

Race Date  
July 30, 2023

GBT Multisport  
Age Group Results

Sprint

Female 11 to 14

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Overall					Rnk	Time		Rnk	Time		Rnk	Time	
1	56	Madelyn Myers	197	13	1	10:24.4	2:31.1	1	32:43.2	0:30.3	1	18:35.6	1:04:44.9

Female 15 to 19

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Overall					Rnk	Time		Rnk	Time		Rnk	Time	
1	47	Ana Lilia Campos Olmos	135	17	3	41:56.2		1	30:38.9		2	21:01.9	1:02:02.3
2	49	Sara Blakely	132	18	1	9:04.2	2:48.8	2	31:11.1	1:02.9	1	18:30.6	1:02:37.8
3	68	Emma Jacquay	173	19	2	9:23.1	4:11.0	3	32:33.5	0:59.4	3	21:32.1	1:08:39.3

Female 20 to 24

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Overall					Rnk	Time		Rnk	Time		Rnk	Time	
1	33	Kristina Isdahl	172	21	3	8:39.3	1:36.0	2	28:16.1	0:36.7	1	17:17.8	56:26.1
2	46	Emma Workman	238	22	1	7:40.3	1:55.2	1	26:43.1	1:53.8	4	23:18.7	1:01:31.3
3	55	Mia Chou	142	20	4	10:39.4	2:54.3	3	31:16.8	0:59.6	2	18:53.4	1:04:43.6
4	70	Avalon Gook	160	24	2	7:54.9	2:01.8	4	31:19.4	0:56.2	5	27:20.2	1:09:32.5
5	76	Cami Chou	141	20	5	11:11.2	2:27.1	5	35:08.8	0:51.5	3	22:24.6	1:12:03.4
6	99	Megan Jow	176	23	7	1:07:48.1		7	44:49.9		7	32:43.9	1:38:51.4
7	100	Amisha Kumar	181	23	6	13:28.1	7:48.3	6	44:49.7	1:41.2	6	31:05.7	1:38:53.2

Race Date  
July 30, 2023

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Age Group Results

Sprint

Female 25 to 29

Place	Overall	Name	Bib No	Age	Rnk	Swim Time	T1 Time	Rnk	Bike Time	T2 Time	Rnk	Run Time	Total Time
1	30	Hannah Terry	227	27	3	11:34.9	2:00.3	1	24:32.2	0:42.2	1	16:33.7	55:23.5
2	48	Natalie Waechter	229	29			8:47.4	2	26:03.8		3	27:37.6	1:02:28.8
3	60	Milan Norling	200	25	1	9:21.6	5:13.1	3	29:30.4	0:48.2	2	21:29.2	1:06:22.7
4	88	Paula Reyes Daza	210	27	2	11:25.9	2:48.5	4	35:22.0	2:22.3	4	28:00.3	1:19:59.1

Female 30 to 34

Place	Overall	Name	Bib No	Age	Rnk	Swim Time	T1 Time	Rnk	Bike Time	T2 Time	Rnk	Run Time	Total Time
1	81	Gaia Sonatina	221	33	1	12:42.1	5:44.6	1	29:44.8	0:58.0	1	25:35.0	1:14:44.6
2	98	Dina Arch	126	31	2	18:50.3	4:32.8	2	38:47.3	2:03.9	2	30:49.3	1:35:03.8

Female 35 to 39

Place	Overall	Name	Bib No	Age	Rnk	Swim Time	T1 Time	Rnk	Bike Time	T2 Time	Rnk	Run Time	Total Time
1	19	Holly Recht	208	39	3	8:20.5	1:36.2	3	27:39.4	0:27.8	1	15:23.4	53:27.6
2	29	Sarah Barkley	130	35	1	8:10.6	2:04.0	2	25:41.2	1:28.3	2	17:53.0	55:17.3
3	58	Kristen Holbrook	168	38	8	14:00.7	4:17.0	1	22:59.1	1:36.2	5	22:30.2	1:05:23.3
4	71	Katherine Winnewisser	235	37	6	12:06.6	2:21.4	4	31:03.8	0:35.0	7	23:31.3	1:09:38.2
5	73	Madison Whitmore	232	35	4	8:37.6	3:50.9	6	34:17.6	0:55.1	6	22:47.7	1:10:29.1
6	77	Sasha Rivero Ramallo	212	35	5	10:11.9	3:06.2	7	36:16.2	0:55.0	4	22:07.3	1:12:36.8
7	79	Kristina Levesque	183	35	2	8:19.3	6:39.8	5	33:10.3	3:26.8	3	21:22.9	1:12:59.2
8	93	Anna Becker	131	36	7	12:16.9	5:37.4	8	38:49.1	2:19.1	8	30:17.1	1:29:19.8

Race Date  
July 30, 2023

GBT Multisport  
Age Group Results  
Sprint

Female 40 to 44

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Overall	Rnk				Rnk	Time		Rnk	Time		Rnk	Time	
1	9	Darlene Krohn	180	42	1	7:05.1	1:08.4	1	22:41.7	0:43.7	1	17:22.1	49:01.2
2	61	Casey Rodriguez	213	40	4	48:36.5		4	32:31.4		2	18:41.3	1:06:39.3
3	66	Moriah Gruetzmacher	243	40	2	10:10.3	2:24.0	3	31:37.2	1:59.1	3	21:55.0	1:08:05.8
4	84	Cara Winnewisser	234	43	3	46:31.2		2	30:01.0		4	32:11.6	1:17:19.9
5	92	Carrie Petersen	205	42	5	55:41.5		5	35:31.4		5	34:32.1	1:28:43.8

Female 45 to 49

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Overall	Rnk				Rnk	Time		Rnk	Time		Rnk	Time	
1	83	Nicole Tapking	225	45	1	11:54.1	3:28.1	1	32:32.6	1:04.0	1	27:06.5	1:16:05.5
2	95	Lindsay Holland	170	47	2	1:04:36.2		2	36:19.2		2	28:30.9	1:30:35.2

Female 50 to 54

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Overall	Rnk				Rnk	Time		Rnk	Time		Rnk	Time	
1	25	Whitney Bruice	133	53	1	7:48.8	1:26.1	1	26:18.5	1:08.9	2	17:50.7	54:33.2
2	32	Lara Ray	207	54	4	10:47.9	25:38.2			0:57.5	3	18:29.3	55:53.1
3	35	Desa Mandarino	189	53	2	9:33.3	1:07.5	2	28:12.4	0:44.4	1	17:16.9	56:54.6
4	62	Heather Reed	209	53	3	10:42.1	1:32.7	4	30:05.5	1:07.1	5	23:12.2	1:06:39.9
5	63	Kathleen Rogers	214	54	5	13:07.2	3:44.1	3	28:46.4	1:03.4	4	20:13.8	1:06:55.1
6	90	Nicole Wirtz	237	51	6	51:43.5		5	34:17.1		6	33:48.1	1:23:40.6

Race Date  
July 30, 2023

GBT Multisport  
Age Group Results

Sprint

Female 55 to 59

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Overall	Rnk				Time	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time
1	65	Christine McCallum	191	59			15:02.7				2	52:51.8	1:07:54.5
2	89	Kim Kitchen	179	58	1	10:18.1	5:13.0	1	30:35.4	1:50.5	1	32:58.3	1:20:55.5

Female 60 to 64

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Overall	Rnk				Time	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time
1	86	Diane Almodovar	124	61	2	12:10.4	4:45.3	1	32:12.1	2:35.6	1	27:31.4	1:19:14.9
2	87	Gisele Lennox	182	62	1	9:50.4	5:51.2	2	34:06.6	1:09.0	2	28:25.6	1:19:22.9

Female 65 to 69

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Overall	Rnk				Time	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time
1	44	Valerie Ritchie	211	68	1	9:38.1	1:25.2	1	24:46.9	1:10.4	2	23:26.7	1:00:27.5
2	67	Pauline Schneekloth	218	66	2	11:13.9	2:29.3	2	31:44.8	1:37.1	1	21:09.6	1:08:14.9
3	80	Jane McClenahan	193	69	3	12:05.7	2:16.6	3	31:52.8	1:48.4	4	25:47.4	1:13:50.9
4	85	Sarah Jensen	174	68	4	14:59.5	3:50.6	4	33:34.2	1:18.5	3	24:35.0	1:18:17.9

Female 70 to 74

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Overall	Rnk				Time	Rnk	Time	Rnk	Time	Rnk	Time	Rnk	Time
1	97	Vivian Giudice	158	70	1	16:03.1	4:34.5	2	39:12.1		1	34:40.0	1:34:29.8

Race Date  
July 30, 2023

GBT Multisport  
Age Group Results  
**Sprint**

Female 70 to 74

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Total Time</u>
2	101	Bobi Lynch	185	73	3	1:03:15.8		3	45:49.6		2	39:27.9	1:39:39.1
3	102	Kiki Wells	21	71	2	1:00:42.1		1	37:21.9	1:01:45.1			1:45:24.7

Race Date  
July 30, 2023

GBT Multisport  
Age Group Results

Sprint

Male 11 to 14

Place	Place				Swim		T1		Bike		T2		Run		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	52	Max Gelman	154	12	1	7:12.2	2:05.9	1	32:55.6	0:37.7	1	20:08.2	1:02:59.8		

Male 15 to 19

Place	Place				Swim		T1		Bike		T2		Run		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	13	Ethan Chien	139	18	2	6:27.9	25:56.2			1:10.9	2	17:41.6	51:16.7		
2	18	Evan Chien	140	16	3	7:01.9	1:28.5	1	24:50.2	1:38.1	3	18:22.9	53:21.7		
3	26	Tyler Tapking	226	17	4	39:52.9		2	27:38.7	16:55.2			54:43.1		
4	36	Mason Perrigue	204	15	1	5:47.3	6:23.9	3	28:21.9	1:12.0	1	15:35.8	57:21.1		

Male 20 to 24

Place	Place				Swim		T1		Bike		T2		Run		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	22	Jack MacDorman	188	23	1	8:02.7	2:38.4	2	25:39.4	1:09.5	1	16:33.4	54:03.6		
2	28	Maxwell Kaiser	177	24	2	8:58.6	2:42.7	1	24:40.6	1:04.2	2	17:33.1	54:59.3		
3	42	Shadmehr Gitiforoos	157	23	3	10:27.4	2:07.0	3	27:47.4	1:10.0	3	18:29.6	1:00:01.5		
4	82	Chris Contreras	143	23	4	13:31.5	3:04.5	4	34:31.2	1:31.0	4	23:06.0	1:15:44.4		

Male 25 to 29

Place	Place				Swim		T1		Bike		T2		Run		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>

Race Date  
July 30, 2023

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Male 25 to 29

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time		
1	6	Brad David	149	29	1	6:43.3	1:04.9	2	22:43.8	0:54.1	2	15:58.0	47:24.3		
2	7	Topher Swanson	223	28	5	8:18.2	1:23.1	1	22:26.2		1	15:36.7	47:44.2		
3	10	Will Giacometti	156	29	4	7:35.8	1:07.0	3	23:12.8	1:05.2	3	17:05.4	50:06.3		
4	27	Spencer Satz	217	27	2	7:27.3	1:11.5	4	26:13.6	1:23.6	4	18:32.4	54:48.6		
5	50	Samuel Giacometti	155	28	3	7:33.8	2:28.7	5	29:14.8	1:48.9	5	21:40.4	1:02:46.8		

Male 30 to 34

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time		
1	2	Sam Attrill	244	34	1	8:11.5	0:56.2	1	21:34.6	0:51.2	2	14:25.9	45:59.5		
2	16	J Caleb Zamora	241	31	3	8:33.4	5:11.1	5	27:28.8	1:05.0	1	10:01.5	52:19.9		
3	21	Anthony MacChia	187	32	2	8:29.9	1:31.3	2	24:28.2	1:02.2	3	18:27.4	53:59.2		
4	39	Travis Kearns	178	30	5	41:22.1		4	26:51.2		4	19:18.9	58:50.6		
5	53	Jonathan Olive-Jones	249	31	4	10:26.6	3:31.7	3	26:10.4	0:56.7	5	22:21.3	1:03:26.8		
6	91	Mustafa Arch	127	32	6	1:02:10.6		6	36:38.2		6	27:35.5	1:27:35.6		

Male 35 to 39

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time		
1	1	Kory Gray	161	37	2	7:00.7	1:08.6	1	21:08.4	0:44.8	1	14:56.0	44:58.7		
2	3	Andrew Maxwell	190	38	1	6:42.5	0:44.1	3	22:58.5	0:28.3	3	15:23.7	46:17.3		
3	4	Donald Stuart	222	37	3	7:13.1	1:21.2	2	22:10.2	0:37.7	5	15:42.3	47:04.7		
4	11	Cody O'Bryen	201	36	6	36:06.5		5	24:18.5		2	15:11.5	50:13.9		

Race Date  
July 30, 2023

GBT Multisport  
Age Group Results

Sprint

Male 35 to 39

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	
5	15	Robby Nielsen	198	35	5	9:51.3	1:35.4	4	23:59.1	0:53.4	6	15:47.7	52:07.2		
6	17	Anthony Coussa	147	38	4	8:24.6	1:58.8	6	25:31.8	1:01.8	4	15:30.6	52:27.8		
7	57	Cory Ott	245	36	7	43:40.4		7	27:59.5		7	23:09.7	1:04:51.5		

Male 40 to 44

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	
1	5	Jorge Carollo	137	43	3	32:06.1		1	23:10.4		1	15:59.3	47:14.6		
2	37	Gabriel Torres	228	42	4	38:11.5		2	25:46.2		4	21:01.9	58:16.5		
3	51	Paul Hennig	166	42	1	10:01.8	2:35.4	4	28:34.1	1:30.0	3	20:15.4	1:02:56.8		
4	69	Clarence Montegrando	196	43	2	16:25.6	4:41.6	3	27:09.6	1:15.0	2	19:15.8	1:08:47.8		

Male 45 to 49

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	
1	8	Brian Wallace	230	47	3	8:39.9	1:10.8	1	22:19.5	0:38.9	1	15:59.2	48:48.5		
2	20	Eric Taping	224	47	1	7:48.6	1:07.7	2	24:20.7	1:03.1	2	19:11.9	53:32.2		
3	24	Maksim Yevmenkin	240	49	2	8:37.4	1:16.4	3	24:23.7	0:56.3	3	19:12.5	54:26.4		
4	64	Kerim Ekonomi	152	45	6	43:43.8		4	27:23.4	32:04.0			1:07:41.9		
5	75	Stephen Sanko	215	45	4	11:59.9	3:55.4	6	30:22.1	1:02.0	4	23:41.5	1:11:01.1		
6	94	John Holland	169	46	5	14:16.6	11:19.8	5	29:01.2	9:55.3	5	26:00.4	1:30:33.6		



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Male 50 to 54

Place	Place	Name	Bib No	Age	Swim	T1	Bike	T2	Run	Total
Overall					Rnk	Time	Rnk	Time	Rnk	Time
1	38	Andrew Artz	128	53	1	40:56.5		21:19.9		58:50.3

Male 55 to 59

Place	Place	Name	Bib No	Age	Swim	T1	Bike	T2	Run	Total	
Overall					Rnk	Time	Rnk	Time	Rnk	Time	
1	12	Eric Heindl	165	55	2	7:49.7	1	23:09.6	1	17:31.7	50:35.9
2	31	Scott Higgins	167	58	4	9:39.8	3	24:39.2	2	18:31.1	55:44.4
3	34	William Workman	239	57	3	8:57.4	2	23:16.3	6	22:18.4	56:47.4
4	41	Doug Puetz	206	56	1	7:00.9	4	25:34.4	5	22:08.8	1:00:00.6
5	43	David Widom	233	55	6	10:27.4	5	25:57.9	3	18:54.0	1:00:13.6
6	45	Jim Canales	136	55	5	10:09.7	6	25:59.9	4	21:14.5	1:01:10.8
7	74	Steven Campman	134	58	7	48:10.5	7	31:59.5	7	24:31.3	1:10:49.8

Male 60 to 64

Place	Place	Name	Bib No	Age	Swim	T1	Bike	T2	Run	Total	
Overall					Rnk	Time	Rnk	Time	Rnk	Time	
1	14	Bryan Noelte	199	60	5	33:13.1	1	22:33.4	3	19:24.0	51:45.7
2	23	Bob Deloe	151	62	2	9:36.8	2	23:35.1	2	17:32.1	54:13.7
3	40	Kenneth Irvine	171	60	1	8:02.7	3	26:39.1	4	20:52.3	59:35.8
4	59	Amir Cohen	246	62	3	12:07.3	4	32:43.1	1	15:17.4	1:05:25.1

Race Date  
July 30, 2023

GBT Multisport  
Age Group Results

**Sprint**

Male 70 to 74

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>
1	72	Rick Owens	202	71	1	9:59.3	3:56.3	2	30:11.6	0:50.4	1	25:02.9	1:10:00.7		
2	78	David Seamans	31	70	2	12:01.9	2:00.0	1	26:32.5	1:19.0	3	31:02.2	1:12:55.7		
3	96	Loring Lynch	186	70	3	18:20.3	5:44.5	3	36:22.2	2:57.1	2	27:30.4	1:30:54.7		

Male 75 to 79

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>
1	54	David Cook	144	76	1	10:30.7	2:14.2	1	27:56.8	0:59.5	1	22:53.2	1:04:34.5		
2	103	Richard Davies	150	76	2	15:51.6	11:43.4	2	45:34.4	3:09.5	2	43:11.1	1:59:30.3		