Where in Your Life
do You Have
Complete Peace of
Mind?*

*“When I go on my morning walk or when I meditate,
I am peaceful with myself.”*



How and When Can You Peacefully Coexist with Uncertainty?

“Understand that Change is the only thing constant in today’s world & accepting it as a way of life helps you to manage the uncertain vagaries of life & co-exist with it peacefully.”



What is The Earliest Memory That You Can Remember of Your Childhood?

“When I got separated from my biological parents for no fault of mine at the age of 3.5 years and had to chalk out my life without them for the rest of my life.”



*What Prevents You From
Being in The Moment,
More Than
Anything Else?*

“We generally brood over the past and worry about the future and I am no different. These two prevents me from being in the moment.”



What do You Usually Think About Whenever You're Alone?

“When I am all by myself, I get a lot of time to self-introspect on issues that is bothering me. It helps me to declutter my mind and surf through it with a calm mind and chalk out a future course of action for myself.”



What Questions or Doubts Are Currently Unresolved in Your Heart?

“I am in search of a meaning for LIFE and trying to understand what is the purpose of my life and where am I heading to? In this pursuit I am trying to understand “Who am I”? and how to come to terms with the realities of life?”



What is Your Effect on Those Around You?

“I try to infuse positivity around me and try to help people exploit their potential to the full. I generally am an Optimist and believe that the Tough gets going, when the going gets Tough.”