

Race Date
July 31, 2022

GBT Long Course
Age Group Results

Long Tri

Male Overall Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	1	Johnathan Dolan	5	20	2	23:18.2	1:27	0:34.2	2	1:00:50.7	23.0	0:28.9	1	26:44.3	5:38	1:51:56.5
2	2	Kyle Visin	54	39	3	26:55.7	1:41	0:40.3	1	1:00:18.5	23.2	0:38.8	2	28:50.3	6:04	1:57:23.9
3	3	Kieran Dolan	2	16	1	23:15.5	1:27	1:08.0	3	1:08:49.7	20.3	0:58.6	3	30:32.4	6:26	2:04:44.3

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GBT Long Course Age Group Results

Long Tri

Male 11 to 14

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	28	Alex Kim	1	14	1	30:02.8	1:53	0:21.3	1	1:24:50.8	16.5	1:27.6	1	30:41.2	6:28	2:27:23.9

Male 15 to 19

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	3	Kieran Dolan	2	16	1	23:15.5	1:27	1:08.0	1	1:08:49.7	20.3	0:58.6	1	30:32.4	6:26	2:04:44.3

Male 20 to 24

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Johnathan Dolan	5	20	1	23:18.2	1:27	0:34.2	1	1:00:50.7	23.0	0:28.9	2	26:44.3	5:38	1:51:56.5
2	18	Jediel Nunes	8	24	2	30:11.8	1:53	5:00.0	4	1:16:26.9	18.3	0:59.5	1	26:31.3	5:35	2:19:09.7
3	19	Jeremy Olson	3	20	4	34:32.2	2:10	3:00.0	2	1:08:44.5	20.3	0:49.6	3	32:06.1	6:46	2:19:12.5
4	60	Nathan Stenseng	7	21	6	48:39.9	3:02	3:25.7	5	1:16:49.1	18.2	2:54.8	4	35:09.0	7:24	2:46:58.7
5	61	Miguel Vela	4	20	3	32:38.5	2:02	2:16.5	6	1:33:08.3	15.0	0:31.7	6	38:55.7	8:12	2:47:30.9
6	70	Antoine Tran	6	20	5	48:38.7	3:02	3:25.0	3	1:15:54.3	18.4	1:14.4	7	49:43.0	10:28	2:58:55.6
7	91	Denzel Robinson	9	24	7	55:19.1	3:27	6:06.2	7	1:48:48.4	12.8	2:11.3	5	36:21.7	7:39	3:28:46.8

Male 25 to 29

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>

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Male 25 to 29

Place			----- Swim -----					T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	9	Michael Choquer	10	25	3	28:29.2	1:47	5:00.0	1	1:05:19.1	21.4	1:51.3	1	30:28.6	6:25	2:11:08.3
2	13	Tommy Turner	15	27	1	23:42.4	1:29	4:00.0	3	1:12:23.3	19.3	1:14.3	2	32:53.4	6:55	2:14:13.5
3	14	Austin Abrams	22	29	2	25:24.6	1:35	5:00.0	2	1:09:52.2	20.0	1:01.8	4	34:53.2	7:21	2:16:11.9
4	15	Liam Gallant	12	25	12	1:43:57.1	6:30						3	34:50.5	7:20	2:16:52.2
5	37	Luke Wilson	21	28	4	32:55.9	2:03	2:57.2	7	1:19:57.5	17.5	1:06.3	6	35:35.4	7:30	2:32:32.5
6	44	Julian Gaul	24	29	8	38:28.5	2:24	5:09.9	4	1:14:41.2	18.7	1:46.6	5	35:16.4	7:26	2:35:22.8
7	50	George McConnell	17	27	10	40:10.1	2:31	5:00.0	5	1:16:00.0	18.4	2:12.3	7	37:32.6	7:54	2:40:55.2
8	52	Sean Strause	20	28	5	33:10.5	2:04	2:20.6	6	1:17:29.5	18.0	1:56.4	9	46:49.8	9:52	2:41:47.1
9	64	Moises Santillan	19	28	7	37:46.3	2:22	2:21.7	8	1:20:39.5	17.3	1:38.8	10	46:56.6	9:53	2:49:23.2
10	78	Matthew Reiser	16	27	6	36:29.5	2:17	3:58.9	10	1:41:49.9	13.7	1:13.2	8	43:39.5	9:11	3:07:11.2
11	81	Aidan Brooks	18	28	11	49:03.8	3:04	2:44.7	9	1:21:55.1	17.1	2:02.1	11	54:03.2	11:23	3:09:49.1

Male 30 to 34

Place			----- Swim -----					T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	4	Anton Komarov	37	34	1	26:02.8	1:38	5:00.0	1	1:03:52.8	21.9	0:50.6	3	29:39.5	6:15	2:05:25.8
2	7	Michael Meyer	31	32	3	29:50.9	1:52	5:00.0	2	1:04:10.8	21.8	1:05.1	1	27:53.2	5:52	2:08:00.1
3	11	Steve Ambrosi	30	32	5	32:31.6	2:02	1:27.9	3	1:05:04.8	21.5	0:54.3	6	33:24.8	7:02	2:13:23.5
4	17	Matthew Marak	34	34	8	36:01.8	2:15	3:10.7	4	1:07:56.8	20.6	1:16.7	2	29:04.6	6:07	2:17:30.8
5	23	Mack Carlson	36	34	2	28:04.5	1:45	5:00.0	8	1:18:25.6	17.8	1:24.7	5	32:54.9	6:56	2:25:49.9
6	24	Stuart Sonatina	32	33	9	36:02.3	2:15	3:53.7	5	1:10:45.7	19.8	1:35.9	7	33:47.1	7:07	2:26:04.9
7	26	Dennis Bui	38	34	11	1:03:33.2	3:58	9:51.0				43:03.9	4	30:41.3	6:28	2:27:09.5
8	36	Bryce Becker	35	34	7	34:10.5	2:08	3:11.9	6	1:13:18.6	19.1	2:14.0	9	39:23.2	8:18	2:32:18.3
9	41	Ben Phelps	33	34	4	32:15.5	2:01	5:00.0	7	1:14:38.2	18.7	1:42.9	10	40:15.6	8:29	2:33:52.3
10	53	Peter May	27	31	6	34:06.4	2:08	4:57.2	9	1:23:37.8	16.7	3:27.6	8	36:48.0	7:45	2:42:57.2

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Long Tri

Male 30 to 34

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total			
Place	Overall				Rnk	Time		Pace	Time		Rate	Time		Rnk	Time	Pace
11	80	Chintan Desai	29	32	10	38:00.0	2:23	2:00.0	10	1:32:00.0	15.2	1:00.0	11	54:54.7	11:34	3:07:54.7

Male 35 to 39

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total			
Place	Overall				Rnk	Time		Pace	Time		Rate	Time		Rnk	Time	Pace
1	2	Kyle Visin	54	39	2	26:55.7	1:41	0:40.3	1	1:00:18.5	23.2	0:38.8	1	28:50.3	6:04	1:57:23.9
2	5	Jason Dubovsky	51	38	3	27:58.8	1:45	5:00.0	2	1:01:46.9	22.6	1:00.6	2	30:09.6	6:21	2:05:56.1
3	12	Yigit Tirpanceker	50	38	1	26:41.2	1:40	5:00.0	3	1:06:48.1	20.9	1:08.8	3	34:17.0	7:13	2:13:55.2
4	20	Zack Zimbalist	49	37	4	30:19.7	1:54	1:51.0	6	1:11:16.9	19.6	2:00.0	6	37:33.9	7:55	2:23:01.6
5	25	Tobin Huff	53	39	5	31:22.8	1:58	5:00.0	5	1:10:00.9	20.0	2:00.0	7	38:05.4	8:01	2:26:29.1
6	32	Kevin Palmer II	39	35	6	33:30.9	2:06	1:24.2	8	1:20:06.4	17.5	0:31.8	5	36:02.4	7:35	2:31:35.8
7	39	Victoria Penaarvizo	47	36	10	44:53.7	2:48	1:26.5	7	1:11:18.2	19.6	1:00.0	4	34:41.3	7:18	2:33:19.8
8	40	Tim Lott	56	39	7	39:18.6	2:27	1:32.1	4	1:09:12.8	20.2	1:30.0	10	42:09.9	8:53	2:33:43.6
9	65	Keith Johnston	80	38	8	40:05.7	2:30	5:00.0	10	1:22:30.9	16.9	1:46.2	9	40:12.2	8:28	2:49:35.1
10	67	Cameron Miller	43	35	9	42:17.1	2:39	5:18.2	9	1:21:50.9	17.1	1:21.3	8	40:07.6	8:27	2:50:55.1
11	92	Kenny Sanders	48	37	11	51:09.6	3:12	3:08.4	11	1:51:43.1	12.5	1:10.1	11	47:10.1	9:56	3:34:21.5

Male 40 to 44

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total			
Place	Overall				Rnk	Time		Pace	Time		Rate	Time		Rnk	Time	Pace
1	8	John Bamford	68	44	2	34:28.4	2:09	1:16.1	1	1:03:43.9	21.9	0:43.7	1	29:03.9	6:07	2:09:16.1
2	33	Gui Peres	58	40	4	37:12.1	2:20	2:26.6	3	1:15:41.2	18.5	1:09.6	2	35:07.5	7:24	2:31:37.3
3	45	Luis Martinez	59	40	1	30:26.7	1:54	3:20.8	7	1:23:33.9	16.7	2:43.8	3	37:17.0	7:51	2:37:22.3

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Age Group Results

Long Tri

Male 40 to 44

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
4	49	Paulo Fontes	60	40	8	47:52.8	3:00	5:00.0	2	1:08:52.8	20.3	1:27.7	5	37:32.0	7:54	2:40:45.4
5	55	Peter Maki	64	42	5	39:43.2	2:29	4:22.0	6	1:20:59.8	17.3	1:04.6	4	37:30.0	7:54	2:43:39.7
6	62	Calvin Thompson	69	44	6	40:29.9	2:32	2:47.8	5	1:20:00.1	17.5	1:30.3	6	42:53.6	9:02	2:47:41.8
7	72	John Hunter	62	41	7	44:21.8	2:46	4:57.0	4	1:17:05.5	18.1	2:00.0	7	50:40.9	10:40	2:59:05.3

Male 45 to 49

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	6	Kirk Gilligan	76	48	2	34:52.1	2:11	1:49.1	1	58:33.8	23.9	2:00.0	1	29:09.4	6:08	2:06:24.5
2	35	Michael Fauver	75	48	3	37:24.4	2:20	2:47.3	3	1:11:25.0	19.6	1:03.7	3	39:28.0	8:19	2:32:08.5
3	57	Jeff Denier	71	45	1	32:45.7	2:03	2:26.7	5	1:21:03.0	17.2	1:20.7	6	47:22.5	9:58	2:44:58.8
4	58	Roland Valdez	74	48	4	41:50.3	2:37	3:20.2	4	1:12:23.3	19.3	0:23.7	5	47:04.0	9:55	2:45:01.7
5	59	JASON CURNYN	77	49	7	50:29.2	3:09	5:00.0	2	1:08:51.5	20.3	3:53.5	2	38:00.0	8:00	2:46:14.4
6	77	Dean McCann	72	46	5	45:07.2	2:49	5:00.0	7	1:27:28.6	16.0	2:38.1	4	46:40.3	9:50	3:06:54.3
7	86	Norman Kontorovsky	70	45	6	48:10.8	3:01	2:12.1	6	1:25:32.7	16.3	2:00.0	7	54:35.5	11:30	3:12:31.2

Male 50 to 54

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	16	Chris Wegner	83	53	1	32:54.9	2:03	2:11.9	1	1:05:57.3	21.2	2:00.0	2	34:25.1	7:15	2:17:29.4
2	38	Donald Lincoln	350	54	2	36:12.2	2:16	5:00.0	2	1:16:32.3	18.3	2:26.6	1	33:01.3	6:57	2:33:12.5
3	46	David Jarrat	78	50	3	38:05.7	2:23	3:28.6	3	1:17:00.9	18.2	2:48.8	3	36:10.7	7:37	2:37:34.9
4	68	Wayne Twigg	82	53	4	40:25.7	2:32	2:48.5	4	1:17:50.2	18.0	1:40.8	4	54:24.9	11:27	2:57:10.2

Race Date
July 31, 2022

GBT Long Course Age Group Results

Long Tri

Male 55 to 59

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	21	Alex Hamlow	85	56	4	38:08.2	2:23	2:14.3	1	1:07:05.2	20.8	1:01.5	1	36:13.8	7:38	2:24:43.1
2	29	John Brewer	88	58	2	31:24.1	1:58	5:00.0	2	1:13:05.5	19.1	0:53.4	2	37:26.7	7:53	2:27:49.9
3	69	Daniel Webster	87	58	6	48:35.4	3:02	3:14.1	3	1:17:07.1	18.1	2:29.5	3	46:48.8	9:51	2:58:15.1
4	73	Jim Greene	84	59	1	31:12.1	1:57	3:35.8	5	1:25:47.6	16.3	1:12.4	4	57:37.3	12:08	2:59:25.3
5	82	Roehl Amante	86	56	5	38:18.2	2:24	5:00.0	4	1:21:56.3	17.1	1:15.7	5	1:03:40.2	13:24	3:10:10.4

Male 60 to 64

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	76	Rexford MacGregor	95	64	1	45:40.4	2:51	5:00.0	2	1:27:26.6	16.0	2:00.0	1	46:33.5	9:48	3:06:40.7
2	87	Michael Bell	142	60	2	50:18.5	3:09	2:58.7	1	1:27:12.1	16.0	2:08.4	2	55:05.4	11:36	3:17:43.3
3	89	David Yost	93	62	4	2:25:43.2	9:06						4	1:03:11.9	13:18	3:26:04.1
4	90	Kirk Henning	94	63	3	55:56.7	3:30	4:26.4	3	1:28:47.8	15.7	1:46.7	3	55:20.6	11:39	3:26:18.3

Male 65 to 69

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	42	Rick Hummel	96	66	2	40:33.6	2:32	1:46.3	1	1:12:29.4	19.3	1:14.7	1	38:53.7	8:11	2:34:57.8
2	56	Mark Hildner	97	66	1	30:19.5	1:54	6:30.0	2	1:19:02.0	17.7	1:26.7	2	46:47.6	9:51	2:44:05.9

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Long Tri

Female Overall Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
1	10	Christina Lauer	124	38	2	29:49.8	1:52	1:21.5	1	1:09:57.2	20.0	1:20.8	2	29:50.9	6:17	2:12:20.4
2	22	Tiffany Sax	110	16	3	30:43.6	1:55	5:08.6	3	1:19:23.8	17.6	0:36.6	1	28:52.9	6:05	2:24:45.6
3	27	Elsa Robertson	349	22	1	29:25.8	1:50	5:00.0	2	1:15:21.5	18.6	0:47.5	3	36:35.6	7:42	2:27:10.6

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GBT Long Course
Age Group Results

Long Tri

Female 15 to 19

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	22	Tiffany Sax	110	16	1	30:43.6	1:55	5:08.6	1	1:19:23.8	17.6	0:36.6	1	28:52.9	6:05	2:24:45.6

Female 20 to 24

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	27	Elsa Robertson	349	22	2	29:25.8	1:50	5:00.0	1	1:15:21.5	18.6	0:47.5	2	36:35.6	7:42	2:27:10.6
2	30	Kelsey Hall	113	24	3	31:49.6	1:59	2:19.3	2	1:17:41.5	18.0	1:17.7	1	36:09.1	7:37	2:29:17.3
3	34	Makenna DePuydt	112	24	1	26:42.5	1:40	1:33.9	3	1:20:16.3	17.4	1:14.2	3	42:11.4	8:53	2:31:58.5
4	74	Ariana Garbers	111	21	4	39:59.4	2:30	1:25.9	4	1:27:44.6	15.9	2:00.0	4	50:16.9	10:35	3:01:26.9

Female 25 to 29

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	43	Celine Jeremiah	116	28	3	34:26.6	2:09	5:00.0	1	1:16:17.4	18.3	1:52.4	1	37:36.1	7:55	2:35:12.6
2	54	Alex Asera	138	25	4	40:17.2	2:31	1:29.5	3	1:19:35.1	17.6	1:08.0	3	40:55.1	8:37	2:43:25.1
3	63	Leven Roberts	117	28	2	32:05.3	2:00	2:44.2	2	1:18:25.4	17.8	1:36.5	5	53:27.8	11:15	2:48:19.5
4	66	Claudia Prescher	114	26	1	31:03.7	1:56	5:00.0	5	1:31:52.7	15.2	0:59.0	4	41:04.8	8:39	2:50:00.3
5	75	Carli Jimenez	115	27	5	44:56.4	2:49	7:35.3	4	1:25:04.5	16.4	3:15.6	2	40:52.9	8:36	3:01:44.9

Race Date
July 31, 2022

GBT Long Course Age Group Results

Long Tri

Female 30 to 34

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	31	Danielle Ferraro	118	30	2	38:32.5	2:25	2:20.3	1	1:12:48.4	19.2	0:52.4	1	36:49.8	7:45	2:31:23.6
2	51	Natalie Latshaw	120	31	1	37:29.6	2:21	2:00.5	2	1:19:18.2	17.6	1:06.0	2	41:18.6	8:42	2:41:13.2
3	83	Theresa Nafis	122	33	4	58:54.4	3:41	2:41.7	3	1:20:47.1	17.3	1:19.4	3	47:20.9	9:58	3:11:03.6
4	93	Sophia French	123	34	3	55:33.2	3:28	5:00.0	4	1:37:56.8	14.3	2:25.6	4	54:44.4	11:31	3:35:40.2

Female 35 to 39

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	10	Christina Lauer	124	38	1	29:49.8	1:52	1:21.5	1	1:09:57.2	20.0	1:20.8	1	29:50.9	6:17	2:12:20.4
2	84	Elizabeth Garnett	125	38	2	45:58.2	2:52	4:56.3	2	1:28:30.9	15.8	2:02.2	2	50:27.8	10:37	3:11:55.6

Female 45 to 49

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	85	CHRISTY LINS	128	45	1	42:01.7	2:38	5:00.0	1	1:25:50.3	16.3	1:19.4	3	57:51.1	12:11	3:12:02.7
2	88	Maureen Dawson	127	45	2	52:09.9	3:16	5:49.1	2	1:27:29.7	16.0	3:16.6	1	50:30.1	10:38	3:19:15.6
3	94	Luz Felix	131	49	3	1:10:03.6	4:23	5:00.0	4	1:53:37.1	12.3	4:23.6	2	55:59.2	11:47	4:09:03.6

Female 50 to 54

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>

Race Date
July 31, 2022

GBT Long Course
Age Group Results

Long Tri

Female 50 to 54

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	47	Andrea Wells	133	53	1	36:09.4	2:16	2:08.6	2	1:17:59.5	17.9	2:00.0	1	40:41.8	8:34	2:38:59.4
2	48	Cyndi Noonan	132	53	2	36:36.2	2:17	3:33.2	1	1:16:43.1	18.2	1:50.2	2	40:51.9	8:36	2:39:34.7

Female 55 to 59

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	79	Teresa Elliott	134	55	1	39:43.2	2:29	2:59.5	1	1:31:45.7	15.2	2:13.9	1	51:05.1	10:45	3:07:47.6

Female 65 to 69

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----		Total			
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	71	Margret Frankcom	136	67	1	43:45.8	2:44	5:32.7	1	1:31:05.6	15.3	1:04.9	1	37:29.5	7:54	2:58:58.7